

Friday 25 October 2024

End Term 1 Newsletter



www.fromevaleacademy.clf.uk

Follow us on Twitter: @frome_vale

Value of the term: Respect

Learning behaviour: Aspiration

We've had an amazing Term 1 and it's great seeing so many of our parents and carers in the school for our Open Days, Open Doors, trip volunteering, SEND Meetings and meet your teacher events. Term 2 will bring the opportunity to attend Parents Meetings to see and discuss the progress of your child(ren). These will be held face to face and more information is detailed below. There will be much to look forward to in Term 2, and we hope you will join us for the Winter festivities. Please use the Week Ahead document sent weekly to remain informed. We look forward to seeing you all on Monday 4 November and enjoy the half term break

We are Aspirational



Moon Child—An inspirational children's story about believing in yourself.

Click on the logo above.

We are Respectful



The BBC bitesize provide a helpful guide for your children to respecting friends and family

Click on the logo above

We are Aspirational



A short motivational story for children and how they can believe in themselves.

Click on the logo above.

A guide for parents and carers on applying for a primary school place for the school year 2025-2026

What do I need to do to apply for a school place?

- Check the guidance on applying for schools - available at www.bristol.gov.uk/schooladmissions, or by contacting School Admissions. The guidance contains details on how to apply, information on each school along with their admissions policy and oversubscription criteria. With the risk of different types of school from Church schools, Foundation schools, Academies, Free Schools and Community schools the admissions policy could be different for each school you put as a preference so it's important to ensure you check this carefully.
- Some schools require supplementary forms to be completed as well as the common application form. Make sure you check if this applies to the school(s) you are interested in.
- Visit the schools. All schools hold open days. Contact the school directly for further details on open days.
- Look at the school's prospectus and its website which are useful sources of information.
- You can name up to three school preferences. Not always you to name more than one school.
- Make sure you apply online. The deadline is 15 January 2025.

Why apply online?

- The system helps you by checking for errors.
- There is no risk that your application will be lost in the post.
- It is quick and easy to do.
- You will get an immediate email confirmation that your application has been received.
- You will receive an email notification of the outcome of your application on the same day as the offer letters are posted.
- The system is available 24 hours a day until the final submission time of midnight on 15 January 2025.

Apply online at www.bristol.gov.uk/schooladmissions

Admissions for Reception Class 2025

School open day events—come and look around the school

Register now if your child is due to start school in September 2025, and tell your friends.

More information can be found [HERE](#)

Open Mornings are;

Thursday 12 December @ 5pm

Friday 10 January 2025 @ 9.30am



- Monday 4 November 2023
- Thursday 7 November 2024
- Thursday 7 November 2024
- Friday 8 November 2024
- Friday 8 November 2024
- Wednesday 13 November 2024
- Thursday 21 November 2024
- Thursday 21 November 2024
- Friday 22 November 2024
- Wednesday 27 November 2024
- Tuesday 26 & Wednesday 27 November 2024
- Thursday 12 December 2024
- Thursday 12 December 2024
- Thursday 19 December 2024
- Friday 20 December 2024

- First Day Term 2
- Active Travel Day
- Dance Club Begins — more information [HERE](#)
- Art Club Begins — more information [HERE](#)
- Open Event for New Reception Parents @ 1.30pm
- Diwali Event — Click [HERE](#) for more information
- Open Door for parents @ 8.30am
- Gym Run Day
- Careers/Aspiration Day
- School Photo Day
- Parents Meeting days—bookings open 9am on 5 November
- Gym Run Day
- Open Event for New Reception Parents @ 5pm
- Christmas Fair
- Last Day Term 2

Key Dates for your diary



School Photo Day 27 November 2024



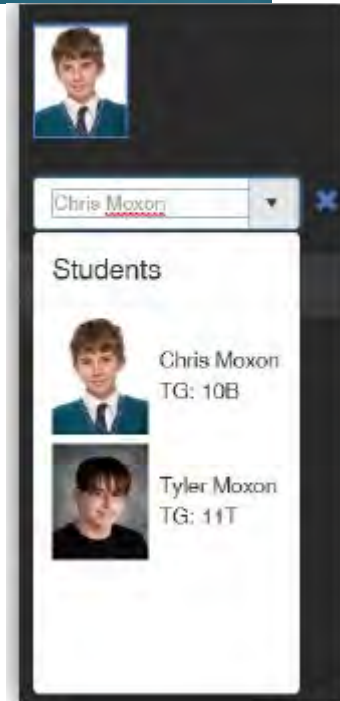
Our official photographer (Tulip Photography) will be in school on Wednesday 27 November 2024.

This is for individual photos for all children and pre school/in school siblings.

We require you to give your permission for your child to be photographed

We will NOT photograph your child without the consent being completed.

Click **HERE**



You must give consent for each of your FVA children.

You can do this by clicking on the drop down button beside your child's photo in the top left hand corner of the dashboard and by then choosing your other child(ren).



Dear Parents!

We have another vacancy in our academy council for a parent councillor. If you are interested and have a child in our school, please look out for the letter that will be circulated on the **5 November**.

Applications must be made by no later than 11 November.

We need a NEW Lunchtime play colleague

If you are interested in working in our school helping our children have a successful lunchtime, both in our canteen and playgrounds, please apply. This is a paid position.

For more information or to apply please

Click **HERE**

If you would like to discuss the role before applying, please speak with Dr Saunders or Miss Cerepanova at school drop off or collection.



MCAS (My Child at School) Parent Meetings—Term 2

Our Parents meetings will take place on
26 and 27 November 2024

We will be taking bookings for parents evenings through the My Child at School website or App. The bookings will go live at

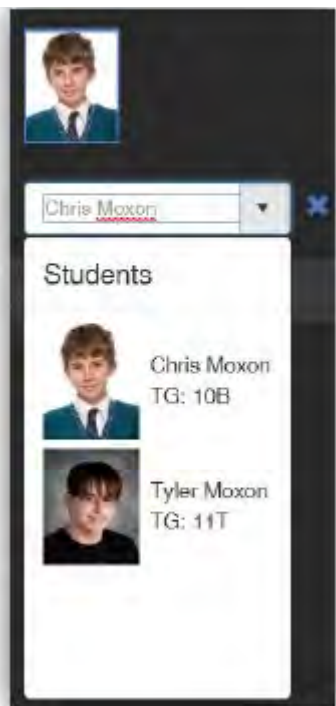
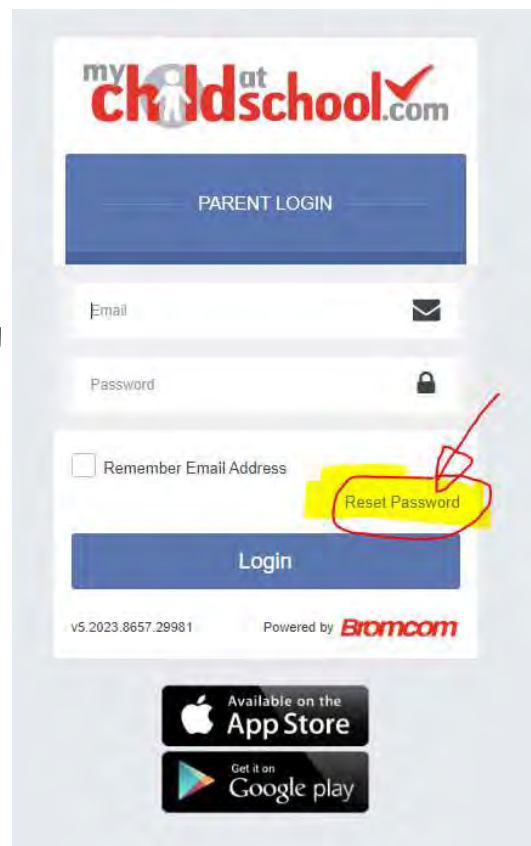
9am on Tuesday 5 November 2024

If you have never logged in, please just go to the My Child at School (MCAS) app or the MCAS log in page using your internet browser.

Click on the "Reset password" and use the email address that we have on file for you

You will need to login to be able to book your parents evening slot. You must book a slot for each of your children.

You can do this by clicking on the drop down button beside your child's photo in the top left hand corner of the dashboard and by then choosing your other child(ren).



31st October Deadline for Secondary School applications

Year 6 Parents—you **MUST** go online to apply for your child's secondary school place. Please choose 3 schools that you would be happy for your child to attend. You may not get your first choice. Ensure you apply before 31 October 2024.

apply for a **secondary school** place for the school year **2025–2026**

If your child was born between **1 September 2013** and **31 August 2014**, you will need to apply for a school place by **31 October 2024**.



TRADING WITH SCHOOLS
BRISTOL
LEARNING CITY
www.bristol.gov.uk/schooladmissions



What do I need to do to apply for a school place?

- Check out the guidance on applying to schools – available at www.bristol.gov.uk/schooladmissions, or by contacting School Admissions. The guidance contains details on how & when to apply, information on each school along with their admissions policy and oversubscription criteria. With the mix of different types of school from Church schools, Foundation schools, Academies, Free Schools and Community secondaries the admissions policy could be different for each school you put as a preference so it's important to ensure you check this carefully.
- Some schools require supplementary forms to be completed as well as the common application form. Make sure you check if this applies to the school(s) you are interested in.
- Visit the schools. All schools hold open days. School websites provide details of open evenings and other events.
- Look at the school's prospectus and its website which are useful sources of information.
- You can name up to three school preferences. We advise you to name more than one school.
- Make sure you apply on-time. The deadline is 31 October 2024.

School Admissions (CH)
Bristol City Council
PO Box 3399, Bristol, BS1 9NE
www.bristol.gov.uk/schooladmissions
e school.admissions@bristol.gov.uk
t 0117 903 7694



Why apply online?

- The system helps you by checking for errors.
- There is no risk that your application will be lost in the post.
- It is quick and easy to do.
- You will get an immediate email confirming that your application has been received.
- You will receive an email notification of the outcome of your application on the same day as the offer letters are posted.
- The system is available 24 hours a day until the final submission time of midnight on 31 October 2024.

Apply online www.bristol.gov.uk/schooladmissions



Help FVA Raise School Funds

You may have noticed that we have a new clothes bin that has been installed next to the path that runs beside the main school hall. We will be paid £0.30p per kilo.

We can only accept the following items:

Clothing

Paired Shoes

Soft Toys

Handbags and Belts

Bedsheets, Duvet covers and Pillow Cases





Autumn Newsletter

Facebook - Friends of Frome Vale Academy
Email - fvafriends@outlook.com

Who are we?

Volunteers organising fun activities to raise money and build up the community of families who are linked with Frome Vale Academy.

How can I get involved?

Use your WhatsApp camera to scan the QR code & join our WhatsApp group to help with upcoming events :)
We would love everyone to get involved!



Fundraising

Our latest collection raised £34.52 thank you!

We now have a permanent collection bin, please continue to donate preloved clothing in bags.



Frome Vale Academy

You have helped raise

£101.61

⌚ 42 days left



Download the 'Asda Rewards' App and register with Frome Vale Academy to raise money while you shop (ends 30th Nov)

Upcoming events . . .

Wednesday 13th Nov - 3.45-5.30pm - Diwali Disco (tickets £3 per person)

Thursday 12th Dec - 4.00-6.00pm - Christmas Fayre

(Christmas planning meeting on Monday 18th November 4.30-5.30pm)

NEW After School Clubs

@cygnetsartschool



TERM TIME CLASSES • HOLIDAY WORKSHOPS • PRIVATE TUITION

ART CLASSES • AGES 5-11

Now Booking for
Autumn Term 2024:

'Habitats and Homes'

Badger Burrow with Charcoal • Beehive with Gouache
Clay Snail Shell Still Life • Stormy Lighthouse with Soft Pastel
Design Your Own Treehouse with Dip Pen and Ink
Vardo Wagon with Watercolour and Watercolour Pencils
Spiderweb with Masking Fluid and Ink • Tee-Pee with Sepia Ink
'The Blue Ship' by Alfred Wallis Study with Oil Pastels
Nest with Charcoal and White Pastel

07735 528376 | BRISTOL@CYGNETSARTSCHOOL.COM
WWW.CYGNETSARTSCHOOL.COM/BRISTOL

Cygnets' focus is on traditional drawing, painting, and sculpture, combined with unique projects; experienced teachers, and professional quality materials. Classes are always kept small with a high student-teacher ratio.

8th November - 13th December

Frome Vale Academy Students Only

FRIDAYS 3.30pm-4.30pm

Ages 5-11 | (All Abilities)

£90/ Term | 6 Classes



FROME VALE ACADEMY
Frenchay Road, Bristol, BS16 2QS

Do you have a budding footballer at home?
Would you like to get your little one playing football?
Well you can—FVA will be the new venue for Little Kickers

Contact [HERE](#) to find out more

Little Kickers
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!
www.littlekickers.co.uk
07506346186
rbrightwell@littlekickers.co.uk

!!! NEW VENUE ALERT !!!

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS

Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years

MF DANCE

— THE FUTURE OF DANCE —

A New dance club is joining Frome Vale Academy from Thursday 7 November 2024.

The dance is for ages 3 to 17 and classes can be booked online [HERE](#)

If you still want more information, please click [HERE](#) where you can find out more.

Book your **FREE** Trial lesson [HERE](#)

Day	Start Time	End Time	Age Group	Style	Class
Thursday	17:15	18:00	Children 3 - 6	MF Dance - Minis	Mini Streetz (Ages 3 - 6)
Thursday	18:15	19:15	Children 7 - 11	MF Dance - Junior & Teens	Junior Streets (Ages 7 - 11)
Thursday	19:15	20:15	Children 12 - 17	MF Dance - Junior & Teens	Teen Streets (Ages 12+)



Online Safety

What Parents Need to Know!

Each newsletter we will provide a helpful fact page on an online game or issue. We know children will want to play online games with their friends and this can be a great way for children to have fun. However as you will be aware with every benefit there is also a disadvantage. Being aware of what these can be will help to keep your child safe.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about HORROR FILMS & AGE RATINGS

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

U: Suitable for all ages

PG: For children aged 8 and above; this content shouldn't unsettle them

12A: Children under the age of 12 should not watch without an adult; this content potentially features bad language, nudity or sexual references

15: Suitable only for 15-year-olds and above

18: Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex

WHAT ARE THE RISKS?

STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, almost all of which host 18-rated content. If not restricted by parental controls, this could be viewed by children who aren't quite ready for such adult themes, concepts and imagery.

FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making pretend violence and horror look ever more realistic, it's becoming harder for youngsters to tell the difference. For instance, consider remakes of older films, where dated special effects (making it easy to discern that something wasn't real) have been replaced by far more convincing monsters and gore.

PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror can lead to children consuming content that they're not ready for. As 18+ content is available on many streaming platforms, youngsters can watch these together – potentially without their parents' or carers' knowledge.

CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be extremely frightening for another. As many children admit to not sharing or discussing the content they watch with their parents, encouraging an open dialogue around the kind of media that young people consume can help avoid exposing them to any inappropriate content.

PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer – so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that 'jump scares' or a creepy, suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

Advice for Parents & Educators

WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their first dive into the horror genre or a step up in age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child – and if a parent, for example, has actually seen the film (or at least a portion of it), they can construct a far more credible case if they decide it's inappropriate.

REMEMBER – IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them: this can help you approach the topic in a healthy and informative manner, to dispel any fears or anxieties they may have.

DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've learned from watching it.

USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to protect these settings with a password, so a child can't alter anything on their own.

Meet Our Expert

John Insley is an assistant principal at a secondary school. He has been involved with e-safety in schools for over 10 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in the ever-changing digital world.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/horror-films-and-age-ratings>

X @wake_up_weds

f /wuw.thenationalcollege

IG @wake.up.wednesday

YT @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.10.2024

This term's learning at FVA



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)

Mrs Hall enjoying her work and showing the children how to play!





October Half Term Play Session

led by Children's Scrapstore with LPW and Wecil

What is open access? Children can **come and go** as they please so they need to be **responsible for themselves** or **be with their adult**. Children **aged 8 and over** can come on their own if they are allowed out unsupervised. **Under 8's** need to have an adult with them.

WE BRING THE KIT, YOU LEAD THE PLAY!

**Monday
28th October
11:30am - 1:30pm**

Green space outside Oldbury Court
Children's Centre, BS16 2QS

Funded lunch for children provided

Get **creative** and **imaginative** at these regular play sessions aimed at young people, **age 8 and over**. Expect arts and crafts, sports kit, construction materials and much more!

No booking required.

contact: playteam@childrensscrapstore.co.uk
facebook page: Children's Scrapstore Play Rangers
charity no. 1008788

FREE



What a Hoot!

Seasonal Crafts

**Downend library
Monday 28 October
10.30-11.30am**

Free drop in activity most suitable for primary school aged children.

Children must be accompanied by an adult.



www.southglos.gov.uk/holiday-activities



Diwali disco- £3 a person (Price incl Food, Drinks and Activities) Children need to come with an adult

Families are welcome to join the Diwali disco on Wednesday 13th of November 2024 from 3.40 to 5.30pm



Price includes:
Music
Face painting
Traditional drum players
Henna tattoo
Bindi
Popcorn stand
Entry to raffle
Food and drink

Food on offer:
Onion baji and chutney
Vegetable samosas
Popadoms
Cheese sandwich
Jam sandwich
Biscuits, pastries and donuts
Drinks

Tickets on sale from Monday 11th November in the playground



OPEN ACCESS PLAY SESSIONS

led by Children's Scrapstore with LPW and Wecil

What is open access? Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children aged 8 and over can come on their own if they are allowed out unsupervised. Under 8's need to have an adult with them.

EVERY MONDAY*
3:30PM - 5:30PM
TERM TIME
10:30AM - 12:30PM
HALF TERM HOLIDAYS*
10:30AM - 2:30PM
EASTER / SUMMER HOLIDAYS*

Come and get creative and imaginative at these regular play sessions. Expect arts and crafts, sports kit, construction materials and much more!

No booking required

FREE

Green space outside Oldbury Court
Children's Centre, BS16 2QS

Contact: playteam@childrensscrapstore.co.uk

*Except bank holidays. Funded lunch for children provided in holiday sessions



VASSALL
COMMUNITY HUB

LAUNCHING

YOUR NEW COMMUNITY HUB!

Activity
Taster Week
2nd - 9th Nov

ALL COMPLETELY
FREE!
*Some Require Booking

MORE ACTIVITIES
COMING SOON!!!

MON 4TH	TUE 5TH	WED 6TH	THU 7TH	FRI 8TH
09:30 - 10:15 Morning Relaxation	11:00 - 12:00 Golden Oldies Choir for Older People	09:30 - 11:00 Tea and Tots* Toddler Group	09:15 - 10:00 Women's Boxfit*	10:00 - 11:00 Tai Chi Tai chi, qigong & shibashi
10:00 - 13:00 Printmaking*	12:00 - 14:00 Lunch Club Taster* Free community meal primarily for over 50s	11:30 - 12:30 Friendship & Exercise Club	11:00 - 12:00 Women's Yoga	13:00 - 14:30 Soft Play*
10:30 - 12:00 Soft Play*	12:00 - 14:00 Lunch Club Taster* Free community meal primarily for over 50s	13:30 - 16:30 Lend A Hand Volunteer drop-in	12:00 - 13:00 Community Gospel Choir	18:00 - 19:30 LCB Kids Club*
12:00 - 14:00 Afternoon Tea	13:00 - 15:00 Carers Advice Session	13:30 - 15:00 Women's Singing	14:00 - 14:30 Carers Walk	20:00 - 21:30 LCB Youth Club*
17:30 - 18:30 Kids Drama Ages 7-11	16:00 - 17:00 Jump Start Kids Fun and games	15:30 - 16:30 Family Yoga	14:00 - 15:00 Gentle Exercise* for older people	SAT 9TH
18:30 - 20:30 Youth Club by Scrapstore LPW & WECIL		17:00 - 19:00 Community Cooking* With Secret Soup Society	15:45 - 16:45 SEN Lego* for children with special educational needs	10:00 - 11:30 Dad's Brekkie* Soft Play for dads & under 5s



Autumn Festival of
Food and Fun
Saturday 2nd Nov
Details overleaf



WWW.VASSALL
COMMUNITYHUB.ORG.UK
For Booking & Updates

Vassall Community Hub, Vassall Centre, Gill Avenue, Fishponds BS16 2QQ
*Booking required **programme is subject to change, please check website for the latest updates



changes
**WOMEN OF COLOUR
WELLBEING
GROUP**

MONDAYS ONLINE
6.30 - 8.30pm

changes
**LGBTQIA+
WELLBEING
GROUP**

TUESDAYS ONLINE
6.30 - 8.30pm

changes
**BLACK, ASIAN,
AND ETHNIC
MINORITY
MEN'S WELLBEING
GROUP**

THURSDAYS
Easton Community Centre
5.30 - 7.30pm

changes
**MEN'S
WELLBEING
GROUP**

THURSDAYS ONLINE
6.30 - 8.30pm

changes
**WOMEN'S
WELLBEING
GROUP**

THURSDAYS ONLINE
6.30 - 8.30pm



SCAN ME

Safe, non-judgemental and confidential spaces to discuss mental wellbeing with others who belong in your community.

Free to join and are facilitated by people who identify as being in that community.

changes
bristol
www.changesbristol.org.uk

0117 941 1123



AUTUMN FESTIVAL
OF FOOD AND FUN!
2ND NOVEMBER

Community Hub Launch Party

FIRE SHOW

LIVE MUSIC

LANTERN MAKING

CHILDREN'S CRAFTS

FACE PAINTING

STALLS

FREE WARMING FOOD!

LEGO ROBOT FIGHTS

CELEBRITY OPENING

FIND OUT ABOUT YOUR COMMUNITY HUB

BRIONY MAY WILLIAMS

BRISTOL CHARITIES

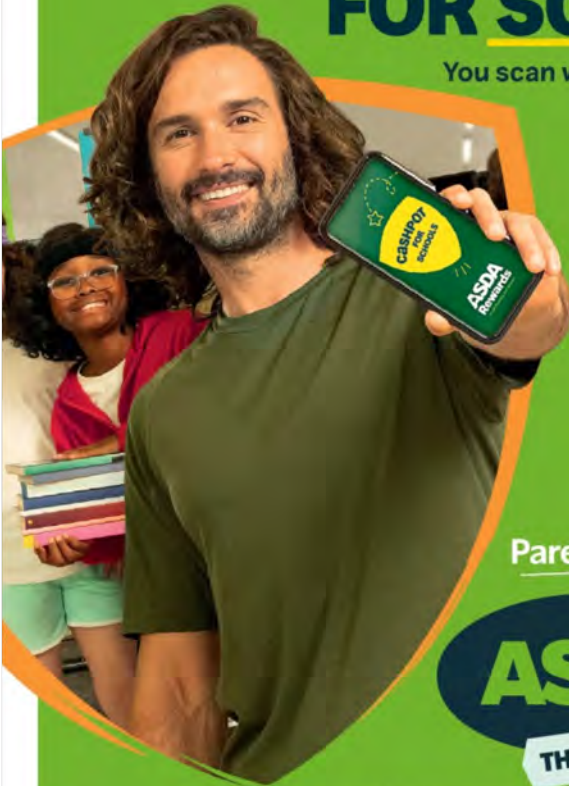
3:30 - 6:30PM
SATURDAY
2ND NOVEMBER

VASSALL
COMMUNITY HUB

FREE EVENT
Vassall Community Hub, Gill Avenue, Bristol, BS16 2QQ

INTRODUCING CASHPOT FOR SCHOOLS

You scan we donate ££s



CASHPOT
FOR
SCHOOLS

Only with
ASDA
Rewards

Download and
opt-in today

Parentkind

ASDA

THAT'S MORE LIKE IT

Selected stores. Minimum spend £2+. Exclusions apply including Asda Express & George.com. Subject to availability. UK 18+. App & Opt-in required. 0.5% of the value of a customer's eligible shop is donated. Publicly funded primary schools, must register with Parentkind charity 1072633. Full T&C's at asda.com/cashpotforschools. Rewards T&C's at asda.com/rewards/terms. Ends 30.11.24

you scan,
we donate
££s TO
SCHOOLS.



Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#) [Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



Download on the
App Store



GET IT ON
Google Play

Bristol Parenting Groups

- Are you pregnant or a parent of a 0 - 8 year old?
- Would you like to add ideas and skills to your parenting toolbox?
- Would you like to develop more confidence in your parenting?
- Would you like to understand your child better?

Free groups for adults run by Bristol Children's Centres

Scan here to find out more and register your interest!



Your parenting toolbox:

Listening

Play

Praise

Nurture

Empathy

Connection

For more information please call: **07721 311 497** or email: pssso@bristol.gov.uk

Once you have registered your interest via: www.bit.ly/BristolParentingGroups we will be in touch to find the best group option for you.

FREE 10 Week Group

The Nurturing Programme

A parenting group for parents of children aged 2 - 8 years old, run by qualified staff at your local Children's Centre. This group is for adults only.

- Understanding why children behave as they do
- Recognising the feelings behind behaviour (ours and theirs)
- Exploring different approaches to discipline
- Finding ways to develop co-operation and self-discipline in children
- Learning the importance of looking after ourselves

Scan here to register your interest



If you would like further information or to register your interest directly then please call us on: 07721311497 or email: pssso@bristol.gov.uk Once you have registered your interest, a member of the team will be in touch to find the best course location for you (in person or virtual options available).



FREE 11 Week Group

Incredible Years

A parenting group for parents of children aged 2 - 8 years old, run by qualified staff at your local Children's Centre. This group is for adults only.

This programme will help parents learn how to:

- Help their children feel loved and secure
- Encourage their children's language, social and emotional development
- Establish clear and predictable routines
- Handle separations and reunions
- Use positive discipline to manage misbehaviour

Scan here to register your interest



If you would like further information or to register your interest directly then please call us on: 07721311497 or email: pssso@bristol.gov.uk Once you have registered your interest, a member of the team will be in touch to find the best course location for you (in person or virtual options available).

Bristol Parenting Courses

Did you know that via [Bristol Family Hubs](#) you can access FREE parenting courses?

Children's Centres across the city run courses for parents with children aged 4 - 8 years old.

Here is some information about what is on offer:

Parenting Puzzle

'Parenting Puzzle' is a 4 week course whereby you will be given the tools to respond effectively within daily family life and situations that arise as children grow, learn and develop. Suitable for parents with children ages 0 - 5 years old. In person and virtual courses available.

The Nurturing Programme

'The Nurturing Programme' is a parenting approach that is designed to provide adults and children with the understanding, skills, and ability to lead emotionally healthy lives, build resilience, empathy, self-esteem, and support positive family relationships. Suitable for parents with children ages 2 - 8 years old. 10 week course. In person only and creche available.

Incredible Years

The 'Incredible Years' Programme is designed to strengthen child well-being, promote social-emotional learning and academic competence, and prevent, reduce, and treat behavioural and emotional problems in young children. Suitable for parents with children ages 2 - 8 years old. 11 week course. In person only and creche available.

To register for a course please follow this link: <https://forms.office.com/e/gBv9Z5EUHv>

Following you submitting a form via the above link - you will be contacted with details of the next available courses.



COMMUNITY BULB PLANTING

FRIDAY 1 NOV
SATURDAY 2 NOV
10AM TO 12NOON

MEET AT DELABERE AVE

WEAR APPROPRIATE CLOTHING

PEOPLES REPUBLIC OF OLDBURY COURT



All Saints After School Family Cafe

From 12th September

Thursdays 3.15pm - 4.30pm (term time only)
Fishponds Old Library (next to Fishponds Academy) BS16 3UH

After school space for families.
Free hot drinks and snacks.
A child friendly space to play.

FAMILIES ONLY
All children must be with an adult.
All adults must be with a child/ren.

[allsaintsfamilycafe](#)

Beechwood Playgroup

Beechwood Playgroup
WhatsApp community

SCAN QR CODE TO JOIN
WHATSAPP COMMUNITY FOR
OCCASIONAL UPDATES