

# Friday 21 July 2023

## End Term 6 Newsletter



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

Follow us on Twitter: @frome\_vale

Value of the term: Curiosity

Learning behaviour: Humility

We've had an amazing Term 6 with lots of learning outside the classroom, utilising our forest school area and the amazing grounds we are so lucky to have. Our Year 6 had a life changing 3 days at the PGL Camp and our younger year groups have enjoyed visits to the library, SS Great Britain, St Pauls Carnival, and the University of Bristol. We hope you are all now looking forward to a summer of fun. We wish you a happy summer holiday and look forward to seeing you all on 5.9.23

We are Curious



Ever wondered what you are looking at in the night sky? A beginners guide to star gazing should help!

Click on the logo above

We are Curious



Some easy steps to help your child become more curious. Embrace their inquisitiveness and understand it is part of their development.

Click on the logo above

We are Curious

### COUNTRYFILE

Rockpooling is a traditional summer seaside activity. This rockpooling guide offers tips on the best places to go, essential equipment and how to get started.

Click on the logo above.

## Meet the Teachers

### Miss Finney—Year 4

I'm really looking forward to starting at Frome Vale in September. I have previously taught in Year 3 for 2 years. After I finished university, I did lots of travelling and taught English in Vietnam and South Korea. I am originally from Chesterfield, which is famous for its Crooked Spire. I enjoy spending time with my friends and family, exploring Bristol and love anything crafty like knitting and sewing.



### Miss Green —Year R

Hello my name is Miss Green and I'm very much looking forward to teaching at Frome Vale. I have been teaching Reception for the last two years and thoroughly enjoy it. My favourite part of teaching Reception is learning through play and getting to know all the children. I am very excited about exploring outdoor learning at Frome Vale. Have a lovely summer holidays and I can't wait to meet you all in September.



### Key Dates for your diary

Tuesday 5 September 2023	First Day Term 1
Tuesday 19 September 2023	Open Day Prospective Parents Reception 2024 intake
Thursday 12 October 2023	Open Door for existing parents
Tuesday 10 October 2023	School individual photos
Wednesday 18 October 2023	Last Day Term 1
Monday 30 October 2023	First Day Term 2



It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information



## 2023 2024 Class List

## 2023 2024 Term Dates

Class	Teacher
Reception	Miss Green
Year 1	Mrs Butcher
Year 2	Mrs Hall
Year 3	Miss Heap
Year 4	Miss Finney
Year 5	Mr Fossard
Year 6	Mrs Pakrooh

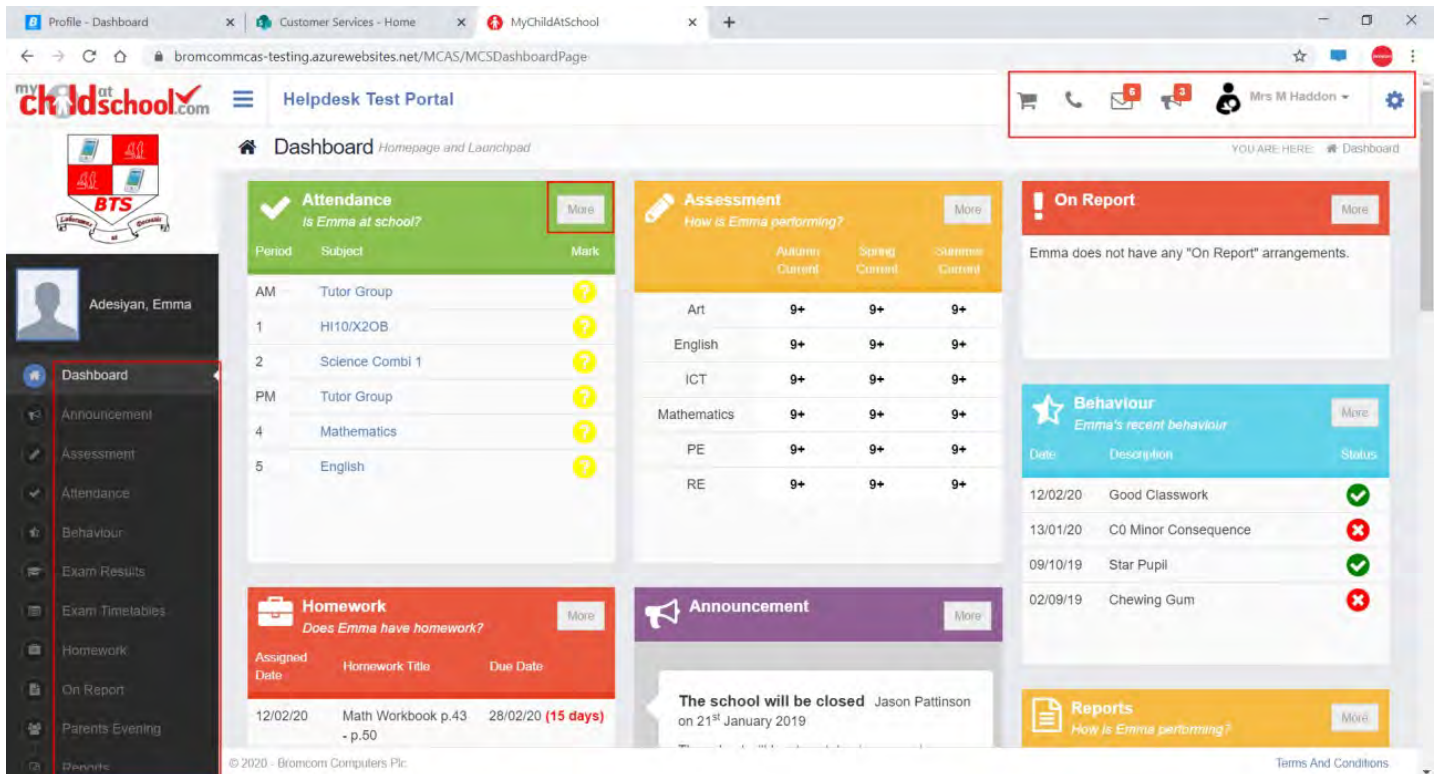
Start of Term	End of Term
Monday 5 September '23	Wednesday 18 October '23
Monday 30 October '23	Friday 15 December '23
Wednesday 3 January '24	Friday 9 February '24
Monday 19 February '24	Thursday 28 March '24
Tuesday 16 April '24	Friday 24 May '24
Monday 3 June '24	Tuesday 23 July '24
<b>Bank Holiday</b>	<b>Monday 6 May 2024</b>
<b>Inset Day—School Closed</b>	<b>Friday 5 July 2024</b>

## MCAS (My Child at School)

Our new parent app will be launched in early September.

This will replace Pay 360 which will cease to be operational on the 21 July 2023.

MCAS will enable you to: See your child's attendance statistics, book trips and clubs, pay for lunches and trips, book onto parents evenings, provide consents for trips, receive reports, book and pay for breakfast club and enable us to easily communicate with you all in one place.



The screenshot shows the MCAS dashboard for a user named Emma Adeslyan. The dashboard is divided into several sections:

- Attendance:** A table showing attendance for Emma at school, with columns for Period, Subject, and Mark. A 'More' button is visible.
- Assessment:** A table showing Emma's performance in various subjects (Art, English, ICT, Mathematics, PE, RE) across Autumn, Spring, and Summer terms. A 'More' button is visible.
- On Report:** A section indicating that Emma does not have any "On Report" arrangements. A 'More' button is visible.
- Homework:** A table showing assigned homework with columns for Assigned Date, Homework Title, and Due Date. A 'More' button is visible.
- Behaviour:** A table showing Emma's recent behaviour with columns for Date, Description, and Status. A 'More' button is visible.
- Announcement:** A section with a message: "The school will be closed on 21<sup>st</sup> January 2019" by Jason Pattinson. A 'More' button is visible.
- Reports:** A section with a 'More' button.

A sidebar menu on the left lists various dashboard options: Dashboard, Announcement, Assessment, Attendance, Behaviour, Exam Results, Exam Timetables, Homework, On Report, Parents Evening, and Reports.

Invitations to join MCAS will be emailed to you in early September. More Information can be found [HERE](#)

## 2023 2024 Term 1 PE and Forest School

Class	PE Days
Reception	Friday
Year 1	Friday
Year 2	Tuesday and Friday
Year 3	Wednesday and Friday
Year 4	Monday and Thursday
Year 5	Tuesday and Thursday
Year 6	Monday and Friday
Class	Forest School
Year 1	Wednesday



## Meet the Teachers

Please come and meet your child(rens) teachers on :

**Wednesday 6 September at 3.30pm.**

Every class teacher will be available to meet and we would really encourage you to come into the school at pick up time.

We will share with you exactly what goes on in school and our vision for what makes a Frome Vale Citizen, how we encourage positive behaviour and what poor behaviour choices might look like. We will share with you our expectations around your child's self agency and how that leads into the Love of Learning. We look forward to seeing you all!



## Transition Support for Year 6



Click **HERE**





**! Tuesday 5 September will be the Monday Menu choices !**



See the menu online **HERE** !



**FOOD FESTIVAL**  
by Aspens

Autumn/Winter 2023/2024  
4/9, 25/9, 14/10, 4/11, 27/11, 18/12, 8/1, 29/01

# LUNCH WEEK 1 MENU

- MAIN EVENT**  
Meat Dish
- MEAT-FREE MAGIC**  
Vegetarian Dish
- RAINBOW ALLEY**  
Vegetables and Salads
- PASTA TWIRLER**  
Topped Pasta
- BIG TOPPING**  
Filled Jacket
- DESSERT TROLLEY**  
Pudding

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers (Halal Meatball)	Mild Chicken Curry with 50/50 Whole Grain Rice (Halal Chicken)	Sausages & Red Onion Roast Potatoes & Gravy (Halal Chicken Sausage)	BBQ Chicken Drizzle Pizza with Baked Potato Wedges (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
Cheesy Broccoli Pasta Bake	Sweet Potato Chickpea Balti with Whole Grain Rice	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Pizza Margherita with Potato Wedges	Veggie Fishless Fingers & Chips
Mixed Salad or Carrot Sticks	Green Beans or Cucumber	Broccoli or Tomato Salad	Peas or Carrot Sticks	Baked Beans or Shredded Lettuce
<b>Hot Tomato Pasta with Hidden Veggies</b>				
<b>Crispy Skin Jackets with Cheese or Beans</b>				
Marble Sponge Cake	Jelly & Fruit Slices	Fruity Flapjack	Lemon Cookie	Vanilla Ice Cream

## NEW MENU FOR TERM 1

Children in Years R to 2 receive free school meals.

Children's meals cost £2.40 per day for Years 3 to 6

If you think your child may be eligible for free school meals and have not yet applied, you can do this **HERE**

**Payment for lunches will be made via MCAS, the new parent app being launched in September.**



Tomato Pasta is here to stay.

The overwhelming reduction in our food wastage means that we have decided to continue offering tomato pasta on our menu each day. The children love it!!

- MAIN EVENT**  
Meat Dish
- MEAT-FREE MAGIC**  
Vegetarian Dish
- RAINBOW ALLEY**  
Vegetables and Salads
- PASTA TWIRLER**  
Topped Pasta
- BIG TOPPING**  
Filled Jacket

**FOOD FESTIVAL**  
by Aspens

# LUNCH WEEK 2 MENU

Autumn/Winter 2023/2024  
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans (Halal Chicken Sausage)	Tomato & Roasted Vegetable with Beef Pasta Bake (Halal Mince)	Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)	Chicken Chow Mein Noodles (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans	Golden Vegetable Fingers with Baked Potato Wedges	Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash	Mexican Bean Wrap with Whole Grain Rice	Veggie Fishless Fingers with Chips
Baked Beans or Sweetcorn Salad	Green Salad or Shredded Lettuce	Savory Cabbage or Carrot Sticks	Green Beans or Shredded Lettuce	Baked Beans or Shredded Lettuce
<b>Hot Tomato Pasta with Hidden Veggies</b>				
<b>Crispy Skin Jackets with Cheese or Beans</b>				
Jammy Crumble Bars	Apple Crumble and Custard	Oaty Cookie	Vanilla Ice Cream	

Both Vegetarian and Halal menu options are available.

Remember by taking up the offer of a free meal each day (for children in YR, Y1 and Y2 and for all other eligible children) you could save yourself time and money. An ideal way to beat the credit crunch.



**FOOD FESTIVAL**  
by Aspens

Autumn/Winter 2023/2024  
18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 12/02

# LUNCH WEEK 3 MENU

- MAIN EVENT**  
Meat Dish
- MEAT-FREE MAGIC**  
Vegetarian Dish
- RAINBOW ALLEY**  
Vegetables and Salads
- PASTA TWIRLER**  
Topped Pasta
- BIG TOPPING**  
Filled Jacket
- DESSERT TROLLEY**  
Pudding

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog with Baked Potato Wedges (Halal Chicken Sausage)	Mild Chicken Korma with Whole Grain Rice (Halal Chicken)	Classic Cottage Pie (Halal Mince)	Sausage Pizza Bread with Potato Wedges (Halal Chicken Sausage)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
Cheesy Bean Wrap with Potato Wedges	Mixed Vegetable Korma with Whole Grain Rice	Veggie Cottage Pie	BBQ Drizzle Pizza with Potato Wedges	Veggie Fishless Fingers with Chips
Green Beans or Shredded Lettuce	Peas or Carrot Sticks	Carrots or Tomato Salad	Broccoli or Cucumber Salad	Baked Beans or Shredded Lettuce
<b>Hot Tomato Pasta with Hidden Veggies</b>				
<b>Crispy Skin Jackets with Cheese or Beans</b>				
Watermelon Wedge (85g)	Vanilla Cookie	Apple Crumble	Strawberry Jelly	Vanilla Ice Cream



## SS Great Britain—You go Free

Our year 2 pupils visited the SS Great Britain last week with the Golden Ticket scheme. Following their visit, the pupils were all given a Golden Ticket which enables them to revisit, with their families, and the entire party can enter free of charge. The expiry date for these tickets is 3<sup>rd</sup> September. All other children in the school (2 max) can visit for free with each full paying adult. Those 4 years and under are always free. Click [HERE](#)



## PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023

COURTESY OF MONEY SAVING CENTRAL

### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

### TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

### BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

### TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

### PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

### IKEA

Kids get a meal from 95p daily from 11am

### MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

### GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

### BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

### BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

### SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

### FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

### YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

### TO BE CONFIRMED...

M&S and Farmhouse Inns



Dear Parents/Carers

As we go into the summer holidays and move towards a new school year, we would like to remind you about the law regarding electric scooters.

It has become apparent that many young people have already acquired or are in the process of obtaining electric scooters for their own use.

The only electric scooters that can only be used on public roads are those that are hired as part of the government-backed trials. We would also remind you that to use these trial scooters you must be at least 18 years old and hold a full or provisional driving licence. Private e-scooters can only be used on private land (with the landowner's permission) and not on public roads, cycle lanes or pavements.

Electric scooters are classed as powered transporters and fall within the legal definition of a motor vehicle under the Road Traffic Act 1998. This means that the same rules that apply to motor vehicles, apply to e-scooters. This includes, but isn't limited to:

- Driving with a licence
- Driving/riding with insurance
- Driving/riding other than on a road

It is not currently possible to get appropriate insurance for privately owned e-scooters meaning that it is illegal to use them on the roads or public spaces. If a child or adult is found riding a private e-scooter on a public road or land, the scooter may be seized and destroyed, and the person, including children could be liable for prosecution for driving without insurance. If the child or adult doesn't hold a provisional or full licence and is stopped riding an e-scooter, they could be prosecuted for driving other than in accordance than with a licence, as well as having no insurance. Penalty points can still be issued where a licence isn't held. These points would take effect when the child or person applies for a driving license.

Our aim is to share this information so that we can keep children safe and out of the criminal justice system. We want to keep you informed so that we can work together to do this.

Please enjoy the Summer Holidays.

A handwritten signature in black ink that reads 'Larisa Hunt'.

Chief Inspector Larisa Hunt

Early intervention, Crime Prevention and Licensing.



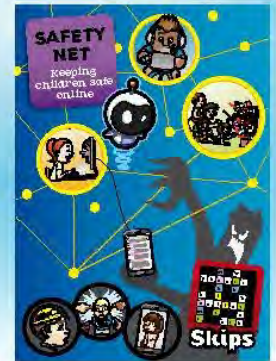




# School's out for summer!

## It's always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.



**A Parent's Guide to Social Media**



**A Parent's Guide to Sharing Pictures**



**A Parent's Guide to Gaming**



**A Parent's Guide to Live Streaming**



**A Parent's Guide to Online Grooming**



**A Parent's Guide to Online Influencers**



**A Parent's Guide to Fake News**



**A Parent's Guide to Privacy Settings**

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school if you would like to attend a parents internet safety workshop or have any concerns.

**Schools** please [contact us](#) if you would like a SKIPS Safety Net session delivered to your parent groups or staff.

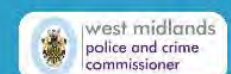
### Skips Educational

Web: [www.skipssafetynet.org](http://www.skipssafetynet.org)  
Email: [info@skips.com](mailto:info@skips.com)  
Tel: +44 121 227 1941

142 Newton Road  
Great Barr  
Birmingham B43 6BT

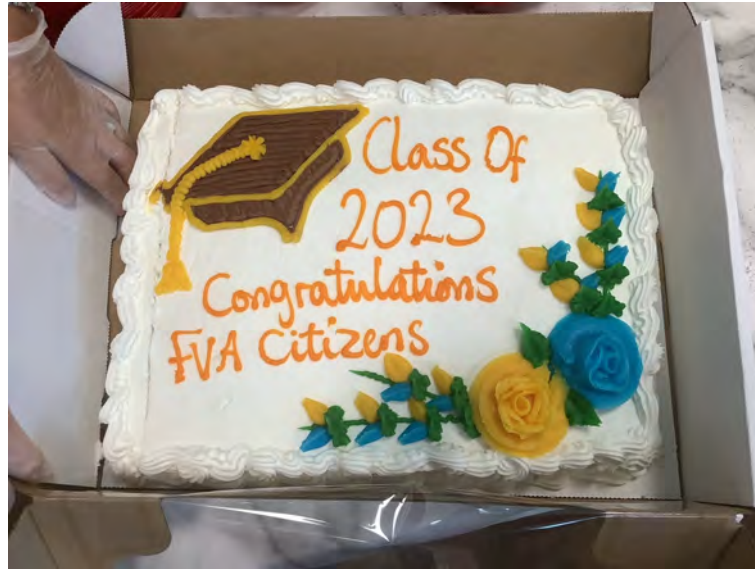
Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Developed in partnership with





# Year 6 Graduation



Good Luck Year 6



# This term's learning at FVA



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)





# Year 6 Camp





**FREE**

# OUTDOOR PLAY SESSIONS

led by Children's Scrapstore

Free stay & play open access activities aimed at over 8s

Younger children welcome with adult supervision

**TERM TIME:**

**MONDAYS 3:30PM - 5:30PM**

**SCHOOL HOLIDAYS:**

**MONDAYS**

**10:30AM - 12:30PM/2.30PM**

Green space outside Oldbury Court

Children's Centre, BS16 2QS

Contact - alys@childrensscrapstore.co.uk for more information



Ofsted Registered

Junior Adventures Group

# MY Summer Adventure

## Amazing Holiday Club Experiences!

Give your child a summer holiday to remember with JAC! Join us for an action-packed holiday programme full of play and adventure. Children will enjoy a brilliant mix of skills for sports, energising activities to get children moving, creative sessions that encourage children to express themselves and much more. Parents can relax in the knowledge that their child is safe, well cared for, active and most importantly having fun!

- ✓ Ages 4-11 years
- ✓ 70+ locations
- ✓ Keep active & improve wellbeing
- ✓ Release Creativity
- ✓ Make memories to last a lifetime
- ✓ Explore a variety of child interests



SCAN HERE TO FIND OUT MORE!

@junioradventuresgroupuk junioradventuresgroup.co.uk 0333 577 4533

# KIDS Summer CAMP

## STAPLE HILL PRIMARY SCHOOL

CELEBRATING 21 YEARS OF PROCOACHING

24TH JULY - 28TH JULY 2023

31ST JULY - 4TH AUG 2023

7TH AUG - 11TH AUG 2023

**AGES: 5-14 YEARS**

**TIMES: 9:00AM - 3:00pm**

**FREE LUNCH PROVIDED**

**FREE for children on FREE school meals**

Our Multi-Activity Sports and Art Camps offer the opportunity to enjoy a fun packed day full of sports, activities and games.



SCAN HERE TO BOOK ONLINE OR CONTACT US AT [INFO@PRO-COACHING.CO.UK](mailto:INFO@PRO-COACHING.CO.UK)



Learn songs from around the world  
in a warm and welcoming way

No experience necessary!

Join the

# Park Songbirds

community choir

Every Thurs  
7 - 9 pm

@  
the Nissen Hut in  
Eastville Park

Payment on a sliding scale  
Termly booking essential

For more details  
contact Jannah on  
07775038705  
j\_warlow@hotmail.com

Everyone  
welcome!

## FISHPONDS

### Family Health & Wellbeing Day

1st August 2023  
11 a.m - 3 p.m

Oldbury Court  
Children's Centre  
BS16 2QS

**FREE** Drop in for

- Meet local GP
- Health Check
- Liver Check
- Mental Health Support
- Early Cancer Awareness
- Dietician

**FREE** Other activities & Services

- Bouncy castle
- Crafts for kids
- Dancing & soft play
- Free Bicycle MOTs
- Library Book Bike
- Refreshments & snacks

स्वागत है  
خوش آمدید  
স্বাগতম

For more information  
Call 0117 924 7442  
www.caafihealth.com

EBCC NHS caafiHealth FABP The Fishponds Family Practice

## FREE SUMMER PLAY SESSIONS

Join us and explore a variety of play equipment for hours of creativity and imaginative play. Expect arts and crafts, sports kit, construction materials and an opportunity to prepare your own lunch.

**ALL SESSIONS 10.30AM- 2.30PM**

**GREEN SPACE OUTSIDE  
OLDBURY COURT CHILDREN'S CENTRE  
BS16 2QS**

**MONDAY 24TH JULY: SPACE**  
**MONDAY 31ST JULY: CAMPING**  
**MONDAY 7TH AUGUST: HABITATS**  
**MONDAY 14TH AUGUST: FANTASY**  
**MONDAY 21ST AUGUST: CELEBRATIONS**

Aimed at over 8s, younger children welcome with adult supervision

led by Children's Scrapstore & East Bristol Children's Centre

Fully funded lunch will be provided for the children, with priority given to those on free school meals

Contact - ebcc@bristol.gov.uk  
for more information

## Is your child anxious and socially isolated? Are you at a loss about what to do?

### Bristol City Council has a new service that may be able to help

Bristol Parent Carer Forum  
Shaping the Future Together

WWW.BRISTOLPARENTCARERS.ORG.UK

Children's Scrapstore Your Holiday HUB Bristol EBCC East Bristol Children's Centres Department for Education

# Your Holiday HUB Bristol

Families can now find free and paid for school holiday activities via the new Your Holiday Hub (YHH) website—Click **HERE**.

All activities and clubs can be filtered by location, age and activity.





# SUMMER SPORT CAMPS

IMPROVING CHILDREN'S MENTAL, ACADEMIC AND PHYSICAL HEALTH THROUGH SPORT



**Minerva Primary Academy The Greenway, Bristol BS16 4HA**

**Monday August 14th- Friday August 18th (Reception to Year 6)**

**Monday August 21st- Friday August 25th (Reception to Year 6)**

**Special DISCOUNT**

*Book before the end of June*  
**INDIVIDUAL DAYS £16 - 5 DAY BLOCK £60**

**INDIVIDUAL DAYS £18 - 5 DAY BLOCK £70**



The PE & Sports Project uses elite level coaching practice, to provide the children with a fun, engaging, successful and positive experience.

We use our advanced 'exploration-discovery-competition' model to give the children the independence and responsibility to think and to solve problems for themselves whilst supporting and encouraging their development in a wide range of different sports.

On top of the highest-quality instruction for the sport itself, the children learn social-emotional skills and awareness in their self-management, self-awareness, social awareness, relationship skills and responsible decision-making.

**Children & Parents' Feedback**

100% of parents would recommend our camps to their friends' children

**"You know what I like about you, you take it past the the limits, It's so much fun" Ethan yr 6**

"Just wanted to say thank you for a great 3 days at Cam Woodfields school. My children both thoroughly enjoyed it and were really enthusiastic about the whole experience."

**"We really hope you'll be holding some more sessions in the school holidays. We will definitely be recommending it to friends (already have done!)"**

**Monday August 14th-  
Friday August 18th**

**BOOK HERE**

**Monday August 21st-  
Friday August 25th**

**BOOK HERE**

t: 0117 382 8444

e: [info@thesportsproject.org](mailto:info@thesportsproject.org)