

Friday 24 September 2021

Mid Term 1 Newsletter



www.fromevaleacademy.clf.uk

Follow us on Twitter: @frome_vale

Value of the term: Motivation/Aspiration
Learning behaviour: Friendship

We've had an amazing start to the new academic year and thank you for all your support over the last year and a half. We have been thrilled to see our classes full of children who look happy and motivated to learn. We are looking forward to bringing back our events throughout the year so please do ensure you read the "Week Ahead" to see what exciting plans we have for both the children and our parents and carers. The school definitely looks and feels like it did before the pandemic!

We are Aspirational



Back to school is a natural opportunity for your child to set goals for the year. This site will help you to help them turn their goals into a plan of action. Click on the logo above.

We are Motivated



In this video, children will learn about what motivation is and some tips to help improve their motivation to do something they don't like!
Click on the logo above.

We are Friends



A great resource where children can learn about the importance of friendship which include a video, video clips and two practice activities. Click on the logo above.

School Photo Day

The school photographer is with us on the 15 October 2021. Please remember to complete the online permissions to enable your child to have their photo taken. Scan the QR code or **CLICK HERE**



Admissions for Reception Class 2022

Register now if your child will be 4 years old by 1 September 2022 and tell your friends—virtual tour and more information can be found **HERE**

Open Mornings are 9.30am:

Friday 8 October

Friday 5 November

Friday 3 December



Key Dates for your diary

Thursday 30 September 2021	Y1 Parents Phonics & Reading Workshop 3.40pm
Friday 1 October 2021	70th Year Anniversary Tree Planting (Old Courtonians)
Friday 1 October 2021	Being Me In My World — Parents invited
Thursday 7 October	Open Door 8.30am—9am current parents
Thursday 7 October	Autumn School Census Day
Friday 8 October 2021	Open Morning for 2022 prospective parents
Thursday 14 October 2021	Pupil Voice Day
Friday 15 October 2021	School Photo Day
Monday 18 October 2021	Phonics & Reading Meeting for Reception parents
Wednesday 20 October 2021	Last Day of Term 1 for children



It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

Sad Goodbyes

We have a very sad goodbye—Miss McKenzie (also known as Miss M) will be leaving Frome Vale Academy after more than 11 years. Miss M is joining the NHS and we know you will all join us in wishing her well for her future career. Good Luck Miss M. We will miss you!

School Uniform

Please familiarise yourselves with the Frome Vale Academy uniform. We ask that children wear our uniform for many reasons such as ensuring the children are "ready to learn". Once a child is in their uniform, the children know that a certain standard of behaviour is expected. Please support us in ensuring the children are wearing their uniform every day.



Pupil Details and Consents

Each year we are required to collect up to date information on our pupils. This is essential to ensure that we meet the current GDPR (data protection) legislation. This information also assists us in ensuring that your child is kept safe whilst they are at school.

Please help us to comply with the law and keep your child safe by completing the online form located by clicking the link below.

[CLICK HERE](#)

Morrisons It's Good to Grow



From September, for every £10 spent in store or online, you'll get one Grow Token that we can then redeem for a wide range of gardening and growing equipment.

This is a great way for us to help inspire our children to get outdoors, grow, learn and enjoy fresh produce. Please help us by collecting the tokens and bringing them into school.



Aspens



School Census Day Thursday 7 October 2021

PLEASE HELP US

School Census Day is an important part of the school calendar, as it has a huge impact on the amount of money that is given to Frome Vale Academy by central government.

The more children attending school **on Thursday 7 October** and eating school lunches, the more money the school will be given.

Please can you help us by:

1. Getting your child to school by 8.45am.
2. Not taking your child out of school on this day
3. Encouraging our child especially children in Reception, Year 1 and Year 2 to eat school lunches **ON Thursday 7 October**
(Please note school lunch is **free** for **ALL** children in **Reception, Year 1 & Year 2**)

To encourage your child to eat school lunch on this **census day** we are offering the All Day Breakfast (along with vegetarian/Halal and school sandwich/jacket potato options).

We really do hope that you will support us in getting as much money as possible for our school and your children.

Natasha's Law

On 1st October 2021 a new legislation known as Natasha's Law comes into effect.

Natasha's Law requires that any pre-packaged direct sale foods (PPDS) are clearly labelled with:

- name of food
- full list of ingredients
- allergenic ingredients emphasised within the list (usually in bold)

Food categorised as PPDS is:

- packaged in the same place the food is offered to customers
- placed in packaging before the food is ordered or selected.

Aspens have a robust allergy procedure and special diet process in place and their staff have regular allergen and food safety training.

In light of the change in legislation Aspens have revisited their processes and can confirm that their service options do not include PPDS products.

As orders are placed in advance for meals, their food will continue to be provided in accordance with their existing procedures, with allergen information recorded and available locally.



17th September 2021

Dear Parents and Carers,

No doubt you will have seen in the media about the lack of HGV drivers and general resources to operate supply chains. This is causing nationwide shortages of food for supermarkets, restaurants, takeaway outlets and hospitality providers such as ourselves.

We are working hard behind the scenes and in school to keep changes to a minimum and do appreciate your ongoing support until it stabilises.

Yours sincerely

Ben Wood
Chief Operating Officer



Online Safety

What Parents Need to Know!


Each newsletter we will provide a helpful fact page on an online game or issue. We know children will want to play online games with their friends and this can be a great way for children to have fun. However as you will be aware with every benefit there is also a disadvantage. Being aware of what these can be will help to keep your child safe.

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to build an informed conversation about online safety with their children, should they need it. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guidance, hints and tips for adults.

What Parents and Carers Need to Know about ...

SOCIAL MEDIA SCAMS

On any social media platform, you'll often come across links to genuine-looking websites. They might include an exclusive offer for one of your favourite shops or invite you to complete a quiz in return for a particular reward. In some cases, clicking on these links takes you to a fake website where you are asked to provide your personal details. The whole enterprise is a ploy to capture sensitive details, such as your email address and password, which the scammers then exploit at your expense.



Clickjacking for fake rewards

Here, the attacker tries to lure you into clicking a link by offering something in return, such as a free gift for completing a survey. However, when the link is clicked, it collects the details of whoever fills out the survey. This might include full names, addresses, phone numbers and email addresses. Scammers could use these to hack into your other accounts or simply sell your data to other criminals.

Malicious app downloads

Some cybercriminals design software that appears genuine or helpful (and is normally free) but has been created to steal your personal information. There may be a pop-up ad encouraging you to download and install the app. Once the app is downloaded, the attacker can see any personal credentials you enter, and could then use this information for their own gain.

'Payment First' scams

Prevalent on sites such as Depop, these scams have spread to Facebook since it added the Marketplace feature. A user lists an item for sale and requests payment up front. Most online stores work this way, but the crucial difference is that scammers ask for payment via PayPal Friends and Family - not goods and services. This means you can't dispute the payment; the scammer keeps your money, and you never receive the item.

Threats disguised as quizzes

Most quizzes on social media seem harmless, but many come with hidden threats. When you submit your answers, you're also agreeing to terms and conditions which - in some cases - allow the quiz developer to sell your details to third parties. This puts you at greater risk of phishing attacks and spam advertising emails. It might also give the app permission to use information from your profile.

Untrustworthy URLs

It's common on social media for URLs in posts to be shortened (to meet Twitter's character count, for instance). This may seem harmless, but it opens an avenue of attack for scammers who may be disguising a malicious link as legitimate. These links can install malware on the victim's device, which could lead to passwords being stolen or even be the precursor to ransomware attacks.

Angler phishing scams

Using a fake corporate social media account, the scammer pretends to be from customer services. When someone complains about customer service on social media, the fake account messages them asking for their name, phone number and email. If the user provides this info, they are directed to a fake website where they enter their login details. The attacker can then steal their credentials or infect their device with malware.

Advice For Parents & Carers

Set strong passwords

Always ensure that your passwords are not easily guessable. Try to use a mix of letters, numbers and special characters so that criminals cannot tamperfully get control. You should also change your passwords every so often to provide further protection against your accounts being taken over. If you have any concerns about your account's privacy, change the password.

Review your privacy settings

Regularly review your privacy settings on social media. You can restrict which parts of your profile can be seen and by who. We recommend making your personal information only visible to friends, which will help to limit the information a scammer could find out about you from social media. It's also safest to only accept friend or follow requests from people that you actually know.

Protect your personal information

Never enter personal information on unfamiliar websites. If you were redirected to a site from a social media post or an email link, putting in your personal details could give the information away to a scammer. Scammers may pose as someone you know to try and get your address or bank details (or your family's). If this happens, block the user and tell your family, so the scammer can't try to deceive anyone else.

Avoid opening suspicious emails

When you get an email, always check the sender's address before opening it. If it's an unexpected email and the sender is a stranger, mark it as junk (in case they try again in future) and simply delete it. They could be a scammer who's simply seen your email address on your social media profile. Being aware of phishing attacks is the primary method of defense against scam emails like this.

Choose trusted download sources



Don't download apps or files from unknown sites - instead, use verified and trustworthy sources (such as Google Play or the App Store for downloads to mobile devices). You can recognise safe sources by their trust seals. The browser address bar on a secure site starts 'https' instead of 'http'. A shield or lock symbol in the address bar also indicates that a site is secure.

Install anti-virus software

Another key tip is to ensure that you have robust and reliable virus protection installed on any of your devices that support it. Anti-virus programmes will help to insulate you against cyber-attacks by blocking any malicious downloads or detecting any recently downloaded malware and removing it. Update your virus protection software regularly and carry out frequent scans of your device.

Meet Our Expert

Formed in 2016, Kryptcloud provides cyber security and resilience solutions to its customers. With offices in the UK, the company offers managed service operational packages including Cyber security monitoring and testing, risk audit, threat intelligence and incident response.



#WakeUpWednesday

www.nationalonlinesafety.com [@natonlinesafety](https://twitter.com/natonlinesafety) [/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://instagram.com/nationalonlinesafety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.09.2021

Academy Life in Pictures



We are Motivated

The launch of Time Table Rockstars. Motivating our children to learn their times tables whilst having fun.



We are friends.

Lots of opportunities to work together and enjoy each others company.



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)



A guide for **parents and carers** on applying for a **primary school** place for the school year **2022-2023**

If your child was born between 1 September 2017 and 31 August 2018 you will need to apply for a school place by 15 January 2022



TRADING
WITH
SCHOOLS
BRISTOL
LEARNING CITY

www.bristol.gov.uk/schooladmissions



What do I need to do to apply for a school place?

- Check the guidance on applying for schools – available at www.bristol.gov.uk/schooladmissions, or by contacting School Admissions. The guidance contains details on how & when to apply, information on each school along with their admissions policy and oversubscription criteria. With the mix of different types of school from Church schools, Foundation schools, Academies, Free Schools and Community schools the admissions policy could be different for each school you put as a preference so it's important to ensure you check this carefully.
- Some schools require supplementary forms to be completed as well as the common application form. Make sure you check if this applies to the school(s) you are interested in.
- Visit the schools. All schools hold open days. Contact the school directly for further details on open days.
- Look at the school's prospectus and its website which are useful sources of information.
- You can name up to three school preferences. We advise you to name more than one school.
- Make sure you apply on-time. The deadline is 15 January 2022.

School Admissions (CH)
Bristol City Council
PO Box 3399, Bristol, BS1 9NE
www.bristol.gov.uk/schooladmissions
e school.admissions@bristol.gov.uk
t 0117 903 7694



Why apply online?

- The system helps you by checking for errors.
- There is no risk that your application will be lost in the post.
- It is quick and easy to do.
- You will get an immediate email confirming that your application has been received.
- You will receive an email notification of the outcome of your application on the same day as the offer letters are posted.
- The system is available 24 hours a day until the final submission time of midnight on 15 January 2022

OPEN DAYS 2021

OPEN EVENING

- Monday 20th September
4.30pm - 7.30pm

(please try to arrive by 7pm to ensure you have time to tour the building)

PRINCIPAL'S TALKS

4.30pm, 5.30pm, and 6.30pm

ACADEMY MORNING TOURS

- Tuesday 28th September
- Wednesday 6th October
- Thursday 14th October
at 9.00am



Please contact
reception on

0117 3772071

or email

info@bristolmet.net

to book onto
a morning tour



BRISTOL
METROPOLITAN
ACADEMY

HIGH STANDARDS. HIGH ASPIRATIONS. HIGH EXPECTATIONS

Come and join us for a

FROME VALE COMMUNITY CELEBRATION

SATURDAY 25TH SEPTEMBER

11AM - 2PM

Oldbury Court Children's Centre Field
(top of Gill Ave) Frenchay Road, BS16 2QS

FREE*

**Bouncy
Castles**

**Crafts &
Badge
Making**

**Dr Bike
& Travel
Roadshow**

**Messy
Play &
Sports**

**Ice
Cream**

**Clothes
Swap**

**Stories &
Free
Books**



Bring a picnic

*ice cream & most activities are free - subject to availability

**Children's
Scrapstore**

EBCC
East Bristol Children's Centres

SWOPZ
SHOP

Bookstart
By Bookstart

IMAYLA
urban-rural-creative-connections

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