

# Friday 23 September 2022

## Mid Term 1 Newsletter



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

Follow us on Twitter: @frome\_vale

Value of the term: Respect

Learning behaviour: Motivation/Aspiration

Welcome to the first newsletter of this academic year. They will be a mix of school and wider community information and pictures. The children have all settled wonderfully into school life and so much has already happened at school and in the wider world over our first three weeks. Not only have we welcomed our new Reception class children and families we have said goodbye to Her Majesty Queen Elizabeth II. We now enter a new era in more ways than one.

### We are Aspirational



Back to school is a natural opportunity for your child to set goals for the year. This site will help you to help them turn their goals into a plan of action. Click on the logo above.

### We are Motivated



In this video, children will learn about what motivation is and some tips to help improve their motivation to do something they don't like!  
Click on the logo above.

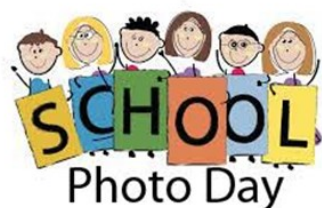
### We are Friends



A great resource where children can learn about the importance of friendship which include a video, video clips and two practice activities. Click on the logo above.

## School Photo Day

The school photographer is with us on the 7 October 2022. Please remember to complete the online permissions to enable your child to have their photo taken. [CLICK HERE](#)



**Congratulations** to Zarah in Y5 who designed our newest penguin design for use on all things family related within FVA.



## Admissions for Reception Class 2023

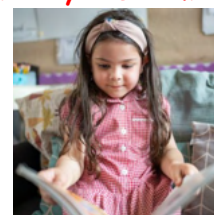
Register now if your child will be 4 years old by 1 September 2023 and tell your friends—virtual tour and more information can be found [HERE](#)

Open Mornings are 9.30am:

Friday 14 October

Friday 4 November

Friday 2 December



## Key Dates for your diary

Thursday 6 October	Open Door 8.30am—9am current parents
Thursday 6 October	Autumn School Census Day
Friday 7 October	School Photo Day
Monday 10 October	Phonics & Reading Meeting for Reception & Year 1 parents
Thursday 13 October	Pupil Voice Day
Friday 14 October	Open Morning for 2023 prospective parents
Wednesday 19 October	Last Day of Term 1 for all children
Monday 31 October	First Day Term 2 for all children

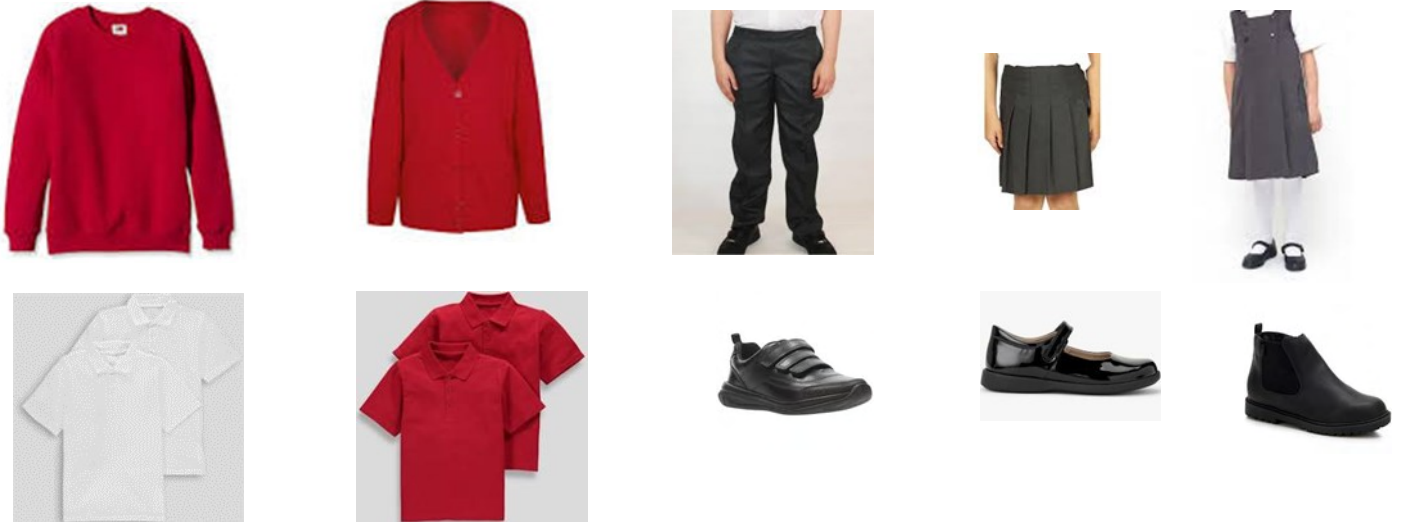


It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

# School Uniform

Please familiarise yourselves with the Frome Vale Academy uniform. We ask that children wear our uniform for many reasons such as ensuring the children are "ready to learn". Once a child is in their uniform, the children know that a certain standard of behaviour is expected. Please support us in ensuring the children are wearing their uniform every day.



## Pupil Details and Consents

Each year we are required to collect up to date information on our pupils. This is essential to ensure that we meet the current GDPR (data protection) legislation. This information also assists us in ensuring that your child is kept safe whilst they are at school.

Please help us to comply with the law and keep your child safe by completing the online form located by clicking the link below by the closing date of 19 October 2022. After this date we would ask you to come into the office to amend your details.

[CLICK HERE](#)

## Attendance

Days off school add up to lost learning

**175 NON SCHOOL DAYS A YEAR**

**175 days to spend on family time, visits, holidays, appointments and shopping**

190 Days in school	6 days absent 184 Days in school	19 days absent 171 Days in school	29 days absent A term missed 161 Days in school	38 days absent 152 Days in school	47 days absent 143 Days in school
100%	97%	90%	85%	80%	75%
<b>Great</b> Your child's best chance of success		<b>Worrying</b> Less chance of success. Makes it harder for your child to make progress		<b>Serious Concern</b> Your child will find it very difficult to make progress meaning reduced life chance	

**DID YOU KNOW? A TWO WEEK HOLIDAY IN TERM TIME MEANS THAT THE HIGHEST ATENDANCE YOUR CHILD CAN ACHIEVE IS 94.7%**

# Aspens



## School Census Day Thursday 6 October 2022

PLEASE HELP US

School Census Day is an important part of the school calendar, as it has a huge impact on the amount of money that is given to Frome Vale Academy by central government.

The more children attending school on **Thursday 6 October** and eating school lunches, the more money the school will be given.

Please can you help us by:

1. Getting your child to school by 8.45am.
2. Not taking your child out of school on this day
3. Encouraging Your child especially children in Reception, Year 1 and Year 2 to eat school lunches **ON Thursday 6 October**  
(Please note school lunch is **free** for **ALL** children in **Reception, Year 1 & Year 2**)

To encourage your child to eat school lunch on this **census day** we are offering Pizza and Fries followed by ice-cream (along with vegetarian and school sandwich/jacket potato options).

We really do hope that you will support us in getting as much money as possible for our school and your children.

## Lunch Price Increase

### School Meal Price Increase for Year Groups 3 to 6

You will be aware that Cabot Learning Federation have not increased meal costs since 2018. However, after careful consideration and discussions with our school meals supplier, Aspens, we are writing to inform you that from Monday 31 October 2022, the cost of a school meal will increase from £2.30 to £2.40.

The process of booking and paying for meals will remain unchanged. Please continue to pay for school lunches in advance by using **Pay360**

If your circumstances have changed, you may be eligible to apply for Free School Meals. You can check your eligibility by clicking **HERE**

Universal Infant Free School Meals will continue for all children in Reception class, Year 1 and Year 2.

## Food Allergies

This year we have several children in the school who suffer from various food allergies to Eggs, nuts, kiwi, dairy and gluten.

Severe allergies can be life threatening and we respectfully request that you assist us with ensuring a severe reaction to these foods can be avoided.

- ◆ Please could you therefore avoid bringing any food into the classroom (except in your child's lunchbox). Birthday treats **MUST** be in original packaging (no home made)
- ◆ Please discuss food allergies with your child. This is a useful [website](#) for resources or information Click **HERE**
- ◆ Children/parents to not share food (even before and after school)
- ◆ Please encourage your child to wash their hands before and after eating or handling food.

Should you have any concerns or questions that require more information, please do not hesitate to speak with your class teacher in the first instance, or Mrs Dawson.





# Community Support—Cost of living help



**FOOD CLUB**  
WEEKLY FOOD CLUB  
TO REDUCE FOOD WASTE

£1 joining fee  
+ £3.50 per food box

Sign up to receive a range of fresh veg, meat and cupboard essentials worth £10 - £15

Get in touch to register:  
eastbristol.childrenscentres@bristol-schools.uk

0117 3532899

**TUESDAYS**  
12.30pm - 2.30pm  
St Peter's Church,  
Allison Road,  
BS4 4NZ

**THURSDAYS**  
1pm - 3pm  
Oldbury Court  
Children's Centre,  
BS16 2QS

**FRIDAYS**  
12.30pm - 2.30pm  
Speedwell Methodist  
Church,  
BS15 1ES

family action Building stronger families  
EBCC East Bristol Children's Centres  
FareShare South West

We've set up a **COLLECTION POINT** supporting Oldbury Court Children's Centre Foodbank Located next to FVA

Please donate an item or two if you can.

Thank you!

**SHOPPING LIST**

- Milk (UHT or powdered)
- Fruit juice (long life)
- Soup
- Pasta sauces
- Tinned sponge pudding
- Tinned tomatoes
- Tinned vegetables
- Cereals
- Tinned rice pudding
- Ten bags/instant coffee
- Instant mash potato
- Rice/pasta
- Tinned Meat/fish
- Tinned fruit
- Jam
- Biscuits or snack bars

\*Toiletries – stock needed!



network foodbank the trussell trust Stop UK Hunger

Frome Vale Academy

trusselltrust.org

trusselltrust

Reg. Charity in England & Wales (1130522) and Scotland (SC044246). Reg. Ltd. Co. in England & Wales (5434324)

FVA have created a food bank drop off where food or toiletry donations can be placed. It is located in the main foyer of the school. All donations will be distributed by the Trussell Trust.



The rising cost of living is impacting people across Bristol in different ways. To help support people most impacted, including those who have not faced financial challenge before, Bristol City Council have created a cost of living support hub on their website. It provides advice and guidance on topics including housing, help with fuel bills, benefits and financial help, employment and skills, mental health and wellbeing, and provides links to useful websites and community organisations. Click [HERE](#)



## Apply for Free School Meals

If your circumstances have changed and you think you may now benefit from free school meals, please Click [HERE](#)

**NOTE:** All children in YR, Y1 and Y2 receive free school meals. These are called Universal Infant Free School Meals



## Pre-Loved School Uniform

We do expect our children to wear uniform every day.

These do NOT have to be printed with a school logo, and can therefore be purchased from most supermarkets to keep the cost as low as possible.

We do however also offer a Pre-loved uniform shop. Please contact the office with your requirements and we will endeavour to find all of the items you need.

Please also where possible, donate any items of school uniform that your child has outgrown and that still has plenty of life left. This helps our community by enabling uniform to be given a second life and to stop waste.

**PRELOVED**  
THE JOY OF SECOND HAND

As the cost-of-living crisis worsens, women and low-income households will feel the strain the most. BWV have listed some of the services and organisations available in Bristol that can support women and families through this crisis.

Click [HERE](#)





# Community Support



To celebrate Read a Book Day - and to mark the start of a new term - Mayor Marvin Rees and Councillor Ellie King read **First Day at Bug School** at Bristol's Central Library. Watch/share their book reading, and conversation about how our city supports pollinators and bugs like Miss Bumblebee, on We Are Bristol Kids' website Click **HERE** The children's book, by award-winning children's author and illustrator Sam Lloyd, is one of 700,000 books available across **Bristol's 27 libraries**.

**Note:** Children can lend books from the library for free and there are no late fees applied either!!



# Bristol Autism Support

Celebrating 10 years 2012-2022

## Weekly Support meetings

They have moved their weekly support group for parents and carers of autistic children to the Imperial Sports Ground on Thursday mornings at 10am - <https://www.eventbrite.co.uk/e/weekly-in-person-support-group-tickets-375090585037>

Once a month they have a sensory play support group at Super Sense at the Imperial Sports Ground for parents to come to with their children - <https://www.eventbrite.co.uk/e/bas-sensory-play-support-group-tickets-383656245157>

Once a month they also have an introductory All About Autism Session - <https://www.eventbrite.co.uk/e/all-about-autism-tickets-272856299537>

They have a number of coffee mornings planned, where people can just show up and the coffee is on them!!

- Monday 10<sup>th</sup> October, 10-11am: Boston Tea Party, 293 Gloucester Road Bishopston BS7 8PE
- Friday 14<sup>th</sup> October, 10-11am: Easton Community, Centre Kilburn St, Easton, Bristol BS5 6AW
- Monday 17<sup>th</sup> October, 10-11am: Morrisons Café, Peterson Avenue, Hartcliffe, Bristol BS13 0BE
- Monday 14<sup>th</sup> November, 10-11am: Boston Tea Party, 293 Gloucester Road Bishopston BS7 8PE
- Monday 21<sup>st</sup> November, 10-11am: Grounded, 66-68 Bedminster Parade, Bristol BS3 4HL
- Monday 5<sup>th</sup> December, 10-11am: Boston Tea Party, 293 Gloucester Road Bishopston BS7 8PE

They have support group / courses running each term, the next round will include a sensory group, new to autism and masking and anxiety - <https://www.bristolautismsupport.org/support-blocks/>

Information sessions this month include -

In person DLA workshop 26<sup>th</sup> September - <https://www.eventbrite.co.uk/e/applying-for-disability-living-allowance-dla-tickets-414530230077>

27<sup>th</sup> September -SEND Law and EHCPs - <https://www.bristolautismsupport.org/whats-on/#event=73563089;instance=20220927123000?popup=1>

Bristol parents Facebook group (now over 3,000 members) <https://www.facebook.com/groups/bristolautismsupport>

We have so much to share with you  
Please click here to join  
our mailing list





# Online Safety

## What Parents Need to Know!

Each newsletter we will provide a helpful fact page on an online game or issue. We know children will want to play online games with their friends and this can be a great way for children to have fun. However as you will be aware with every benefit there is also a disadvantage. Being aware of what these can be will help to keep your child safe.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## SPOT THE ONLINE SAFETY TIPS FOR GOING

# BACK TO SCHOOL





# Learning Outside the Classroom



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)





## A guide for **parents and carers** on applying for a **primary school** place for the school year **2023–2024**

If your child was born between 1 September 2018 and 31 August 2019 you will need to apply for a school place by 15 January 2023



TRADING WITH SCHOOLS  
**BRISTOL** LEARNING CITY  
[www.bristol.gov.uk/schooladmissions](http://www.bristol.gov.uk/schooladmissions)



## What do I need to do to apply for a school place?

- Check the guidance on applying for schools – available at [www.bristol.gov.uk/schooladmissions](http://www.bristol.gov.uk/schooladmissions), or by contacting School Admissions. The guidance contains details on how & when to apply, information on each school along with their admissions policy and oversubscription criteria. **With the mix of different types** of school from Church schools, Foundation schools, Academies, Free Schools and Community schools the admissions policy could **be different for each school you put** as a preference so it's important to ensure you check this carefully.
- Some schools require supplementary forms to be completed as well as the common application form. Make sure you check if this applies to the school(s) you are interested in.
- Visit the schools. All schools hold open days. Contact the school directly for further details on open days.
- Look at the school's prospectus and its website which are useful sources of information.
- You can name up to three school preferences. We advise you to name more than one school.
- Make sure you apply on-time. The deadline is 15 January 2023.

**School Admissions (CH)**  
Bristol City Council  
PO Box 3399, Bristol, BS1 9NE  
[www.bristol.gov.uk/schooladmissions](http://www.bristol.gov.uk/schooladmissions)  
e [school.admissions@bristol.gov.uk](mailto:school.admissions@bristol.gov.uk)  
t 0117 903 7694



## Why apply online?

- The system helps you by checking for errors.
- There is no risk that your application will be lost in the post.
- It is quick and easy to do.
- You will get an immediate email confirming that your application has been received.
- You will receive an email notification of the outcome of your application on the same day as the offer letters are posted.
- The system is available 24 hours a day until the final submission time of midnight on 15 January 2023.

Apply online [www.bristol.gov.uk/schooladmissions](http://www.bristol.gov.uk/schooladmissions)

## apply for a **secondary school** place for the school year **2023–2024**

If your child was born between **1 September 2011 and 31 August 2012** you will need to apply for a school place by 31 October 2022.



TRADING WITH SCHOOLS  
**BRISTOL** LEARNING CITY  
[www.bristol.gov.uk/schooladmissions](http://www.bristol.gov.uk/schooladmissions)



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- Some schools require supplementary forms to be completed as well as the common application form. Make sure you check if this applies to the school(s) you are interested in.
- Visit the schools. All schools hold open days. School websites provide details of open evenings and other events.
- Look at the school's prospectus and its website which are useful sources of information.
- You can name up to three school preferences. We advise you to name more than one school.
- Make sure you apply on-time. The deadline is 31 October 2022.

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