

# Friday 19 November 2021

## Mid Term 2 Newsletter



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

Follow us on Twitter: @frome\_vale

Value of the term: Fairness/Justice

Learning behaviour: Collaboration

We hope you all enjoyed meeting with your child(rens) teachers this week, with some of you actually meeting in person! It is so lovely to have you back on site. We hope many more of you will pop in to class on the 2 December. You will see we have some winter events planned and we so hope these will take place this year. We do however have to add the caveat that this is unfortunately very dependent on government & local guidance. Keep safe, test regularly and keep everything crossed!

### We are Just



This quiz is all about rules and laws - how they are made, why we have them and how they can be changed.

Click on the image above.

### We are Fair



In this video, children will learn about the meaning of being FAIR

Click on the logo above.

### We are Collaborators



Cooking together can be a fun way to spend quality time together as a family, as well as learning some non-food lessons along the way. Here are instructions for you and your child to make pizza together. Click on the logo above.

## Exam Invigilators Needed

This position requires flexibility as there are various exams held throughout the academic year, these usually fall within November, January and March. The Summer exams are held in May and June. There are also mock exams for Years 9, 10 and 11 at different times throughout the year. The working hours for this role can vary as exam environments have to be set up before the beginning of the school day and on occasions can sometimes continue after the school day has finished.



Click [HERE](#) for more information

## Admissions for Reception Class 2022

Register now if your child will be 4 years old by 1 September 2022 and tell your friends— virtual tour and more information can be found [HERE](#)

**Open Morning is 9.30am:  
Friday 3 December**

Contact the school for alternative date if needed



## Key Dates for your diary

Wednesday 24 November 2021	Year 1 Frenchay Church Walk
Thursday 2 December 2021	Open Door for existing parents—8.30 to 9am
Friday 3 December 2021	Open Morning for prospective parents/carers
Wednesday 8 December 2021	Childrens Christmas Lunch— click <a href="#">HERE</a> to order
Thursday 9 December 2021	Winter Fair 3.30am to 5pm
13 to 15 December 2021	YR, Y1 and Y2 winter production
Friday 18 December 2021	Last Day of Term 2



**It is essential that we have your correct email address and mobile telephone number in order to support you.**

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

# Countryfile Plant Britain

Many of you will have noticed the new tree that has been planted at the front of the school. This was planted by "The Old Courtonians" who are adults who attended our school in the 1950s and 1960s when the school was known as Oldbury Court.

The tree is an English Oak which will grow to around 3.5 meters.

We have registered the tree with Countryfile Plant Britain who are hoping that Britain's will plant 750,000 trees in the next 2 years.

One for every UK primary school starter in 2020. Click [HERE](#) for more information.

We have also just cleared the children's garden in the inner courtyard with the plan to start a children's gardening club.

Please do let us know if you can help us with this project. Email [info@fva.clf.uk](mailto:info@fva.clf.uk)



## COP 26

As parents you will know that COP 26 has been taking place in Glasgow over the last 2 weeks. All agreements made during the meetings will have an affect on us all and your children may be asking questions or asking for more information.

Please click [here](#) for a video made by Aardman Animations

Or

Click [here](#) for a child friendly guide to COP 26

Please see that FVA have adopted a penguin via WWF.



You may wonder why a penguin?

The FVA penguin mascot was designed by one of our children and links to our Frome Vale Citizenship and every subject taught at FVA.



## Sustainability and Climate Change Strategy

The Secretary of State announced a draft 'Sustainability and Climate Change Strategy' intended to help schools make a contribution to the work required to tackle climate change.

- A model science curriculum, in place by 2023, which will teach children about nature and their impact on the world.
- Encouragement for schools to increase biodiversity in their grounds.
- The establishment of a virtual 'National Education Park' - a virtual data platform that will allow pupils to track the climate change work they are undertaking and learn more about different species.
- A new Climate Leaders Award, with progression through 'bronze', 'silver' and 'gold' similar to Duke of Edinburgh Awards.
- Piloting of new net-zero 'energy pods' which might replace gas and coal boilers in schools.



# 30,000 plastic bottles diverted from landfill

We've been combatting plastic pollution one disposable bottle at a time by installing water refill points throughout the area we serve.

With people topping up with tap water for free when out and about, our refill points have helped to prevent the need for more than 30,000 single-use plastic bottles.

Since we began our refill project in 2019, we have installed 17 refill points in towns and cities across the region and there are more to come.

### Where can you find them?

- James Street West, Bath
- Terrace Walk, Bath
- Market Place, Blandford Forum
- Buckydoo Square, Bridport
- Clatworthy reservoir, Somerset
- Market Place, Devizes
- South Street, Dorchester
- Market Place, Melksham
- High Street, Salisbury
- Market Square, Salisbury
- Gold Hill, Shaftesbury
- County Hall, Trowbridge
- Library and Museum, Warminster
- Hope Square, Weymouth
- The Esplanade, Weymouth
- New Bond Street, Weymouth
- Alexandra Gardens, Weymouth

### Where are they getting installed next?

- Bridgwater
- Minehead
- Sutton Bingham reservoir, Somerset
- Taunton
- Wellington
- Yeovil

Speaking about the refill project, Head of Community Engagement Kirsty Scarlett said: "I'm really pleased that our water refill points were used and supported so well by communities over the summer, and have started to make a real difference in reducing the number of single-use plastic bottles that head to landfill.

"Less plastic is great for the planet and access to fresh drinking water is great for our local communities."

### Four reasons to choose tap water over bottled water

Help to protect the environment by choosing tap water - here are some reasons to make the switch:

- 1 Even though plastic bottles are recyclable, they don't all get recycled. A lot of them end up in landfill where they take 450 years to decompose.
- 2 Producing a plastic bottle uses around three times more water than it holds, so by drinking tap water you will also be helping to save water.
- 3 With tap water being approximately 500 times cheaper than bottled water, you could save a surprising amount of money by using a refillable bottle.
- 4 Bottled water takes around 2,000 times more energy to produce than tap water - reduce your carbon footprint by drinking tap water!





# Frome Vale Parents & Childrens Voices

Academy

## What our parents and children say about Frome Vale Academy.

Have your say and complete the questionnaire found [HERE](#)

Really pleased with how my children are learning and the content of what they are learning is great. Also love that children can access the outdoors and learn through nature in forest school

Everything is perfect

My son has made good progress since starting school

School has improved ways of communicating with Parents: emails, text messages.

Wonderful community, supportive parents and friendly atmosphere. Relaxed and welcoming, encouraging and understanding. Not overwhelmed with work but well balanced.

Both my grandchildren love going to school at From Vale even though the pandemic disrupted my grandson's reception yr and year 1, he couldn't wait to get back. Since going back he has come on in leaps and bounds the school.

Love of Learning is an excellent way to see what homework needs to be done and was an excellent tool for parents during

Both my children attended this school and have progressed very well. This is a diverse learning environment that provides children with essential life skills to achieve their goals. Some important skills are encouraged including personal value, morals and aspirations.

I learn different things and learn responsibility and I also make other and new friends.

The best thing at Frome Vale Academy is learning new things in class

everyone says hello to you and makes you feel welcome

Learning new things in class everyday and playing with my friends

the best thing about going to Frome Vale Academy is how nice and understanding people are.

The best thing about going to school is learning and playing as well as feeling safe

I get to learn, make new friends, have people to talk to, art, maths, writing, ICT, mathsmagicians and the teachers

My friends and the size of the grounds

To learn my fractions and have fun.

I love learning, it's better than staying home and watching TV.

I get to meet new people from all sorts of place so I can feel each religion, race, lifestyle and stories i wouldn't have heard of otherwise.



# Online Safety

## What Parents Need to Know!

Each newsletter we will provide a helpful fact page on an online game or issue. We know children will want to play online games with their friends and this can be a great way for children to have fun. However as you will be aware with every benefit there is also a disadvantage. Being aware of what these can be will help to keep your child safe.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about TIKTOK

TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around a billion users worldwide.

## AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – and since TikTok Jump's introduction in mid-2021, users can view third-party content outside the app.

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CENSORED

## EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and then be inclined to imitate any explicit language or suggestive actions.

W&#\*!

## TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become 'TikTok famous'. While most aspiring stars hoping to be 'the next big thing' will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



## HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.

## ADDICTIVE NATURE

Like all social media platforms, TikTok can be extremely addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep users intrigued about what's coming next means it's easy for a 5-minute visit to turn into a 45-minute stay.

## IN-APP SPENDING

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. TikTok is also connected with Shopify, which allows users to buy products through the app.

## Advice for Parents & Carers

### TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.

### MAINTAIN PRIVACY SETTINGS

The default setting for all under 16s' accounts is 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 16s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

### LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

### ENABLE FAMILY PAIRING

'Family Pairing' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok's Safety Centre also provides resources for parents and carers to support online safety among families. These resources can be found on their website.

### USE RESTRICTED MODE

In the app's 'Digital wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

### MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.

## Meet Our Expert

Parveen Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



National Online Safety®

#WakeUpWednesday

SOURCES: [www.tiktok.com](http://www.tiktok.com)



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/nationalonlinesafety



@nationalonlinesafety

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# Academy Life in Pictures



## We Remember

Lest we forget. Our children and staff reflected on lives lost and sacrifices made by so many.



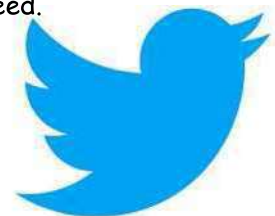
## We are safe

First Aid monitors, First Aid lessons, the fire brigade and SCP (60 years young!)



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)





IT'S CHRISTMAS!

## Wednesday 8 December 2021 Christmas Lunch

Glazed Turkey  
with  
Sticky Pigs  
Sage & Onion Stuffing

**or**

Halal Glazed Turkey  
With Halal Chicken Sausage  
Sage & Onion Stuffing

**or**

Xmas Root Veg Crumble  
Sage & Onion Stuffing

Served with  
Roasties  
Christmas Trimmings Traybake

**and**

Gingerbread Rudolph

Click [here](#) to place an order by  
Tuesday 23rd of November



# Winter Fayre



**We are hoping to have our Winter Fayre on 9 December (Covid restrictions permitting).**

**Start saving your pennies for this event and let us know if you can help on the day**

- Popcorn stand
- Bric a Brac stall
- Bouncy castle
- Santa's Grotto
- Candy floss stall
- Christmas skittles
- Drop the penny on the reindeer
- Prize station and raffle
- Book stall
- Tombola
- Mulled wine and mince pies
- Cake stall

