

# Friday 17 November 2023

## Mid Term 2 Newsletter



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

Follow us on Twitter: @frome\_vale

Value of the term: Fairness/Justice

Learning behaviour: Collaboration

What a great start to Term 2. Thank you for your kind donations of clothes in the "Rags to Riches" event that was organised by our PTA. We will let you know how much has been raised as soon as possible. The children have democratically voted for monkey bars to be installed in the playground with your fundraising efforts. Later this term our KS1 children will be performing in our Winter Production, so please ensure you request your tickets. Our Year 5 and Year 6 children will be heading over to Bristol MET to watch "We will Rock You" who always put on a show to remember and we cannot wait to see you all next week during our parents meetings. We know you can't wait to find out how your child(ren) are progressing here at FVA.

### We are Fair



The video starts with a primary school pupil giving a brief explanation of what fairness means to them and some examples of unfairness.

Click on the logo above

### We are Collaborators



Sharing, turn-taking, compromise ... They're all essential skills if your child is to get on well with other people, but they don't always come naturally.

Click on the logo above

### We are Just



This quiz is all about rules and laws - how they are made, why we have them and how they can be changed.

Click on the logo above.

## Aspens Christmas Lunch



The menu can be located

**CLICK HERE**

Wednesday 6 December

There is a special menu for the whole school on Wednesday 6 December

Click **HERE** to see what the children will be enjoying for lunch on this day and to book your child's lunch by 27/11/23

Lunch is free for all children in Years Reception, Year 1 and Year 2

If your child does not wish to have Christmas lunch on this day, they will need to bring a packed lunch from home.

## PTA Facebook Group

facebook



Click **HERE** to join

### Key Dates for your diary

Week commencing 20 November 2023	Parents Meeting week— 21 and 22 November 2023
Wednesday 22 November 2023	Year 1 Library Visit
Thursday 30 November 2023	Open Door 8.30am
Friday 1 December 2023	Year 1 Christingle
Friday 1 December 2023	Year 6 Life Skills Trip
Week commencing 4 December 2023	DT Week—Whole School
Tuesday 5 December 2023	Year 5 and 6 We Will Rock You at the MET
Wednesday 6 December 2023	School Christmas Lunch—Whole School
Wednesday 15 December 2023	KS1 Winter Production
Friday 15 December 2023	Last Day Term 2



It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

Our pupils can earn Penguin Pounds by carrying out jobs they can apply for, including first aid monitors, lunch trolley monitors, play buddies and recyclers. Initially they need to earn Frome Vale citizen cards for good behaviours and carrying out their jobs. When they have 10 Frome Vale citizen cards, they can convert them to one Penguin Pound.

They can spend their pounds on goods in a prize box from the Principal's office that include toys, rubbers, funky pencils and Frome Vale citizen pens, plus they can buy cakes or sweets when they are on sale. If they save up their pounds, ten can be exchanged for a Frome Vale hoodie.

All this might sound like great fun but there is a serious side to this initiative. It's all about becoming a Frome Vale citizen, holding down a job, earning a salary and realising if you don't work you don't get paid. It also supports pupils to take responsibility for their money.

We hope this will make them better citizens when they enter the wider world, by teaching them life skills that will stay with them and to prepare them for what lies ahead.



## School Admissions 2024

### Admissions for Reception Class 2024

School open day events—come and look  
around the school

Register now if your child will be 4 years old  
by 1 September 2024 and tell your friends  
more information can be found [HERE](#)

Thursday 14 December @ 17.00pm  
Email: [info@fva.clf.uk](mailto:info@fva.clf.uk)



**Is your child aged 3 or  
just turned 4?**

You must apply for a primary school  
place a year before your child can  
start school.

Applications are now open and  
**close on 15 January 2024.**

You'll need to apply then even if  
you want your child to start part-  
way through the year.

**For more information Click  
[HERE](#).**

# Remembrance Day at FVA



On Friday 10 November at 11am, the whole school took part in our remembrance day ceremony.

The children were incredibly respectful and following a reading by some of our Year 6 children, a 2 minute silence was observed by all.

We all took the opportunity to remember the service and sacrifice of all those that have defended our freedoms and protected our way of life.

**Lest we forget**



# Frome Vale News

Exclusive talk from year 6 they have something to say...

## Frome Vale money?

Recently a new currency has been established in FVA school called 'penguin pound'. This can be used to gain items and activities such as: a Frome vale hoodie (10 penguin pounds) an afternoon in the computer room (also 10.) A Frome vale pen or a prize from miss Saunders (1 penguin pound). To get a penguin pound you must have 10 Frome vale citizen points these can be collected by doing a job or good behaviour. Although to be able to collect FVC points from having good behaviour choices you must have a job (payment).

## Remembrance Day.

On Friday the 10<sup>th</sup> of November our school had a Remembrance assembly for those who are fighting or have fought in wars. This included the 2 mins of silences and many poems and songs.

## Democracy question

Every term Frome vale has a democracy question that all pupils in the school get to vote on. This term's question is should we get 10 mins of extra play if everyone in that class is in all weeks?

## Year 6 Criticises the Democracy!?

Year 6 have lots of thoughts on the democracy and how it can be changed. Here are some thoughts from the Pupils:

Gaia - "I think it should be an individual prize because it's 6 hours of free time vs 10mins of extra play."

Yara - "I think the democracy question should change because I cannot remember mine or any other class having everyone in that week."

Elijah - "I agree with Gaia because individual prizes promote more of a reward because if someone is ill on Monday it is "pointless" of coming in because you've already lost the reward."

Lenny-I think if we change it to individual, it will be fairer because some people don't come to school for no reason

Max-I think its good but bad because just like Elijah said if someone does not come in is no point of coming although I think its good because it really encourages people to come in every day.

## When is The Christmas Holiday?

I know all of you are wondering when the Next half term is. well, the Newspaper team has worked it out! The first day of Christmas holiday is... 16<sup>th</sup> of December!



The Editorial Team

# Online Safety

## What Parents Need to Know!

Each newsletter we will provide a helpful fact page on an online game or issue. We know children will want to play online games with their friends and this can be a great way for children to have fun. However as you will be aware with every benefit there is also a disadvantage. Being aware of what these can be will help to keep your child safe.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [nationalcollege.com](http://nationalcollege.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about

# X

AGE RESTRICTION  
**13+**

In October 2022, the enormously popular social media network Twitter was purchased by tech tycoon Elon Musk. That sparked a host of changes to the platform – not all which have been received positively by its fans. The alterations have continued with each passing month, many of them raising online safety concerns among the 530 million users of Twitter (now rebranded as simply X). With further adjustments reportedly in the pipeline, X has attracted more than its usual share of controversy and caution in recent times.

### WHAT ARE THE RISKS?

#### A BLOCK ON BLOCKING

X has announced plans to remove its blocking feature. Previously, this stopped other users from viewing your profile or sending you direct messages, while also hiding their posts from your feed. Only this latter function will now remain. The decision has been criticised by some members, who feel that blocking (in its current form) protects them from X users who promote denial and hatred.

#### LIMITED REPORTING FEATURES

X offers a premium membership, with some functionality (such as controlling who can view and reply to your posts) increasingly being made exclusive to those who pay the subscription fee. Several commentators have speculated that X could one day become an exclusively paid-for service, with access to accounts being revoked for anyone unwilling or unable to take out a subscription.

#### AGE-INAPPROPRIATE CONTENT

Many of X's less age-appropriate posts can feature anything from extreme political views to pornography. While accounts marked as 18+ are restricted from non-members, it's still fairly easy to stumble across this material accidentally. X's new 'For You' page also shows content from accounts that a user doesn't already follow – meaning that almost anything could end up on a child's feed.

#### VERIFICATION FOR SALE

Historically, Twitter's moderators granted account verification: certifying someone as authentic by placing a blue tick next to their username. One of X's earliest changes was to place verification behind a paywall; this caused the number of celebrity impersonators to rise and left no way to distinguish, say, a legitimate influencer from a copycat fake account seeking to exploit other users.

### BLUE TICK SALE

## Advice for Parents & Carers

#### PROTECT PRIVACY

Unsavory characters may try to gain access to a young person's X account – either to view their posts and gather information on them, or to completely take control of it. To minimise risk, ensure the account has a strong password and enable the 'Protect Your Posts' feature (via the account settings), so that strangers can't view your child's posts without first being approved as a follower.

#### DON'T RISE TO THE BAIT

To gain more views and followers, some X users post deliberately inflammatory comments on sensitive topics such as race, sexual orientation and gender issues. Many young people could find this upsetting. Emphasise that, if your child encounters someone spreading hate on X, it's best not to give that person what they want: an argument. Ignore them, mute their account and move on.

#### STAY ALERT FOR IMPOSTERS

Make sure your child understands that X's blue ticks no longer guarantee the identity of anyone on the platform. While it might be exciting if a celebrity liked your child's post, it could just as easily be an imposter with malicious intentions. If your child's not 100% sure that an X user actually is who they claim to be, advise them to err on the side of caution and avoid interacting with that account.

#### ONLY FOLLOW TRUSTED ACCOUNTS

Using the 'Following' tab on X helps to ensure that the only content your child sees has come from accounts they've chosen to follow: this should reduce the chance of them inadvertently being exposed to harmful, violent or explicit content. Show your child how to report another user's account if, say, they're behaving inappropriately by spreading misinformation or offensive opinions.

#### BE READY TO TAKE ACTION

If your child suffers harassment on the platform or becomes the target of a hack, you could consider deactivating their account entirely. Recently, X's safety features have been criticised for allegedly failing to protect users' wellbeing – so if your child is being subjected to abusive messages or similar mistreatment on the platform, it might be prudent to remove them from X altogether.

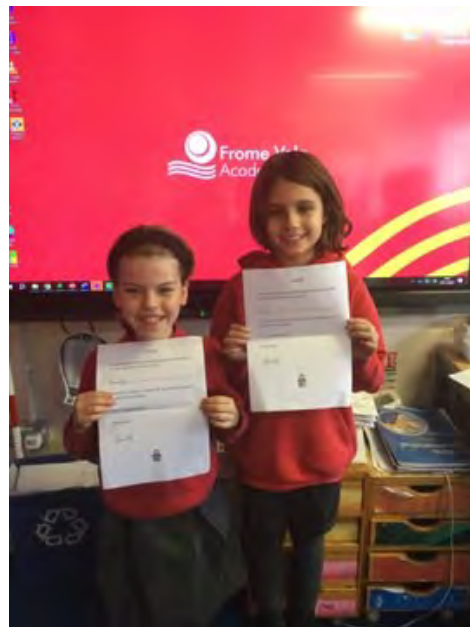
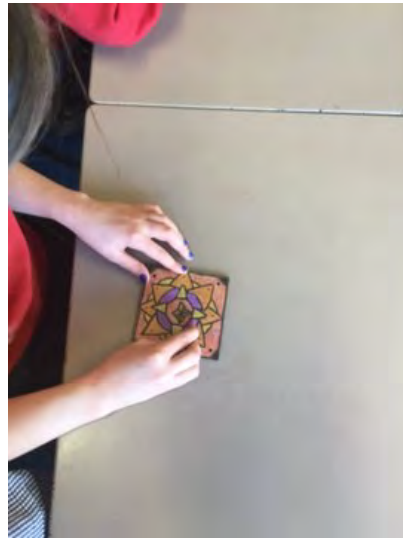
### Meet Our Expert

Loyal Coombes is Editor in Chief of gaming and esports site GCRecon and has worked in the gaming media for around four years. Always eager to test out the latest apps, games and online trends, he's also a parent who understands the importance of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



**NOS**  
National Online Safety®  
#WakeUpWednesday

# This term's learning at FVA



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)



# SEND Families

**EHCP Phase Transfer Reviews**  
WITH BRISTOL PARENT CARERS AND GELDARD SOLICITORS

**Information and support at North Bristol coffee morning**  
Southmead Greenway Centre  
Doncaster Rd, BS10 5PY  
5th October  
2nd November  
9:15-10:30am

**Tics and Tourettes**  
WITH BRISTOL PARENT CARERS & CORRINA WOOD FROM PLATYPUS

**Information and support from all services across Bristol**

**SEPTEMBER 2023**  
S M T W T F S  
1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30

**Hello October!**  
Book your free space now  
Don't miss out

**Make your voice heard by completing our health service survey**

**Introduction to Makaton Training Session**  
WITH BRISTOL PARENT CARERS AND ALI PENNINGTON - MAKATON TUTOR SERVICES

**Information and support at South Bristol coffee morning**  
INNS COURT CENTRE  
1 Marshall Walk  
Knowle BS4 1TR  
12th October  
16th November  
@ 10:30-12:30pm

**Managing extreme behaviour**  
WITH BRISTOL PARENT CARERS & BIBIC

Bristol Parent Carers is an organisation run by parents who understand the challenges of raising a child with special educational needs or a disability because they've been there too and they have children just like yours. They are a charity run by parents, for parents. Join them at one of their free events and find the support your family deserves.

Click [HERE](#) for more information or to book your space



## Bristol Parent Carer Forum

Shaping the Future *Together*



Children's Flu vaccination (nasal and injection) catch-up clinics are available for all students who did not receive their vaccinations at school. Please book an appointment at <https://imms.sirona-cic.org.uk/flu/2023/book>

If you have any queries please contact the Immunisation Team directly on 0300 124 5515 or email [sirona.sch-imms@nhs.net](mailto:sirona.sch-imms@nhs.net)



## **Christmas Lunch - Wednesday 6 of December**

To order a meal for your child, complete this form by  
Monday 27 of November:

<https://forms.office.com/e/wD8Ja8vQxe>

Roast Chicken with Sticky Chipolata, Roasties, Christmas  
Vegetable Medley & Gravy  
(Gluten free, Dairy free)

Or

Halal Roast Chicken with Sticky Chipolata, Roasties,  
Christmas Vegetable Medley & Gravy  
(Gluten free, Dairy free)

Or

**Roasted Quorn**  
with Roasties, Christmas Vegetable Medley & Gravy

Followed by

**Festive Rice Krispie Ball**  
or  
**Christmas Cookie**  
**FOOD**  
**FESTIVAL**

By Aspens





# WELCOME SPACE

2:30 - 5:30PM EVERY MONDAY

## Hillfields Library

SUMMERLEAZE, HILLFIELDS, BS16 4HL

- Connect with others and your community
- Make new friends
- Free drinks and snacks
- Food Club - £3 cash or pay as you can (please bring your own bag)
- Activities and games
- Access local information support services
- Occasional film club and free wifi

Every Monday starting 20th November. No sessions on 25th December, 1st January and 12th February. Last session on 25th March 2024.

Warm Welcome Spaces



Contact [friendsofhillfieldslibrary@gmail.com](mailto:friendsofhillfieldslibrary@gmail.com) for more information.

# HILLFIELDS COMMUNITY GARDEN

## LANTERN PARADE

18TH NOVEMBER | 4.30-6.30PM

Meet at Hillfields Library, BS16 4HL

The parade will start at Hillfields Library and end in Hillfields Park.

Join us in your local park for this traditional autumn event. We will celebrate the change of seasons by lighting up the dark nights with our lanterns, connecting ourselves to the rhythm of nature.

**PRE-PARADE LANTERN MAKING WORKSHOP DATES:**

4th November | 10-12pm  
12th November | 10-12pm  
Hillfields Library, Summerleaze  
BS15 4HL

No booking required.  
Donations welcome!  
Make your own lantern at home or join a workshop and bring it to the parade.

Bring a plastic bottle to turn into a lantern!  
Full details on Facebook!

E: [hillfieldscommunitygarden@gmail.com](mailto:hillfieldscommunitygarden@gmail.com)  
W: [Hillfieldsgarden.fishpondsbristol.uk](http://Hillfieldsgarden.fishpondsbristol.uk)  
F: [facebook.com/hillfieldscommunitygarden](https://facebook.com/hillfieldscommunitygarden)




# Winterbourne Wonderland

## Christmas Display




102 Down Road, Winterbourne Down, BS36 1DG

Raising money for the Bristol Children's Hospital charity, Wallace & Gromit's Grand Appeal.

Over 50,000 lights, over 100 lit figures, 3ft water fountain, magical wishing well, 13ft smart pixel tree, bubble machine, 43ft smart pixel wall, free candy canes, stickers and so much more!

Switch on weekend - November 25<sup>th</sup>/26<sup>th</sup> - event starts 18:00 with switch on at 18:30 both days.

Lights on daily from November 27th until January 1<sup>st</sup> - 16:00 - 21:00

Christmas music and flashing lights every Fri/Sat/Sun 17:30-19:30 from Dec 1st - Dec 24th.

Contactless card payments, cash and online donations accepted via Just Giving.

Visit our website [wbwonderland.com](http://wbwonderland.com) or find us on Facebook for more information.



Raise festive cheer in your Christmas gear!

# Santas on the Run

Charlton Farm

Walk, jog or run 2k at Charlton Farm in North Somerset on Sunday 3 December 2023

Sign up today [www.chsw.org.uk/santas](http://www.chsw.org.uk/santas)

Making the most of short and precious lives across the South West  
Registered Charity No. 1003214



HELP YOUR CHILD SOAR WITH A SCHOOL MEAL!

And it could be FREE!! Check to see if your child is now eligible.

ABC  
Apple  
2+2=4  
Graduation cap  
DNA  
Test tube

Ask at the office to find out more!

Save money, Save time, Save hassle.

Fuel your child with energy!

All Reception, Year 1 and Year 2 meals are FREE!!

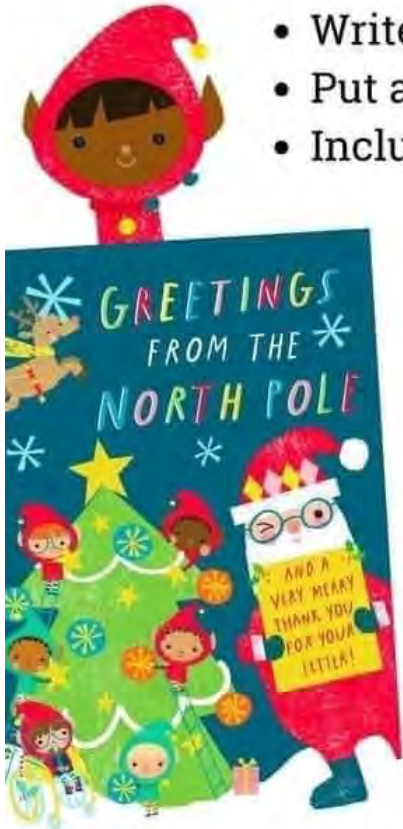


# Write To Santa



Send your letter to arrive by Thursday 30th November and don't forget to include your stamp on the envelope!

- Write Santa's address carefully on the envelope
- Put a stamp on the envelope so it gets to Santa
- Include your full name and address in your letter



**Santa**  
 Santa's Grotto  
 Reindeerland  
 XM4 5HQ

**Sion Corn**  
 Ogof Sion Corn  
 Gwlad Y Ceirw  
 XM4 5HQ

Braille replies can be arranged by customers emailing [santamail@royalmail.com](mailto:santamail@royalmail.com) or by writing to the usual address.

**Santa Starts Replying From Monday 20th November**

[www.royalmail.com/christmas/letters-to-santa](http://www.royalmail.com/christmas/letters-to-santa)

**EXTREME BARGAINS**



## Oldbury Court Play Park upgrade. What do you think?



Oldbury Court play park is getting a makeover and we need your input, children included!

Look at the design and play equipment suggestions and let us know your thoughts.

- Come and see the proposed designs on display 15-29 November in the Vassall Centre, Gill Avenue, Fishponds, BS16 2QQ.
- Come and see the proposed designs and talk to a landscape architect at a drop-in session - 15 November between 2pm and 7pm at the Vassall Centre, Gill Avenue, Fishponds, BS16 2QQ.
- View designs online and complete short survey at [bristol.gov.uk/oldburycourt2023](http://bristol.gov.uk/oldburycourt2023) (available from 15 November) For any queries email [dan.lewin@bristol.gov.uk](mailto:dan.lewin@bristol.gov.uk)

[www.bristol.gov.uk/parks](http://www.bristol.gov.uk/parks)

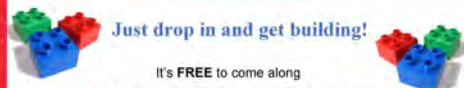


## LEGO CLUB

### Downend library

Join us for theme-based creative building fun for primary school aged children

**Saturday 2nd December**  
10.30am-11.30am



Just drop in and get building!

It's FREE to come along  
All children must be accompanied by a grown up



[www.southglos.gov.uk/childrenslibrary](http://www.southglos.gov.uk/childrenslibrary)



[@southgloslibs](https://twitter.com/southgloslibs)



# Keep Warm This Winter



We've got a bunch of coats to keep you warm & toasty this winter.

Feeling the pinch this winter? Come and get a free winter coat and help us recycle clean, pre loved coats. The coat stall will be at All Saints Christmas Fair

**Saturday 18th November**

12 - 3pm  
All Saints Church  
Grove Road, BS16 2BW

Show or mention this flyer for free entry

## Donations Needed

Drop off coats that are clean and in good condition by Friday 17th November to Fishponds Library, BS16 3HL  
Mon, Tues, Fri, Sat 10 - 5 or Thurs 11 - 7 or contact:

cllr.lorraine.francis@bristol.gov.uk  
or allsaintsfamilycafe@gmail.com

All Saints Christmas Fair  
Various crafts, games,  
handmade Christmas  
presents & lunch available



# After school outdoor fun Ages 5-11



**Tuesdays, 4-5pm**  
Find us on the green space  
opposite the shops on Lanaway  
Road. Starts 7th November

Games  
Boxing  
Forest school  
Food, fun &  
Friendship  
For primary  
aged kids



For more  
details text  
Jane: 0775  
123 7049

JumpStart Food and Fitness CIC  
Find us on Facebook and Instagram

# CHRISTMAS SPORTS CAMP

Sports Development with  
Social-emotional Learning

THE  
SPORTS  
PROJECT

## MINERVA PRIMARY ACADEMY

The Greenway, Bristol  
BS16 4HA

9am - 4pm  
Mon 18th - Wed 20th Dec

**RECEPTION - YEAR 6**

Positive culture

Engage

Challenge

Achieve

Reward

EARLY BIRD  
(UNTIL 17/11) **£17.50** per day

NORMAL  
PRICE **£20** per day

To Book - click on link or copy into your browser

[THE-SPORTS-PROJECT.CLASSFORKIDS.CO.UK/CAMP/40](https://www.classforkids.co.uk/camp/40)



## MURMURATION COMMUNITY THERAPY



### New SEND Parent Carer Nurture Groups

Starting January 2024: 8 sessions to build emotional wellbeing and friendship amongst a small group of SEND parents.

Brislington - Tuesdays - 1-2:30pm

Broomhill Children's Centre, Fermaine Ave, Brislington, BS4 4UY

Upper Horfield - Wednesdays 10.30am - 12noon

Upper Horfield Children's Centre, 34 Sheridan Rd, Horfield, BS7 0PU

Eastville - Wednesdays 8 - 9.30pm

Nissen Hut, Eastville Park, Fishponds Rd, Eastville, BS5 6XA

Places are free, we welcome donations.

FOR MORE INFO AND TO BOOK VISIT  
[MURMURATIONCOMMUNITYTHERAPY.COM](https://www.murmurationcommunitytherapy.com)

MURMURATIONCOMMUNITYTHERAPY