

# Friday 7 May 2021

## Mid Term 5 Newsletter



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

Follow us on Twitter: @frome\_vale

Value of the term: Kindness

Learning behaviour: Focus

We hope you have enjoyed the ability to catch up with family and friends over the last few weeks of the most recent easing of the lockdown. The children have been enjoying being back at school and have really loved being outdoors in the sunshine. We have been thrilled to commence our after school clubs as these are such an important part of life at school. Remember to book your spaces and pay using our new online payment system.

### We are Kind



Support your child's learning journey

If your child wants to make a difference, why not suggest some of these random acts of kindness? There's no guarantee of getting anything in return, but acts of altruism are known to improve mental health, and you and your child will both get a buzz from doing something nice for someone else. [Click Here](#)

### We are Focused



Concentration means focused attention, and it has many uses and benefits. It assists in studying, enables faster comprehension, improves the memory, helps in focusing on a task, job or goal. Here you will find some free games to "train your brain" for adults and children

### We are Kind



"Ripple" is a heart-centred primary school curriculum and community project inspiring and empowering people to make positive, transformational changes for greater peace and happiness.

[Click Here](#)

## SIMS Pay — The easy way to pay for school lunches and more!

Frome Vale Academy has joined the 21st century when it comes to paying for trips, clubs and school lunches.

SIMS Pay provides you with greater convenience, security and flexibility and enables the school to reduce the amount of cash being processed on site.

There are many security benefits providing you with greater oversight of all the payments you have made;

### SIMS Pay Security

SIMS Pay Security SIMS Pay operates inside of secure parameters to protect both financial information and personal/child information.

- SIMS Pay can be accessed only after the successful completion of various security steps.
- No card details are stored in SIMS Pay.
- No card details are ever disclosed to the school.
- SIMS Pay is PCI DSS Level 1 certified and uses the highest levels of card payment security and 3D fraud protection measures.
- You will receive an email receipt for all payments.
- Payment history is available at any time via your account.
- SIMS Pay is synchronised with the main SIMS system.

Contact us if you need your joining information re-sent and if needed we can also help you to get set up.

Click [HERE](#) for more information Please note: After School Clubs must be paid online from Term 6

### Key Dates for your diary

Thursday 20 May	School Census Day—this is how FVA get funding
Friday 21 May	Colour Run for all children
Thursday 27 May	Last Day of Term 5
Friday 28 May	INSET Day — no children at school
Monday 7 June	First Day of Term 6
Friday 2 July	INSET Day — no children at school



It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

# School Census Day— Thursday 20 May

## PLEASE HELP US

School Census Day is an important part of the school calendar, as it has a huge impact on the amount of money that is given to Frome Vale Academy by central government.

The more children attending school on **Thursday 20 May** and eating school lunches, the more money the school will be given.

Please can you help us by:

1. Getting your child to school by 8.45am.
2. Not taking your child out of school on this day

Encouraging your child especially children in Reception, Year 1 and Year 2 to eat school lunches **ON THURSDAY 20 May**.

(Please note school lunch is **free** for **ALL** children in **Reception, Year 1 & Year 2**)



# Aspens



To encourage your child to eat school lunch on this **Thursday 20 May** we are offering the All Day Breakfast (along with vegetarian/Halal and school sandwich/jacket potato options).

We really do hope that you will support us in getting as much money as possible for our school and your children.

**Remember you can now pay for school dinners and more using your credit/debit card.**

Click **HERE** to find out more and get your **SIMS Pay** account

## Are you eligible for Free School Meals?

Your child may be entitled to Free School Meals if you are in receipt of certain benefits.

To see if you are eligible Click **HERE**.

## Healthy Snacks

Frome Vale Academy has a Healthy Eating Policy

Click **HERE** to take a look!

Good health is vital and healthy eating, being one of many contributors to this, can influence physical, mental and social well-being. At Frome Vale Academy staff help each child understand the role of healthy eating in achieving good health. We also recognise that healthy eating does not mean having no treats, but means having them at appropriate times. The school promotes a healthy lifestyle.

### Playtime

We would therefore request that if your child would like a snack at play time, that this is a healthy snack. This can range from dried fruits, carrot sticks or a piece of fruit. We do not permit sweets, crisps or biscuits at this time.

### Lunchtime

No sweets, nuts, chocolate bars or fizzy drinks are permitted. Packed lunches should include some fruit or vegetable e.g. piece of fruit or fruit juice, dried fruit, cherry tomato, raw carrot, cucumber wedge or so on. Nuts, sweets, fizzy drinks and chocolate bars should not be included. A juice drink is permitted with the lunchtime meal.

Please remember that we are a **NO NUT** school which includes peanut butter spread or Nutella chocolate spread in sandwiches or wraps.



# Frome Vale Academy Colour Run

## In conjunction with the CLF Big Run and Walk

Frome Vale Academy are holding their very first colour run on Friday 21 May. This is in conjunction with the **CLF BIG RUN AND WALK**. The CLF are attempting to run/walk 11622 miles which is a mile for every child in the trust and raise the same amount of funding for their most disadvantaged children.

Our run is inspired by the **CLF BIG RUN AND WALK** but also by the Hindu festival Holi which celebrates Spring, love and new life. We are a little late with our timing (blame the pandemic) as Holi marks the arrival of Spring and the end of Winter and is usually celebrated in March.

We feel however that the meaning behind Holi is very appropriate for the school and will celebrate the children, their resilience over the last 15 months and the gradual return to normal life at the Academy.

Holi, along with being a religious festival where ceremonies can be held is also recognised by Hindus as an opportunity to have fun! It's a festival with dancing, singing and throwing of coloured starch and coloured water. Holi can also be known as the "festival of colours". We will be using only coloured starch, rather than water!

Typically Holi is celebrated on the first night by people lighting bonfires and throwing roasting grains, popcorn, coconut and chickpeas onto the fire.

The next day, people of all ages go into the streets for fun and colour. Hindus have fun by smearing each other with coloured starch and throwing coloured water.

### What we need from you

- \* Complete the online form confirming that you are happy for your child to be covered in coloured corn starch. This will be emailed to you closer to the 21/5/21.
- \* We ask that the children wear clothes that you do not mind being covered in coloured starch definitely be some coloured starch present.
- \* £1 per child taking part.

Unfortunately this year the celebration will only be for the children of the school, but we hope that this may be a festival that we celebrate with the whole school community in coming years.



# Online Safety

## What Parents Need to Know!

Each newsletter we will provide a helpful fact page on an online game or issue. We know children will want to play online games with their friends and this can be a great way for children to have fun. However as you will be aware with every benefit there is also a disadvantage. Being aware of what these can be will help to keep your child safe.





Powering Imagination

According to the Roblox website, 'Roblox is the world's largest interactive social platform for play'. For those of you not so familiar with the game, it is a multi-player online gaming platform which allows children to play and create a variety of games in a 3D world. Roblox is free to play and available on all modern smartphones, tablets, desktops, Xbox One, Oculus Rift, and HTC Vive.



**AGE RESTRICTION**  
**13+**

## What parents need to know about

# ROBLOX

**ROBLOX STUDIO**

The Roblox Studio allows users to create their own games and 'worlds' for others to play on the platform. As the games are user generated, it gives users the freedom to potentially include things you do not want your child to be exposed to, for example, weapons, violence and even pornographic content. There are no age restrictions on the games created in the Roblox Studio and Roblox can only rely on people reporting negative/violent content in order to remove the games from the platform.

**CHATTING & FRIEND REQUESTS**

Whilst the games in Roblox are aimed at 8 to 18-year-olds, there are currently no age restrictions for signing up. This means both adults and young people can play and communicate with each other and send friend requests through the platform. Once a friend request is accepted, this means that they can communicate with each other outside of gameplay.

**ROBUX ONLINE PAYMENTS**

When a user creates a game, they earn something called 'Robux', which works as a currency within the platform, allowing the purchase of upgrades and memberships. If the created game is of good quality and attracts multiple players and in-game adverts, children have the potential to earn a lot of 'Robux'. Once a user has earned a certain amount of Robux, they can convert this to real cash and withdraw it to a PayPal account. To withdraw money, users need to be over 13, have a PayPal account and have paid for the Roblox premium subscription.







## National Online Safety

# Top Tips for Parents



**UNLIST SOCIAL MEDIA ACCOUNTS**

Make sure your child's social media accounts are not listed in the settings/account info. If they are, advise them to make them private or remove them in their account. This will ensure nobody can find and contact them on their social media platforms outside of Roblox.

**HAVE A CHAT ABOUT 'GRIEFING'**

Griefing is when someone purposely upsets another player in a game. This can be done by setting traps, damaging or stealing something from another player, intentionally killing them and just generally doing something in the game to spoil gameplay for them. Essentially, 'Griefing' is a form of cyberbullying and can be extremely frustrating and upsetting for players.

**DISABLE IN-GAME CHAT**

Roblox is great for children to play together and chat to each other. However, if you wanted to completely turn off in-game chat for your child (meaning they could not contact anyone including their friends) you can do so by following these steps: When logged in, go to the Account Settings page by clicking on the gear icon at the top right corner of the page, then click Settings. Next, click on the Privacy tab and under 'Who can chat with me in game?' select 'No one' and this will disable in-game chat!

**CHECK SHARED INFORMATION**

In the account settings, check that your child is not giving away any personal information in their bio/profile. For example, their full name, phone number or snapchat name. If you see that they have, explain why this is potentially dangerous and remove immediately.

**IS YOUR CHILD UNDER 13?**

Unfortunately, there are hundreds of YouTube videos showing children how to change their age settings on Roblox, so firstly, you should talk to your child to set up some rules/an agreement. There are additional safety features for children under 13, for example having their posts and chats filtered for inappropriate content and behaviour, so it is worth checking that your child has set up their account with the correct age. You can find this in their account settings.

**RESTRICT PAYMENT METHODS**

Roblox is a free to play game, but there are still options to make additional in-game purchases. If you do not want your child to make payments, ensure your card is not associated with their account. If you are happy for your child to make payments in the game, but want to limit spending, we suggest using a games console gift card. These can be purchased in specific amounts, which will allow you to limit how much your child spends and removes the need for a credit/debit card to be used with their account.

**2-STEP VERIFICATION**

Roblox has a great 2-step verification security feature which we recommend you enable to add an extra layer of security to your child's account.

SOURCES

corp.roblox.com and press kit - All images shown belong to Roblox ©2018 Roblox Corporation. Roblox, the Roblox logo, Robux, Bloxy, and Powering Imagination are among our registered and unregistered trademarks in the U.S. and other countries.

## Safeguarding Page

Internet Watch Foundation (IWF) have launched a campaign to raise awareness of "self-generated" child sexual abuse material. In the last year, there has been an increase of 77% and is 33% of all child sexual abuse material identified and removed from the internet.

To help prevent the creation of this type of abusive imagery, a campaign has been launched by the [Internet Watch Foundation](#) (IWF) backed by the Home Office and Microsoft. It aims to help raise awareness of this type of criminality among parents and carers of young teens, empower and educate girls aged 11 to 13+ to spot the techniques used by sexual predators and give them the knowledge to Block, Report, Tell someone they trust.



**IWF**  
Internet  
Watch  
Foundation

### What can Parents and Carers Do?

Talk to your child about online predators. Start the conversation and listen to their concerns

Agree ground rules about the way you use technology as a family

Learn about the platforms and apps your child loves. Take an interest in their online life.

Know how to use the tools, apps and settings that can help to keep your child safe online

If you are worried about any of the issues on this page, please contact the school using [info@fva.clf.uk](mailto:info@fva.clf.uk)

## Naruto Alert



We have recently been alerted to a very popular Japanese anime cartoon on you tube and net flicks - Naruto

However, if parents have not installed or updated parental blocks, if a child was watching this, there are very accessible links to a Japanese pornographic web site "Henti" - Japanese pornography anime style - although cartoon style it is still very graphic and explicit. The site also links to "Porn hub" .

This is a reminder to check your parental locks are up to date on mobiles and on home devices.

Be aware and stay safe online.

## Digital Drop-ins from Google and Parent Zone

Google and Parent Zone's digital drop-ins are the ideal way to learn more about online safety. Delivered on YouTube and led by Parent Zone's experienced team, these sessions take a 360° look at a specific topic such as Cyberbullying or Sharing Carefully.

Protecting Personal Information    Monday 10 May 17.00pm    [Click Here](#)

Being Internet Brave    Friday 21 May 16.00pm    [Click Here](#)

Sharing Carefully    Wednesday 26 May 16.30pm    [Click Here](#)



# Academy Life in Pictures

Mr Motivator checked in to get the children up!



Year 5 are scientists identifying the chambers and valves in a heart.

Unique Voice joined Y5 and Y6 and the children explored discrimination and respect.



Chance2Shine provided us with a cricket taster session.



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)

