

Friday 25 June 2021

Mid Term 6 Newsletter



www.fromevaleacademy.clf.uk

Follow us on Twitter: @frome_vale

Value of the term: Humility

Learning behaviour: Curiosity

Term 6 has started with some beautiful weather enabling us to spend more time outside. With the better weather, all of our children will enjoy lunch times on the playing field where they can enjoy more space. Unfortunately with positive COVID cases rising in Bristol, it is important to ensure we all remain safe. Your support over the course of this year has been fabulous. We are still requesting face masks and social distancing for the rest of the term.

We are Curious

THE JAMES DYSON FOUNDATION

Are you ready for a challenge?
Can you skewer a balloon without popping it? Coat a nail in copper?
What happens when you plug a clock into a potato?
Click on the logo above to download challenge cards.

We are Humble



In this video, children will be reminded of the values of being humble in a child friendly way.
Click on the logo above.

We are Curious



For hundreds of years, humans have told stories about animals. Some of these help us learn about pets or creatures who live in the wild. Others introduce animals who talk like humans, wear clothes, have magic powers, go on picnics or drive fast cars. Now it's your turn. Click on the logo.

Move Up Day—13 July 2021

An exciting day that all the children really love—An opportunity to meet their new teacher, visit their new class and find out who they may be sitting next to!!!

Here is a sneaky peak at who will be your child(rens) teacher in September.

- Reception - Miss Pring
- Year 1 - Miss Butcher
- Year 2 - Miss Hall
- Year 3 - Miss Cerepanova
- Year 4 - Miss Buckman
- Year 5 - Mrs Pakrooh
- Year 6 - Mr Fossard



We are delighted to announce the safe arrival of a baby girl for Mr & Mrs Fossard. Iris arrived safely and just in time for the half term holiday. Mother and baby are both doing well.

Key Dates for your diary

Friday 2 July	INSET Day — no children at school
Week commencing 5 July	Sports Week
Week commencing 12 July	Y6 Activities Week
Tuesday 13 July	Move up Day
Wednesday 14 July	Bastille Day
Tuesday 20 July	Year 6 Graduation
Wednesday 21 July	Last Day of Term 6



It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

Sad Goodbyes

We have some goodbyes—Miss Chalmers and Miss Strachan will both be leaving us this term. They both wanted to send a very personal message to you all.

Miss Chalmers

Thank you everyone for your support and encouragement during my time at Frome Vale Academy. I will be leaving the school at the end of this academic year and will be moving onto a head of year role at Begbrook Primary Academy. I am excited to take on this new challenge within the Cabot Learning Federation. I will miss the wonderful children and families at FVA. I will also miss working alongside the team at Frome Vale. I wish you all well and hope everyone has a wonderful, relaxing summer holiday.

Happy Hello

Miss Hall will be joining the FVA Family in September. Miss Hall has sent us a personal message for all her new families.

I have been a teacher for 18 years and have taught nearly every age group in that time. I am currently working at a primary school in Bradley Stoke but am very pleased to be joining Frome Vale where I can be involved with lots of new and exciting things. I am a mum to 3 children, 1 in KS2 and twins in KS1. My favourite things are sport (especially rugby and swimming), being by the sea, singing, playing music and going for long walks in the countryside with my family and our dog. It will be wonderful to meet new children and families and play an important part in each child's school experience. When I came for a visit, the learning looked so much fun, so I am looking forward to getting to know my new class and all the other Frome Vale citizens who make the school special.



Miss Strachan

Since joining Frome Vale Academy in November 2018, I have felt privileged to work with the children and families in the Frome Vale community. At the end of this term, I will be moving on to a new role at Easton CE Primary School but want to take this opportunity to thank everyone at FVA, staff, children, and families for making each day here an absolute pleasure. I wish you all well for the future and hope you have a wonderful summer break.

Y6 Graduation

We are pleased to confirm that our Y6 children will get a Y6 Graduation Ceremony.

When: Tuesday 20 July 2pm

Who: 1 Adult per child

Book your place: [Click HERE](#) to book your space.



Wellbeing

Anxiety
Tuesday 29 June
12.30 -1.30pm

Exploring the way our minds can generate anxiety and how it can dominate our day. We'll look at different ways to relate to anxiety, leaving us with a bit more choice to pursue what matters to us. [Click Here](#)

Self Care
Thursday 8 July
12.30—1.30pm

Many times our own self-care can slip way down our to-do lists. Here we'll explore the cultivation of a compassionate attitude towards ourselves and our wellbeing. [Click Here](#)

Noticing
Tuesday 13 July

We can spend up to 47% of our waking hours on autopilot - where our body is in one place and our mind is elsewhere. Here we'll explore and practice different ways to connect with the here and now for our well-being [Click Here](#)

Morrisons Donates Books



We want to thank Morrisons for kindly donating 10 books called "Cedric the Seed" which tells the story of Cedric's journey into becoming a sunflower.

It is part of the Seeds of Hope campaign the chain recently launched along with their library in Fishponds Morrisons. If your child's books need a refresh, please do donate your books to the library and why not borrow new ones whilst you are there?



Great British Spring Clean

Thank you to all the families that joined in with our Frome Vale Family Environmental group challenge. We had the best weather for spring cleaning over the half term holiday as evidenced by three of our lovely spring cleaners.



School Uniform

Our school supplier is working hard to make sure that despite the challenges posed by international shipping issues caused by Brexit and Covid our families will be able to buy everything you need. Please ensure you book your appointment with them in July/early August to avoid disappointment. Alternatively all non-logo uniform can be purchased from most supermarkets.



Bug Des Res



Thanks to Tom our Premises Manager for creating an amazing bug hotel out of an old set of art drawers. We can't wait to see who or what checks in!!!

Sports Day



When: Week Commencing 5 July 2021

Who: All Children

What: Please ensure children have their PE kit in school every day during this week. Children will be taking part in lots of different events within their bubbles.

And: Please ensure your child has a water bottle each day and please ensure you put sunscreen on your child before they arrive at school.

Safety: Children will remain in their bubbles and sadly we will not be inviting families to watch.



New Sign

Please keep a look out for our lovely new sign that will be gracing the front of our school in the very near future. The concept for the sign was devised by our Frome Vale Academy EDI and community group and designed by our EDI pupil voice

Academy Life in Pictures

We are scientists—design a paper skeleton to protect our teacake organ.



We are geographers, where in the world...?



We are communicators—the children gave their Partner an algorithm in order to create 2 identical Robots.



We are environmentalists. Bug hotel creation.



We are motivated. Our FVA prize winner from the Big Run



You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click [Here](#)





Prize Draw

Morrisons have kindly donated 2 hampers of summer goodies for our last prize draw of the year. Please buy a ticket for your chance to win one. Just £1 per ticket with the prize draw taking place on Friday 16 July. Pop your correct money in an envelope with your child's name and class and drop the envelope in the black letterbox in the school main reception. Good Luck!



Well being Webinars for Bristol parents or carers

EDUCATIONAL PSYCHOLOGIST

WELLBEING WEBINARS

For Bristol parents & carers of children with SEND

ANXIETY

Exploring the way our world can sometimes frighten and how it can overwhelm our life. We'll look at different ways we can manage anxiety, taking in with a bit more control to manage what matters to us.

SELF-CARE

Many times our mind and heart can feel very down and so do feel. Here we'll explore the importance of a compassionate approach towards ourselves and our wellbeing.

BELONGING

We'll explore the many of ways and practical ways to feel that sense of belonging connection with others.

TAKEAWAY TECHNIQUES & TIME TO CONNECT WITH OTHER PARENTS & CARERS

- Online bite-sized sessions led by an experienced psychologist
- Standalone therapy - choose ones that interest you
- We recommend attending both sessions on each topic
- Choice of morning OR evening session times

Click dates to book

ANXIETY <small>MONDAYS 10-11AM +20.00 & 20.00</small> OR <small>TUESDAYS 7-8PM +20.00 & 20.00</small>	SELF-CARE <small>WEDNESDAYS 10-11AM +20.00 & 20.00</small> OR <small>THURSDAYS 7-8PM +20.00 & 20.00</small>	BELONGING <small>MONDAYS 10-11AM +20.00 & 20.00</small> OR <small>TUESDAYS 7-8PM +20.00 & 20.00</small>
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Contact: psychosocial@bristol.gov.uk or see information

EDUCATIONAL PSYCHOLOGIST

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NOTICING

We can spend up to 95% of our waking hours on automatic - where our body is in one place and our mind is elsewhere. We'll explore the importance of a compassionate approach towards ourselves and our wellbeing.

ENGAGING, PRACTICAL SESSIONS WITH TAKEAWAY TECHNIQUES

Online bite-sized sessions with an experienced psychologist. Standalone sessions, attend any or all webinars.

Click dates to book

ANXIETY <small>TUESDAY 23RD JUNE 12.30-1.30PM</small>	SELF-CARE <small>THURSDAY 25TH JUNE 12.30-1.30PM</small>	NOTICING <small>TUESDAY 16TH JULY 12.30-1.30PM</small>
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FLORA

(Families, Local Offer, Resources and Advice)



Unsure where to get support?

FLORA (Families, Local Offer, Resources and Advice) provides information, advice and signposting to support for families who are in the early stages of identifying that their child may have additional needs. The FLORA team can help families navigate the services and support that is available to them, their family and child.

If you have any questions, contact the team

Call: 0117 352 6020

Email: FLORA@bristol.gov.uk

Local Offer: <https://www.bristol.gov.uk/web/bristol-local-offer/advice-and-support-for-parents-and-carers>

 Bristol's SEND
Local Offer

