Friday 24 June 2022 **Mid Term 6 Newsletter**



www.fromevaleacademy.clf.uk

Follow us on Twitter: Ofrome vale

Value of the term: Forgiveness Learning behaviour: Curiosity

What an amazing start to the last term of this school year. Year 6 took public transport to the Hippodrome to watch Billionaire Boy, we've had class photos (these are available to buy), the children are getting ready to complete their moving up day (excited to find out who their teacher will be from September). We are busy planning One School, Many Worlds event and to welcoming you all to our Family Activity Day. We are also squeezing in our Year 6 residential camp from the 11 July. Hold on to your hats!

We Forgive



A video to open discussions about how to forgive aimed at children.

Click on the logo above.

We are Curious



Some easy steps to help your child become more curious . Embrace their inquisitiveness and understand it is part of their development.

Click on the logo above.

We Forgive



A website where people you know discuss how forgiving has helped them in their lives

Click on the logo above.

Summer Safety at FVA

We've been loving the recent warm weather and there is nowhere more beautiful than FVA in the sunshine. At this time of year we try to learn outside of the classroom as much as possible.



Please put sun cream on your child before school (we will not apply in school).

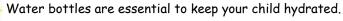


Ensure your child has a hat or cap for playtime or outside learning.





Children can wear school shorts or school summer dresses.





A website to help keep you safe in the sun.

Key Dates for your diary

Monday 27 June to Friday 1 July 2022

Friday 1 July 2022

Thursday 7 July 2022

Friday 8 July 2022

Monday 11 July to Friday 15 Ju;y 2022

Tuesday 19 July 2022

Thursday 21 July 2022

Monday 5 September 2022

Fitness Week

Family Active Day

One School, Many Worlds — Parents 2pm

Inset Day — School closed to pupils

Year 6 Residential Camp

Graduation Celebration —Year 6 — Parents 2pm

Last Day Term 6

First Day of Term 1







Frome Vale FVA Fitness Week—Dance

June 27th -July 1st is our fitness week and this year we are getting active through dance! We have a very exciting week planned, with all classes having opportunities to watch live dance performances and take part in a range of dance classes with professional instructors. Our aim is to inspire our children to get dancing and experience the health benefits of dance, both physically and mentally. There is also a **free** class for parents on Tuesday morning after morning drop off. Through the week, we will introduce children to traditional dance styles from around the world and most classes will experience the process of learning, perfecting and performing a choreographed routine in their dance style. This promises to be fantastic week, which will motivate the children and hopefully spark a life-long love of dance.

Tell us you are going to join in with the Family Active Day on Friday 1 July. Click <u>HERE</u>



	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Tap dancing shoes of varying sizes on loan all week for children to try out.	Adult Dance Class 9-10am Child dance class	Ballet Cheerleading Performance	Dance Display	Family Active Day
Year 1	Funk it up dance class	Adult Dance Class 9-10am Child dance class	Ballet Cheerleading Performance	Dance Display	Family Active Day
Year 2	Funk it up dance class Traditional Columbian dance performance and session to learn basic steps.	Adult Dance Class 9-10am Street envy dance performance and class	Cheerleading Performance	Dance Display	Family Active Day
Year 3	Funk it up dance class	Adult Dance Class 9-10am Street envy dance performance and class	Cheerleading Performance	Bristol Sport Street dance	Family Active Day
Year 4	Funk it up dance class Traditional Columbian dance performance and session to learn basic steps.	Adult Dance Class 9-10am Child dance class	Cheerleading Performance	Bristol Sport Street dance Pedometer challenge	Family Active Day
Year 5	BU Dance Funk it up dance class	Adult Dance Class 9-10am Child dance class	Cheerleading Performance	Bristol Sport Street dance Pedometer challenge	Family Active Day
Year 6	Funk it up dance class	Adult Dance Class 9-10am Child dance class	Cheerleading Performance Acro dance session	Bristol Sport Street dance Pedometer challenge	Family Active Day

Learning Outside the Classroom



Real-world learning brings the benefits of formal and informal education together and reinforces what good educationalists have always known: that the most meaningful learning occurs through acquiring knowledge and skills through real-life, practical or hands-on activities.

FVA has been working towards obtaining our LOtC accreditation over this academic year. We have an amazing amount of beautiful grounds that enables us to offer Forest School, archaeological digs, and scientific research to name just a few. We are very proud to announce that we have been awarded a Bronze award.

We are now working on achieving our silver!

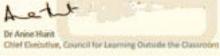




Frome Vale Academy

has been awarded LOtC Mark (Bronze) in recognition of:

- A communent to ensuring all learners have accessing codiquality, education experiences beyond the description.
- Engaging of an or one process to many frequent, continuous and process to the continuous and pro



LIMINEDCOOL

17/06/2002

17/06/2024

www.Jobc.org.uik



From Vale Academy IS TOP OF THE CLASS FOR LEARNING OUTSIDE THE CLASSFOOM

Frome Vale Academy in Brook has received national recognition for to co balang/searcing dubate the discretion (LOC) and has been provided the LOC Wall-(Brance) by the Council for Learning Outside the Classics

(Dr. Saunders), (Phrospal) at (Frome Visin Academy) said: "Serry avended LOSC Mark Offerency is a residence for all the sold and povernors here as it shows that we are really making lithtes in providing our pupils with judentially life-changing apportunities. We're British to get official recognition for our efforts, and we look forward to building on this award to help more children achieve their potential."

LOIC Mark is awarded by the Council for Learning Outside the Classroom, the nation for learning subside the classroom LOC is known to corestware agreedingly to raving danders and improving pupil's personal, social Exercisional development. It also contributes to the quarty and depth of learning (OFSTED, Learning Outside the Classics) How far should you go? 20060

Dr Anna Hurs, Chief Executive of CLOSC sald "Learning estable the classroom has ma proven educational banefits as well as providing some of the most memorable experiences in a drift's school He. Achieving LOE Mark (Bronze) demonstrates that Frome York Academy is committed to developing and delivering genumely valuable learning outside the dataroom expenences for their children and young people and I congrabilete them on

For more elements about LCtC Work, please with the News lite organishes. acceptations felt ment.

FVA Data Collection





The school has a responsibility to provide its pupils with a good education in a safe environment. It is necessary to collect personal data to enable the school to provide pupils with that education, to keep your child safe and to ensure you are kept informed of key achievements and information.

To ensure we comply with data protection legislation, we need to check your data each year.

Please help us to keep your child safe and to ensure that we are able to reach you at all times by completing this years FVA Data Collection form.

Click HERE

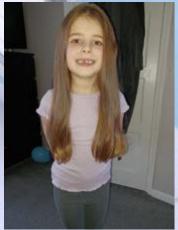
Bounceathon

Thank you to all the children who bounced so wonderfully and to all the parents, family and friends who sponsored our bouncers!

Through all your efforts we have raised a whopping £900. This money will be put towards some new outside play equipment to replace the rotting and damaged play equipment that we had to remove to keep everyone safe.

The new equipment will be installed in time for the Spring 2023.











One of our amazing pupils, Yasmin has selflessly had her beautiful long hair cut in order to donate to the Little Princess Trust.

Yasmin's donation of her hair will help those children and young people who are suffering from hair loss following cancer treatments or other hair loss conditions.

You can find out more about the Little Princess Trust by clicking on the logo above.

Yasmin was so excited to share her before and after photos and to hopefully inspire another to take the plunge for such a great cause.

Well Done Yasmin!



Community Support

Aspens our catering company want your feedback on their food offering in the school. Please click HERE or scan the QR code

Your feedback will help Aspens to improve their service to your children in our school







Bristol Family Cycling Centre is a cycle skills training facility, helping people of all ages and abilities to learn to ride a bike in a safe, traffic-free environment. We are located in Hengrove, on the former Whitchurch athletics track and run daily sessions to help encourage regular everyday cycling to improve riders confidence, health and fitness.

Click HERE to find out more





your expert team of local School Health Nurses.

Our webinars lasts between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.

ccho nhs uk/schoolnursewebinars



- · Keeping your child happy and healthy
 - Eating disorder awareness
- Healthy eating and physical activity
 Supporting your child's emotional

- Swep



Summer Reading Challenge

Bristol Libraries will be running the Summer Reading Challenge again this year with children being able to sign up online for the digital version and in person at libraries. This year the theme is science and the Challenge is called Gadgeteers.

Click HERE for this FREE event.





Online Safety

What Parents Need to Know!

Each newsletter we will provide a helpful fact page on an online game or issue. We know children will want to play online games with their friends and this can be a great way for children to have fun. However as you will be aware with every benefit there is also a disadvantage. Being aware of what these can be will help to keep your child safe.

At its fixed Online Safety, we believe in empresening presents, cores and invasid adults with the information to haid an informed personalize solice online safety with their children, should be personal the safety with their children, should be personal through the personalize safety with their safety safety and the large states and the safety with their safety safety safety and the safety s

What Parents & Carers Need to Know about

DISCORD

Discord is a free app which allows users to communicate in real time via text, video or voice chat. Available on desktop and mobile devices, it was originally designed to help gamers cooperate – but has evolved into a more general networking platform for a range of online communities, discussing topics like TV series, music, Web3 and more. Discord is organised around closed group, referred to as 'servers'. To join a server, users must be invited or provided with a unique link. It's a space for users to interact with friends, most others with shared interests and collaborate privately online – but it's also a place where young people can be exposed to risks if the right precautions aren't taken.



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Cyberbullying

Discord's new accessibility and consciously, undersonant with, unfortunotely, makes it an deal place for eyberbullying to occur especially as audio and video streams discopped once they've ended, meaning that bullying could lake place without leaving any evidence. Closed groups can also be treated, giving young people the apportunity to exclude their peers or send cruel mescages without adult oversight.



Like many private communication apps, obsciolar's real-time messaging can be difficult to control. The system enables centent moderation through each individual server - so different groups can set their cent rules for whet's acceptable, and some groups may not monitar for unsufficient and their centent sold of their centent sol

INAPPROPRIATE CONTENT

Discord mainty hosts private groups, making it eatier for unsuitable or explicit contents to be shared on channels. Pernography, racism and inappropriate longuage can be found in same groups. Server exhibit as required to add an age-restriction gate to channels where \$1 \text{#*} cantent is being shared \to but this solution isn't feetproof, as the planterm doesn't always verify users' ages when they sign up.

ACCESSIBLE TO PREDATORS

On many chall platforms, users can lie about their age or true identity - and Discourt is no exception. Predators have attempted to abuse the platform by using it to contact and communicate with underage users - by initially challing with a child on an age appropriate channel, for example.

cgs-oppropriate channel, for example, While Discord has improved its safety settings, some users will still by to bypose them for malicious reasons.

CRIMINAL ACTIVITY

of Service and Community
Outdefines to protect its users—
but, sadly, not everyone adheres to
them. Criminal activity including
grouning, hate speech, horosament,
explaintative content, stocking and
extremist or violent material have all
been found on Discord servers over the last
two years. In 2020, Discord received almost
27,000 reports of illegal activity on the
platform.

Advice for Parents & Carers

REVIEW SAFETY SETTINGS

Oiscord has a series of safety settings, enabling users to choose who can direct message them or send them friend requests. Your child's experience on Discord will be much safer if the app's privacy and safety settings are configured to only allow messages or friend requests from server members. This will minimise the chances of potential predators from outside the group contacting them.

MONITOR ONLINE ACTIVITY

It's wise to regularly review your child's activity on Discard. This can include checking their safety settings to ensure they're correctly enabled, talking about which servers they're (cliend and reviewing same of their friends and direct messages. Ask if anything has made them set uncomfortable or unsafe. Things can change quickly anline, so plan routine check-ins and follow up frequently.

EXPLAIN AGE FILTERING

While Discord requires users to be at least 13 to sign up, many servers geared towards older users are lagged as MSFW (not safe for work), which indicates they probably contain material that's inappropriate for children. It can be easy to click through settings without properly reviewing them, so ensure your child understands why age littering is important and that it's there to protect them.

DISCUSS GOOD ONLINE BEHAVIOUR

The anonymity affered by the internet aften leads people to communicate more openly online and behave differently than they would at school or home. It's crucial to bear in mind, though, that every internet user is still a real person. Talk to your child about the severe and lasting consequences that cyberbullying or eschanging inappropriate material online can have in the real world.

SCREEN OUT EXPLICIT CONTENT

In the privacy and safety settings, Discord users are offered the ability to littler discord users are offered the ability to littler discord users are offered the ability to littler discord make the property of the safety of

ILINE BEHAVIOUR HAVE CANDID CONVERSATIONS

It can sometimes be awkward to discuss topics like growning, pornography, racism or explicit content with your child - but it's important to ensure they're aware of the harms these things can pose. Talking openly about these subjects is a great way to help your child feel more comfortable about coming to you if they experience an unwanted encounter on Discord (or anywhere size online).

Meet Our Expert

Comm Crippe is a Canadian-born, London-based tech journalist of great Coon; a weeking a postalising in sit things Web3, garning and XX (extended reality). With a focus on brands and culture, she researches and writes about the ways that our current increasions—including the metaverse and Web3—are impacting people, praces and drings.







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Academy Life in Pictures We are Learners

Frome Vale Academy, learning outside the classroom

















You can stay in touch with what is happening at the academy by logging onto our Twitter feed.

Click Here



HILLFILEDS COMMUNITY GARDEN Summer Picnic

JUNE 25, 2022 12 PM - 3 PM HILLFIELDS PARK, THICKET AVE



GAMES & LIVE MUSIC KIDS ACTIVITIES CAKE COMPETITION

hillfieldscommunitygarden@gmail.com www.hillfieldsgarden.fishpondsbristol.uk



Free Cricket in the summer holidays





