

Friday 29 March 2024



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Value of the term **Courage**

Learning behaviour **Focus**



The Week Ahead Week 1 of Term 5

Date	What is Happening	Which classes	What you need to do
15 – 19 April 2024	Week 3 Aspens School Menu	ALL	Click HERE to see the Menu -discuss with child
15/4/24	Inset Day	ALL	School Closed to children
16/4/24	First Day Term 5	ALL	Ensure child is in school at 8.45am
16/4/24	PE	Year 2, Year 5	Please ensure your child is wearing their PE kit to School
17/4/24	PE	Year 1, Year 3, Year 6	Please ensure your child is wearing their PE kit to School.
17/4/24	Forest School	Year 4	Remember to bring wellies and coats if wet
18/4/24	Caerleon Trip	Year 5	Consent must be given HERE
18/4/24	SATs Booster Club	Invited children only	Club ends at 4.30pm—ensure child is collected on time
18/4/24	PE	Year 4,	Please ensure your child is wearing their PE kit to School
18/4/24	Forest School	Year 5	Postponed due to Trip Remember to bring wellies and coats if wet
19/4/24	Last day of 30 Day Fund Raising Challenge	ALL	Please click HERE for more information. Pop raised funds in a named envelope and give to teacher
19/4/24	PE	Year R, Year 1, Year 2	Please ensure your child is wearing their PE kit to School.
19/4/24	Swimming Lesson	Year 5	Ensure child brings swim kit, towel & goggles

The Big Brush Club Year R and Year 1 Consents Needed



Frome Vale Academy have joined the NHS programme to help the youngest children at FVA access supervised tooth brushing at school. This will begin in Term 5. Our staff are receiving the essential training to provide this supervision. Letters can be found on MCAS to seek parental consent for your child to take part in the programme.

More information about this initiative can be found [HERE](#)

It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

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The Week Ahead and beyond Week 1 Term 5

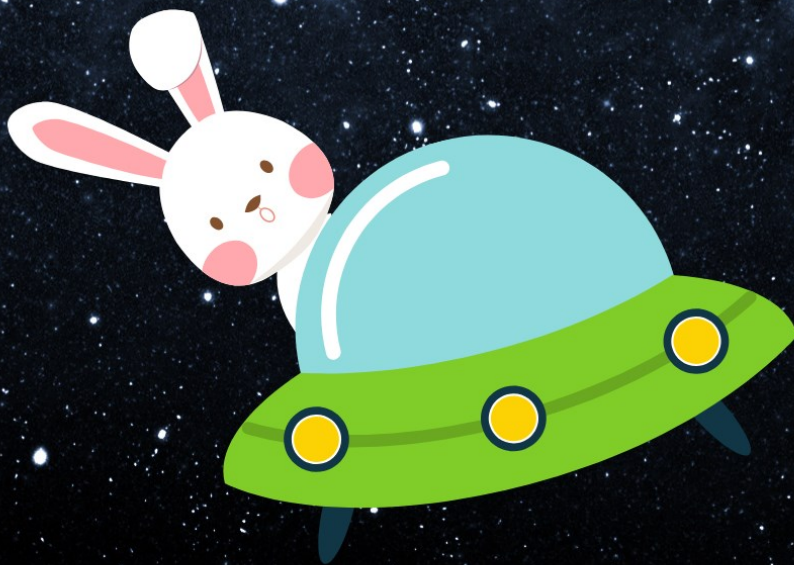
Event	Classes	Date	What you need to do
Inset Day	All	Monday 15 April 2024	School closed to Pupils
First Day Term 5	All	Tuesday 16 April 2024	Ensure child in school by 8.45am
Caerleon Trip	Year 5	Thursday 18 April 2024	Give Consent HERE
Swimming Lessons	Year 5	Friday 19 April 2024	Bring swimming costume and towel
Music Lessons Begin	Booked Children	Monday 22 April 2024	Ensure child is in school for 8.45am
EDI Afternoon of Learning	All	Monday 22 April 2024	Ramadan/Eid—parents can you help in anyway? Please speak with Dr Saunders
Walk and Wonder	Year R	Wednesday 24 April 2024	Remember to bring wellies and coats if wet
Swimming Lessons	Year 5	Friday 26 April 2024	Bring swimming costume and towel
Swimming Lessons	Year 5	Friday 3 May 2024	Bring swimming costume and towel
Bank Holiday	All	Monday 6 May 2024	School Closed
Swimming Lessons	Year 5	Friday 3 May 2024	Bring swimming costume and towel
Walk and Wonder	Year R	Wednesday 8 May 2024	Remember to bring wellies and coats if wet
The Matthew Trip	Year 3	Thursday 9 May 2024	Save the date—More information to follow
Pupil Voice Day	All	Thursday 9 May 2024	Ensure child in school by 8.45am
Swimming Lessons	Year 5	Friday 10 May 2024	Bring swimming costume and towel
SATs Week	Year 6	Monday 13 to Thursday 16 May 2024	Ensure child in school by NO LATER than 8.45am
Summer Census Day	All	Thursday 16 May 2024	Special Menu—TBC
Swimming Lessons	Year 5	Friday 17 May 2024	Bring swimming costume and towel
Fitness Week	All	Monday 20 to Friday 24 May	More information to follow—save the date
Walk and Wonder	Year R	Wednesday 22 May 2024	Remember to bring wellies and coats if wet
Open Door	All	Thursday 23 May 2024	Visit your child's class and see their books. 8.30am -8.50am
Mojo Active Trip	Year 3, Year 4, Year 5	Thursday 23 May 2024	More information click HERE
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Friday 24 May 2024	Child to wear PE kit today
Swimming Lessons	Year 5	Friday 24 May 2024	Bring swimming costume and towel
Last Day Term 5	All	Friday 24 May 2024	Non Uniform Day
First Day Term 6	All	Monday 3 June 2024	Ensure child in school by 8.45am
Noah's Ark Zoo Trip	Year 1, Year 2	Thursday 6 June 2024	Save the date—More information to follow
Walk and Wonder	Year R	Wednesday 12 June 2024	Remember to bring wellies and coats if wet
Class Photos	All	Tuesday 2 July 2024	Consent will need to be given—more info to follow
Open Door	All	Thursday 4 July 2024	Visit your child's class and see their books. 8.30am -8.50am

BUNNIES IN SPACE

Fun and crafts
at

Downend Library

Monday 8th April
10.30-11.30am



Most
suitable for
ages 4-9

Children must be accompanied by an adult

Look out for this booklet in your bookbags
 and join the 30 day challenge
 from 21st March – 19th April
 to Get Active for Frome Vale!
 (Don't forget to include your walk to school!)

Keep a record of how many miles you have walked/ scooted/ cycled each day (include everyone who joined you!)

Date	Mode(s) of transport	Total distance (miles)
21 st March		
22 nd March		
23 rd March		
24 th March		
25 th March		
26 th March		
27 th March		
28 th March		
29 th March		
30 th March		
31 st March		
1 st April		
2 nd April		
3 rd April		
4 th April		
5 th April		
6 th April		
7 th April		
8 th April		
9 th April		
10 th April		
11 th April		
12 th April		
13 th April		
14 th April		
15 th April		
16 th April		
17 th April		
18 th April		
19 th April		

Let's get active for Frome Vale Academy!

- 1) Keep a record of how many miles you have walked/ scooted/ cycled each day
- 2) Multiply by including family and friends (e.g. if you walked 1 mile with 4 other people that counts as 5 miles in total!)
- 3) Ask friends and family to sponsor you for the 30 day challenge to raise funds for the school
- 4) Return your form and any money raised by Friday 26th April

Our target is to reach a distance of 2,000 miles over the next 30 days, can we make it?

☺ Have fun and get active! ☺

Name	Amount sponsored (per mile/ per day)	Total collected



Please return the form and the money raised to your class teacher—Please ensure the child's name is on the envelope, and the money is secure to avoid any losses. Thank you for your support.

NEW MENU

2023 2024 Spring Menu


Available from 19 February 2024

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL Week 1

Spring/Summer 2024:
19/2, 11/3, 1/4, 22/4, 13/5, 3/6, 24/6, 15/7

DAY	THE MAIN EVENT	MEAT-FREE MAGIC Vegetarian Dish	RAINBOW ALLEY Vegetables and Salads	BIG TOPPING Fried Jacket	DESSERT TROLLEY	SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY
MONDAY	Beef Burger & Hand Cut Potato Wedges	Homemade Veggie Burger & Hand Cut Potato Wedges	Sweetcorn	Jacket Potato with Beans or Cheese or both	Fresh Melon & Pineapple Sticks	 <p>AVAILABLE EVERY DAY</p> <p>Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese</p>
TUESDAY	Margherita Pizza Slice	Veggie Pepper & Mushroom Pizza Slice	Coleslaw & Salad	Jacket Potato with Tuna Mayo or Cheese	Strawberry Frozen Yoghurt	
WEDNESDAY	Roast Chicken, Stuffing, Roast Potatoes & Gravy	Cauliflower & Broccoli Cheddar Bake with Roast Potatoes	Carrots & Peas	Jacket Potato with Beans or Cheese or both	Tutti Frutti Jelly Pots	
THURSDAY	Homemade Sausage Roll with New Potatoes & Tomato Sauce	Wholegrain Summer Vegetable Paella	Green Beans	Jacket Potato with Cheese or Chicken Mayo	Carrot Peeling Cake	
FRIDAY	Golden Fish Fingers or Salmon Fingers & Chips	Homemade Cheesy Leek Sausage & Chips	Baked Beans	Jacket Potato with Beans or Cheese or both	Marble Cookies	


T1

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL Week 2

Spring/Summer 2024:
26/2, 18/3, 8/4, 29/4, 20/5, 10/6, 1/7, 22/7

DAY	THE MAIN EVENT	MEAT-FREE MAGIC Vegetarian Dish	RAINBOW ALLEY Vegetables and Salads	BIG TOPPING Fried Jacket	DESSERT TROLLEY	SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY
MONDAY	Hot Dog & Hand Cut Potato Wedges	Veggie Sausage & Cheese Hot Dog & Hand Cut Potato Wedges	Sweetcorn	Jacket Potato with Beans or Cheese or both	Classic Apple Crumble & Custard	 <p>AVAILABLE EVERY DAY</p> <p>Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese</p>
TUESDAY	Margherita Pizza Slice	Pineapple Topped Pizza Slice	Potato Salad & Garden Salad	Jacket Potato with Tuna Mayo or Cheese	Orange Jelly & Clementine Slices	
WEDNESDAY	Roast Gammon or Halal Chicken Roast Potatoes & Gravy	Cheese & Onion Filo Pie with Roast Potatoes	Carrots & Peas	Jacket Potato with Beans or Cheese or both	Vanilla Ice Cream	
THURSDAY	Baked Mac & Cheese	Veggie Whole Grain Pasta Bolognese	Broccoli	Jacket Potato with Cheese or Chicken Mayo	Old School Cake & Sprinkles	
FRIDAY	Golden Fishcake & Chips	Cheesy Bean Wrap	Baked Beans	Jacket Potato with Beans or Cheese or both	Maple Oat Cookies	


T1

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL Week 3

Spring/Summer 2024:
4/3, 25/3, 15/4, 6/6, 27/6, 17/6, 8/7, 29/7

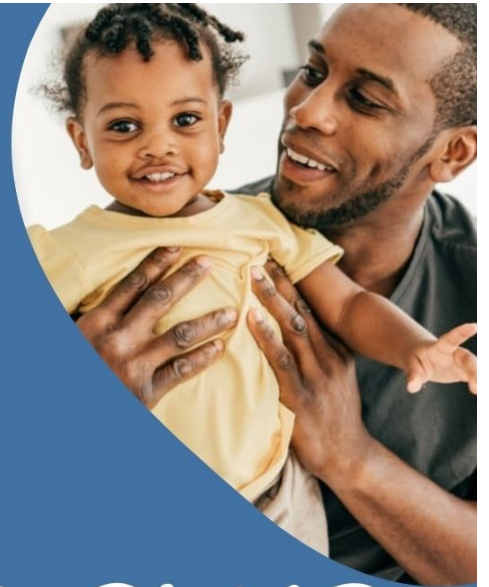
DAY	THE MAIN EVENT	MEAT-FREE MAGIC Vegetarian Dish	RAINBOW ALLEY Vegetables and Salads	BIG TOPPING Fried Jacket	DESSERT TROLLEY	SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY
MONDAY	Bangers, Mash & Beans	Veggie Bangers, Mash & Beans	Baked Beans	Jacket Potato with Beans or Cheese or both	Vanilla Shortbread	 <p>AVAILABLE EVERY DAY</p> <p>Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese</p>
TUESDAY	Cheese & Tomato Pita Pizza with Wholemeal Rice Salad	Cheesy BBQ Pizza Pinwheel Swirl with Wholemeal Rice Salad	Carrot Sticks	Jacket Potato with Tuna Mayo or Cheese	Cinnamon Apple Cupcake	
WEDNESDAY	Roast Pork or Halal Chicken, Roast Potatoes & Gravy	Root Vegetable Bean Stew & Roast Potatoes	Steamed Mixed Greens	Jacket Potato with Beans or Cheese or both	Strawberry Jelly	
THURSDAY	Creamy Chicken & Sweetcorn Pie with New Potatoes	Cheese & Potato Pie with New Potatoes	Summer Vegetables	Jacket Potato with Cheese or Chicken Mayo	Jammy Crumble Bar	
FRIDAY	Golden Fish Fingers & Chips	Veggie Finger & Chips	Baked Beans	Jacket Potato with Beans or Cheese or both	Sweet Potato Brownie	

T1



LIFE CHURCH
BRISTOL

Vassall
Centre



TEA AND TOTS CLUB

WEDNESDAYS 9.30 - 11AM

THE VASSALL CENTRE

Come along with your little ones to enjoy time together and meet others - with singing, playtime, storytime and games. Ages 0-4, everyone welcome!



Email office@vassallcentre.org.uk, call 0117 930 0301 or drop in with any questions.