

# Friday 1 March 2024



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

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Value of the term    Loyalty  
Learning behaviour    Resilience



## The Week Ahead Week 3 of Term 4

Date	What is Happening	Which classes	What you need to do
4 – 8 Mar 2024	Week 3 <b>NEW</b> Aspens School Menu	ALL	Click <a href="#">HERE</a> to see <b>NEW</b> Menu -discuss with child
4/3/24	NSPCC Workshops	Year 2 and Year 5	Please ensure your child is in school at 8.45am
4/3/24	Love of Learning After School Club	Booked Children Only	Ensure you collect child at 4.15pm
4/3/24	PE	Year 3, Year 6	Please ensure your child is wearing their PE kit to School
5/2/24	Menu Change	ALL	Please see Thursday food choice on the Menu. Click <a href="#">HERE</a>
5/3/24	PE	Year 2, Year 5	Please ensure your child is wearing their PE kit to School
5/3/24	Spelling and Numbots After School Club	Booked Children Only	Ensure you collect child at 4.30pm
6/3/24	Downend Library Visit	Year 1	Ensure child has coat, wellies, gloves and hat
6/3/24	PE	Year 1, Year 3, Year 6	Please ensure your child is wearing their PE kit to School.
6/3/24	Forest School	Year 4	Remember to bring wellies and coats if wet
7/3/24	World Book Day	ALL	Dress as a book character if you want to
7/3/24	Special Menu for World Book Day	ALL	Click <a href="#">HERE</a> for special menu
7/3/24	PE	Year 4, Year 5	Please ensure your child is wearing their PE kit to School
7/3/24	Forest School	Year R	Remember to bring wellies and coats if wet
8/3/24	Pupil Parliament	Chosen Children	Please ensure your child is in school at 8.45am
8/3/24	PE	Year R, Year 1, Year 2	Please ensure your child is wearing their PE kit to School. <b>(No Year 5 Swimming)</b>

Please complete the questionnaire about the state of Dentistry in Bristol

[Click HERE](#)



Please register your child for Music Lessons with Totally RAD

[Click HERE](#)



**It is essential that we have your correct email address and mobile telephone number in order to support you.**

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

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## The Week Ahead and beyond Week 3 Term 4

Event	Classes	Date	What you need to do
NSPCC Workshops	Year 2, Year 5	Monday 4 March 2024	Ensure child in school by 8.45am
Menu Change	All	Tuesday 5 March 2024	Today is Thursday's Menu choices. Click <a href="#">HERE</a>
Downend Library Visit	Year 1	Wednesday 6 March 2024	More information to follow
World Book Day Dress Up	All	Thursday 7 March 2024	Dress up as a book character if you want (no pressure to do this)
Menu Change for World Book Day	All	Thursday 7 March 2024	Special Menu today . Click <a href="#">HERE</a>
Parents Evenings	Year R, Year 2, Year 3, Year 4, Year 5, Year 6	Tuesday 12 March 2024	Booking now live in MCAS Click <a href="#">HERE</a>
Walk and Wonder	Year R	Wednesday 13 March 2024	Ensure have coats , wellies, hat and gloves
Parents Evenings	All	Wednesday 13 March 2024	Booking now live in MCAS Click <a href="#">HERE</a>
Parents Evenings	Year 1	Thursday 14 March 2024	Booking now live in MCAS Click <a href="#">HERE</a>
BART Workshops	Year 5	Thursday 14 March 2024	Ensure child in school by 8.45am
Dogs Trust Visit	ALL	Monday 18 and Tuesday 19 March	Ensure child in school by 8.45am
UWE Engineering Workshop	Year 2	Wednesday 20 March 2024	Ensure child in school by 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Friday 22 March 2024	Ensure child is wearing PE kit
Spelling Bee	Year 1, Year 2, Year 3, Year 4, Year 5, Year 6	Wednesday 27 March 2024	Ensure child in school by 8.45am
Walk and Wonder	Year R	Wednesday 27 March 2024	Ensure have coats , wellies, hat and gloves
Last Day Term 4	All	Thursday 28 March 2024	Non Uniform Day
Inset Day	All	Monday 15 April 2024	School closed to Pupils
First Day Term 5	All	Tuesday 16 April 2024	Ensure child in school by 8.45am
Caerleon Trip	Year 5	Thursday 18 April 2024	Save the date. More information to follow
Swimming Lessons	Year 5	Friday 19 April 2024	Bring swimming costume and towel
Swimming Lessons	Year 5	Friday 26 April 2024	Bring swimming costume and towel
Bank Holiday	All	Monday 6 May 2024	School Closed
The Matthew Trip	Year 3	Thursday 9 May 2024	Save the date—More information to follow
Swimming Lessons	Year 5	Friday 10 May 2024	Bring swimming costume and towel
SATs Week	Year 6	Monday 13 to Thursday 16 May 2024	Ensure child in school by <b>NO LATER</b> than 8.45am
Mojo Active Trip	Year 3, Year 4, Year 5	Thursday 23 May 2024	More information to follow—save the date



# World book day menu

Paddington Bear marmalade,  
glazed sausage and mash with  
Peter rabbit's veg patch  
carrots and peas

Or

Vegetarian Cat in the Hat  
green egg frittata

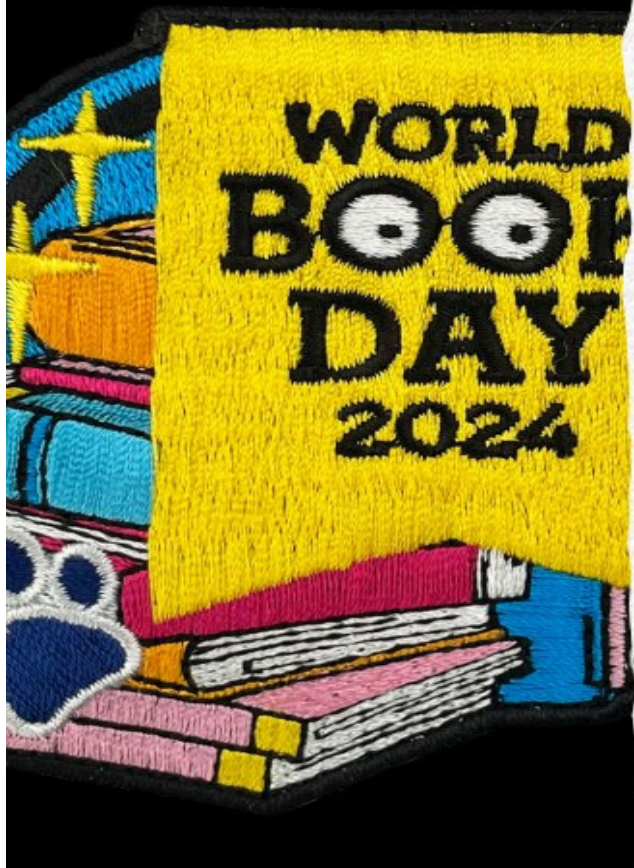
Or

Halal Paddington Bear  
marmalade, glazed sausage  
and mash with Peter rabbit's  
veg patch carrots and peas

Followed by

Willy Wonka's chocolate  
brownie

Menu designed by Year 6 pupils



# Easter Holiday Club Frome Vale Academy

WEEK PASSES ● DAY PASSES ● HALF DAY PASSES



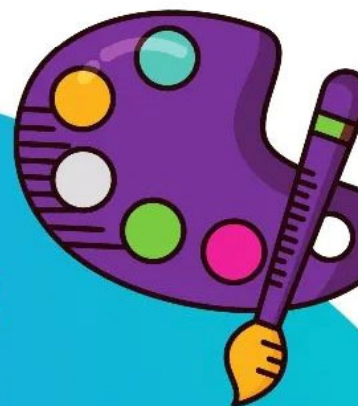
EASTER

2024

2 - 12 April

We offer funded and  
private spaces

Easter egg hunts  
Chocolate experiments  
Mousse making



[www.bizzykidzclub.com](http://www.bizzykidzclub.com)

Click **HERE** for more information

# Have your say!



## Hello Parents and Carers



Bristol City Council would like to know if your wrap around childcare (before or after school) is meeting your needs.

Please complete this quick survey. It's completely anonymous.

<https://forms.office.com/e/Nuv0CftB6i>

If you have a smart phone, open your camera and focus on the QR code to go straight to the survey!

Thank you, Bristol City Council

The council are trying to understand need for before and after school care—be part of the conversation.

**To be completed by 6 March 2024**

# NEW MENU

## 2023 2024 Spring Menu


### Available from 19 February 2024

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

TRADITIONAL Week 1

Spring/Summer 2024:  
19/2, 11/3, 1/4, 22/4, 13/5, 3/6, 24/6, 15/7

DAY	THE MAIN EVENT	MEAT-FREE MAGIC Vegetarian Dish	RAINBOW ALLEY Vegetables and salads	BIG TOPPING Pasta Jackdarts	DESSERT TROLLEY	SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY
MONDAY	Beef Burger & Hand Cut Potato Wedges	Homemade Veggie Burger & Hand Cut Potato Wedges	Sweetcorn	Jacket Potato with Beans or Cheese or both	Fresh Melon & Pincapple Sticks	 <p>AVAILABLE EVERY DAY</p> <p>Topped Pasta Hot Pasta topped with Homemade Tomato Sauce &amp; Cheese</p>
TUESDAY	Margherita Pizza Slice	Veggie Pepper & Mushroom Pizza Slice	Coleslaw & Salad	Jacket Potato with Tuna Mayo or Cheese	Strawberry Frozen Yoghurt	
WEDNESDAY	Roast Chicken, Stuffing, Roast Potatoes & Gravy	Cauliflower & Broccoli Cheddar Bake with Roast Potatoes	Carrots & Peas	Jacket Potato with Beans or Cheese or both	Tutti Frutti Jelly Pots	
THURSDAY	Homemade Sausage Roll with New Potatoes & Tomato Sauce	Wholegrain Summer Vegetable Paella	Green Beans	Jacket Potato with Cheese or Chicken Mayo	Carrot Peeling Cake	
FRIDAY	Golden Fish Fingers or Salmon Fingers & Chips	Homemade Cheesy Leek Sausage & Chips	Baked Beans	Jacket Potato with Beans or Cheese or both	Marble Cookies	


T1

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

TRADITIONAL Week 2

Spring/Summer 2024:  
25/2, 18/3, 8/4, 29/4, 20/5, 10/6, 1/7, 22/7

DAY	THE MAIN EVENT	MEAT-FREE MAGIC Vegetarian Dish	RAINBOW ALLEY Vegetables and salads	BIG TOPPING Pasta Jackdarts	DESSERT TROLLEY	SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY
MONDAY	Hot Dog & Hand Cut Potato Wedges	Veggie Sausage & Cheese Hot Dog & Hand Cut Potato Wedges	Sweetcorn	Jacket Potato with Beans or Cheese or both	Classic Apple Crumble & Custard	 <p>AVAILABLE EVERY DAY</p> <p>Topped Pasta Hot Pasta topped with Homemade Tomato Sauce &amp; Cheese</p>
TUESDAY	Margherita Pizza Slice	Pineapple Topped Pizza Slice	Potato Salad & Garden Salad	Jacket Potato with Tuna Mayo or Cheese	Orange Jelly & Clementine Slices	
WEDNESDAY	Roast Gammon or Halal Chicken Roast Potatoes & Gravy	Cheese & Onion Filo Pie with Roast Potatoes	Carrots & Peas	Jacket Potato with Beans or Cheese or both	Vanilla Ice Cream	
THURSDAY	Baked Mac & Cheese	Veggie Whole Grain Pasta Bolognese	Broccoli	Jacket Potato with Cheese or Chicken Mayo	Old School Cake & Sprinkles	
FRIDAY	Golden Fishcake & Chips	Cheesy Bean Wrap	Baked Beans	Jacket Potato with Beans or Cheese or both	Maple Oat Cookies	


T1

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

TRADITIONAL Week 3

Spring/Summer 2024:  
4/3, 25/3, 15/4, 6/5, 27/5, 17/6, 8/7, 29/7

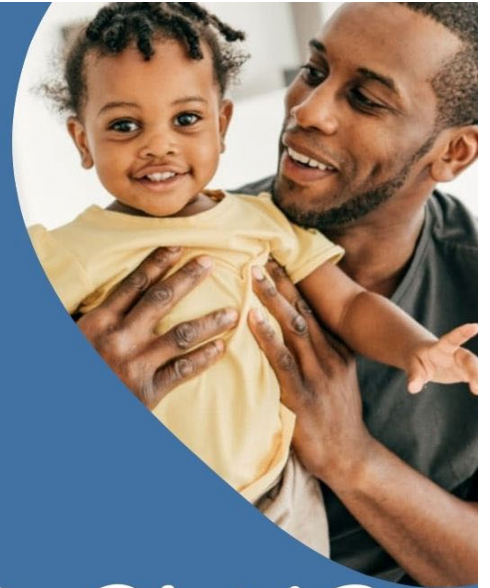
DAY	THE MAIN EVENT	MEAT-FREE MAGIC Vegetarian Dish	RAINBOW ALLEY Vegetables and salads	BIG TOPPING Pasta Jackdarts	DESSERT TROLLEY	SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY
MONDAY	Bangers, Mash & Beans	Veggie Bangers, Mash & Beans	Baked Beans	Jacket Potato with Beans or Cheese or both	Vanilla Shortbread	 <p>AVAILABLE EVERY DAY</p> <p>Topped Pasta Hot Pasta topped with Homemade Tomato Sauce &amp; Cheese</p>
TUESDAY	Cheese & Tomato Pita Pizza with Wholemeal Rice Salad	Cheesy BBQ Pizza Pinwheel Swirl with Wholemeal Rice Salad	Carrot Sticks	Jacket Potato with Tuna Mayo or Cheese	Cinnamon Apple Cupcake	
WEDNESDAY	Roast Pork or Halal Chicken, Roast Potatoes & Gravy	Root Vegetable Bean Stew & Roast Potatoes	Steamed Mixed Greens	Jacket Potato with Beans or Cheese or both	Strawberry Jelly	
THURSDAY	Creamy Chicken & Sweetcorn Pie with New Potatoes	Cheese & Potato Pie with New Potatoes	Summer Vegetables	Jacket Potato with Cheese or Chicken Mayo	Jammy Crumble Bar	
FRIDAY	Golden Fish Fingers & Chips	Veggie Finger & Chips	Baked Beans	Jacket Potato with Beans or Cheese or both	Sweet Potato Brownie	

T1



LIFE CHURCH  
BRISTOL

Vassall  
Centre



# TEA AND TOTS CLUB

## WEDNESDAYS 9.30 - 11AM

### THE VASSALL CENTRE

Come along with your little ones to enjoy time together and meet others - with singing, playtime, storytime and games. Ages 0-4, everyone welcome!



Email [office@vassallcentre.org.uk](mailto:office@vassallcentre.org.uk), call 0117 930 0301 or drop in with any questions.