Friday 10 February 2023



www.fromevaleacademy.clf.uk

Follow us on Twitter: Qfrome_vale

Value of the term: Resilience Learning behaviour: Responsibility

The Week Ahead Week 1 of Term 4 Useful dates for your diary!

Date	What is Happening	Which classes	What you need to do
20/2/23	Inset Day	ALL	Closed to all pupils
21/2/23	First Day School	ALL	Ensure child in school from 8.45am
21-24 Feb 23	Week 1 Aspens School Menu	ALL	NEW MENU Click <u>HERE</u> to see Menu -discuss with child
21/2/23	Music Day	ALL	Ensure child in school from 8.45am
21/2/23	PE	Year 3, Year 4, Year 5, Year 6	Ensure PE kit is in school
21/2/23	Before and After School Club Love of Learning ALL Years	Booked Children Only	From 8am to 8.30am or after school. Collect child at 4.15pm
21/2/23	Scooter Tuesday	ALL	8.30am—Remember your scooter and helmet
22/2/23	Violin Lessons	Year 4	Ensure child in school from 8.45am
22/2/23	Walk and Wonder	Year R	Ensure child in school at 8.45am Remember to bring wellies, coats and gloves
22/2/23	PE	Year R, Year 1, Year 3,	Ensure PE kit is in school
22/2/23	Story Time	ALL	Postponed until Heather returns to work
23/2/23	Forest School	Year R	Remember to bring wellies, coats and gloves
23/2/23	PE	Year 4, Year 5	Ensure PE kit is in school
24/2/23	PE	Year 2, Year 3, Year 6	Ensure PE kit is in school
24/2/23	Forest School	Year 2	Please ensure coats, wellies, gloves are in school

Friday 10 February 2023



www.fromevaleacademy.clf.uk

Follow us on Twitter: Qfrome_vale

Value of the term: Resilience Learning behaviour: Responsibility

The Week Ahead and beyond Week 6 Term 3

Event	Classes	Date	What you need to do
Monday Sing	All	Every Monday from 8.30am to 8.45am	Join Mrs Hall in the main hall for a sing-a-long
Story Time	All	Every Wednesday from 8.30am to 8.45am	Join Mrs Dawson in the main hall where she will be reading a story.
Inset Day	All	Monday 20 February 2023	School closed to all pupils
First Day Term 4	All	Tuesday 21 February 2023	Ensure your child is in school at 8.45am
Parent Reading Event	Year 1	Wednesday 22 February 2023	Come and read with your child in their class from 8.30am to 8.55am
Share a Story	All	Monday 27 February 2023	Come into class and share a book with your child
Book Swap	All	Tuesday 28 February 2023	Swap a book you have read for a new one 3.30pm to 4pm
World Book Day	All	Wednesday 1 March 2023	Dress as a book character
Library Visit	Year 1, Year 2, Year 6	Wednesday 1 March 2023	Save the date—more info to follow
Library Visit	Year 3, Year 4, Year 5	Wednesday 1 March 2023	Save the date—more info to follow
Swimming Lesson	Year 5	Friday 3 March 2023	Save the date—more info to follow
Library Visit	Year R	Wednesday 8 March 2023	Save the date—more info to follow
Music Event	All	Thursday 9 March 2023	Save the date—more info to follow
Swimming Lesson	Year 5	Friday 10 March 2023	Save the date—more info to follow
School Disco	Year R, Year 1, Year 2	Tuesday 14 March 2023	Save the date—more info to follow
Parent Reading Event	Year 1	Wednesday 15 March 2023	Come and read with your child in their class from 8.30am to 8.55am
Swimming Lesson	Year 5	Friday 17 March 2023	Save the date—more info to follow
Last Day Term 4	All	Friday 31 March 2023	Non school uniform day—bring £1 if you can



MONIDAY





[DID IV

THURSDAY

LUNCH WEEKI MENU

THEFT



MAIN EVENT



MEAT-FREE MAGIC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef & Hidden Veg Whole Grain Pasta Bolognese Green Salad	Bangers & Mash Green Beans	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	Mexican Chicken Wrap Oven Baked Wedges Broccoli & Salsa	Golden Fish Fingers (Salmon or Pollock) Chips Peas
Cheese & Tomato Pitta Pizza Green Salad	Veggie Bangers & Mash Green Beans	Cheese & Tomato Quiche Roasties Fresh Veg	Bean & Sweetcorn Burrito Oven Baked Wedges Broccoli & Salsa	Carrot & Hummus Bagel Chips Peas
Halal Beef & hidden Veg Wholegrain Pasta Bolognaise Green Salad	Halal Chicken Bangers & Mash Green Beans	Halal Roast Chicken & stuffing Roasties Fresh Veg & Gravy	Halal Mexican Chicken Wrap, Oven Baked Wedges Broccoli & Salsa	

MEDALECDAY



BIG TOPPING



PICK AND MIX



DESSERT TROLLEY

Crispy Skin Jackets with Tasty Toppings

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Pineapple &	Carrot	Marble	Jelly &	Oat
Chocolate Sauce	Cake	Sponge Cake	Fruit	Cookie
	Fresh fruit and	l yoghurt and bread availa	ble every day.	







LUNCH WEEK 2 MENU



MAIN EVENT



MEAT-FREE MAGIC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza Carrot & Sultana Salad	Beef Burger in a Bun Wedges Sweetcorn	Roast Gammon Roasties Fresh Veg & Gravy	Chicken Curry Whole Grain Rice Coconut Cabbage	Golden Fish Fingers (Salmon or Pollock) Chips Beans
Mac n Cheese Carrot & Sultana Salad	Veggie Burger in a Bun Wedges Sweetcorn	Summer Veg Tart Roasties Fresh Veg & Gravy	Sweet Vegetable Curry Whole Grain Rice Coconut Cabbage	Cheesy Bean Wrap Chips
	Halal Beef Burger in a Bun Wedges Sweetcorn	Halal Roast Beef Roasties Fresh Veg & Gravy	Halal Chicken Curry Whole Grain Rice Coconut Cabbage	



BIG TOPPING



PICK AND MIX



DESSERT TROLLEY

Crispy Skin Jackets with Tasty Toppings

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Apple	Vanilla	Chocolate	Peaches	Lemon
Crumble	Cup Cake	Brownie	& Ice Cream	Cookie
	Fresh fruit and y	oghurt and bread av	ailable every day.	







Spring / Summer 2023: 6/3, 27/3, 17/4, 8/5, 29/5, 19/6, 10/7, 31/7

LUNCH WEEK 3 MENU



MAIN EVENT



MEAT-FREE MAGIC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese & Tomato Baguette Pizza Sweetcorn	All In One Sausage & Cheesy Potato Bake Carrots	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	Pineapple Chicken Whole Grain Rice Five Spice Cauliflower	Golden Fish Fingers (Salmon or Pollock) Chips Beans
Veggie Bolognese Whole Grain Pasta Sweetcorn	All In One Veggie Sausage & Cheesy Potato Bake Carrots	Carrot & Stuffing Pastry Plait Roasties Fresh Veg & Gravy	Chinese Omelette Whole Grain Rice Five Spice Cauliflower	Vegetable Fingers Chips Beans
	Halal All in One Chicken Sausage & Cheesy Potato Bake Carrots	Halal Roast Chicken & Stuffing, Roasties Fresh Veg & Gravy	Halal Pineapple Chicken, Wholegrain Rice, Five Spice Cauliflower	



BIG TOPPING



PICK AND MIX



DESSERT TROLLEY

Crispy Skin Jackets with Tasty Toppings

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Banoffee
Dessert

Vanilla Sprinkle Sponge Citrus Rice Crispie Cake Apple Sponge Cake

Flapjack

Fresh fruit and yoghurt and bread available every day.