

Friday 12 July 2024



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Value of the term Forgiveness
Learning behaviour Curiosity



The Week Ahead Week 7 of Term 6

| Date | What is Happening | Which classes | What you need to do |
|-------------------|--|--------------------------------|--|
| 15 - 19 July 2024 | Week 1 Aspens School Menu | ALL | Click HERE to see Menu -discuss with child |
| 15/7/24 | Menu Change— Sausage Rolls today—see Thursdays options | ALL | Ensure children are aware of the menu change |
| 15/7/24 | Whole School Move up | ALL | Children visit their new class and Teacher |
| 15/7/24 | Meet the Teacher | ALL | 3.30pm - Come and meet your child's new teacher |
| 15/7/24 | Stay and Play for NEW Year R children | ALL | Bring your child at 1.30pm and collect at 2.45pm |
| 15/7/24 | PE | Year 6 | Please ensure your child is wearing their PE kit to School |
| 15/7/24 | Piano Lessons | Booked Children Only | Ensure child in school for 8.45am |
| 15/7/24 | Love of Learning After School Club | Booked Children Only | Ensure you collect child at 4.15pm |
| 16/7/24 | Guitar Lessons | Booked Children Only | Ensure child in school for 8.45am |
| 16/7/24 | PE | Year 2, Year 5, | Please ensure your child is wearing their PE kit to School |
| 16/7/24 | Dance After School Club | Booked Children Only | Ensure you collect child at 4.30pm |
| 17/7/24 | Downend Library Visit | Year 1 | Ensure child appropriately dressed for the weather |
| 17/7/24 | Big Dance Showcase | Invited children only | Ensure child is in PE kit |
| 17/7/24 | PE | Year 1, Year 3, Year 4 | Please ensure your child is wearing their PE kit to School. |
| 17/7/24 | Forest School | Year 6 | Ensure wellies, coats, hats for outdoor activity (depending on weather) |
| 17/7/24 | Basketball After School Club | Booked Children Only | Ensure you collect child at 4.30pm |
| 18/7/24 | Graduation | Year 6 | See your child Graduate at 2pm Book your spaces HERE |
| 18/7/24 | PE | Year 4, Year 5 | Please ensure your child is wearing their PE kit to School |
| 18/7/24 | Football After School Club | Booked Children Only | Ensure you collect your child at 4.45pm |
| 18/7/24 | Menu Change— Beefburgers today—see Mondays options | ALL | Ensure children are aware of the menu change. Our Year 6 children wanted this for their Graduation Day |
| 19/7/24 | PE | Year R, Year 1, Year 2, Year 3 | Please ensure your child is wearing their PE kit to School. |
| 19/7/24 | Dance | Year 6 | Please ensure your child is wearing their PE kit to School. |

It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

Friday 5 July 2024



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Value of the term **Forgiveness**

Learning behaviour **Curiosity**

The Week Ahead and beyond Week 7 Term 6

| Event | Classes | Date | What you need to do |
|--------------------------------------|------------------------------|--------------------------------------|---|
| Stay and Play and Moving Up | 2024 YR NEW children and ALL | Monday 15 July 2024 | New Reception children starting in September 2024. Visit your new class and meet the teacher |
| Big Dance Showcase | TBC | Wednesday 17 July 2024 | More information to follow |
| Downend Library Visit | Year 1 | Wednesday 17 July 2024 | Ensure child in school for 8.45am |
| Year 6 Graduation | Year 6 | Thursday 18 July 2024 | More information to follow |
| Tea with Mrs D | All | MONDAY 22 July 2024 | More information HERE |
| Menu Change | All | Tuesday 23 July 2024 | Pizza and Fries |
| Last Day of Term 6 | All | Tuesday 23 July 2024 | Non Uniform Day—Pay £1 if you can |
| First Day of Term 1 | Year 1 to Year 6 | Thursday 5 September 2024 | Ensure child in school for 8.45am |
| First Day for New Year R | Year R | Thursday 5 & Friday 6 September 2024 | Groups of children to attend independently. Times/dates for your child TBC |
| Year R in school all morning | Year R | Monday 9 September 2024 | Every Year R child in school until 1.30pm |
| Year R in school all day | Year R | Monday 16 September 2024 | Every Year R child in school until 3.30pm |
| Bikeability | Year 5 | Monday 7 and Tuesday 8 October 2024 | Save the date—more information to follow |
| Lifeskills Trip | Year 6 | Thursday 10 October 2024 | Save the date: More information to follow |
| Flu Immunisation | All | Wednesday 16 October 2024 | Save the date: More information to follow |
| Last Day Term 1 | All | Wednesday 23 October 2024 | Non Uniform Day—£1 donation if you can |
| First Day Term 2 | All | Monday 4 November 2024 | All children in school for 8.45am |
| School Photo Day | All | Wednesday 27 November 2024 | Save the date: More information to follow |
| Open Event for new Reception Parents | All | Thursday 12 December 2024 | Opportunity to look around the school for parents of children who will be starting school in September 2025 |
| Last Day Term 2 | All | Friday 20 December 2024 | Non Uniform Day—£1 donation if you can |
| First Day Term 3 | All | Tuesday 7 January 2025 | All children in school for 8.45am |

New Autumn/Winter Menu is available **HERE**



Children's Afternoon Tea
with Mrs D
in honour of

Mrs Dawson

Monday 22 July
Menu Change

Please complete the form
HERE

SUMMER 2024



UNDER THE SEA

5-9 AUG



HORRIBLE HISTORIES

12-16 AUG



RAINFOREST ADVENTURE

19-23 AUG



SPECTACULAR SPACE

27-30 AUG

Summer Holidays Childrens Club

If you are looking for a safe place for the children to be whilst you are working over the summer. Look no further than Bizzy Kidz Club who will be operating in Frome Vale Academy to ensure that your child has fun whilst you are busy.

To find out more or to book your space, please click

HERE

Family
**SUMMER
TRIPS**

From
THE VASSALL CENTRE



BOOK NOW!

FREE! FOR FROME VALE CHILDREN ON FREE SCHOOL MEALS



**PUXTON PARK
24TH JULY**



**PICNIC IN THE PARK
13TH AUG**



**SS GREAT BRITAIN
30TH AUG**



**WE THE CURIOUS
30TH AUG**



**Vassall
Centre**

**FOR MORE INFORMATION
SPEAK TO LASHANA
07355 094830**



FOOD *Fun &* GAMES

THE VASSALL CENTRE
Gill Avenue BS16 2QQ



10.45AM – 3:00PM
24TH JULY
7TH AUG
21ST AUG



COOKING! GAMES! HOLIDAY CLUB!



JUMPSTART
FOOD & FITNESS



Go With The Flow

NEW MENU

2023 2024 Spring Menu


Available from 19 February 2024

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL Week 1

Spring/Summer 2024:
19/2, 11/3, 1/4, 22/4, 13/5, 3/6, 24/6, 15/7

| DAY | THE MAIN EVENT | MEAT-FREE MAGIC Vegetarian Dish | RAINBOW ALLEY Vegetables and Salads | BIG TOPPING Fried Jacket | DESSERT TROLLEY | SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY |
|-----------|--|---|--|--|--------------------------------|--|
| MONDAY | Beef Burger & Hand Cut Potato Wedges | Homemade Veggie Burger & Hand Cut Potato Wedges | Sweetcorn | Jacket Potato with Beans or Cheese or both | Fresh Melon & Pineapple Sticks |  PASTA TWIRLER AVAILABLE EVERY DAY Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese |
| TUESDAY | Margherita Pizza Slice | Veggie Pepper & Mushroom Pizza Slice | Coleslaw & Salad | Jacket Potato with Tuna Mayo or Cheese | Strawberry Frozen Yoghurt | |
| WEDNESDAY | Roast Chicken, Stuffing, Roast Potatoes & Gravy | Cauliflower & Broccoli Cheddar Bake with Roast Potatoes | Carrots & Peas | Jacket Potato with Beans or Cheese or both | Tutti Frutti Jelly Pots | |
| THURSDAY | Homemade Sausage Roll with New Potatoes & Tomato Sauce | Wholegrain Summer Vegetable Paella | Green Beans | Jacket Potato with Cheese or Chicken Mayo | Carrot Peeling Cake | |
| FRIDAY | Golden Fish Fingers or Salmon Fingers & Chips | Homemade Cheesy Leek Sausage & Chips | Baked Beans | Jacket Potato with Beans or Cheese or both | Marble Cookies | |


T1

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL Week 2

Spring/Summer 2024:
26/2, 18/3, 8/4, 29/4, 20/5, 10/6, 1/7, 22/7

| DAY | THE MAIN EVENT | MEAT-FREE MAGIC Vegetarian Dish | RAINBOW ALLEY Vegetables and Salads | BIG TOPPING Fried Jacket | DESSERT TROLLEY | SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY |
|-----------|--|--|--|--|----------------------------------|--|
| MONDAY | Hot Dog & Hand Cut Potato Wedges | Veggie Sausage & Cheese Hot Dog & Hand Cut Potato Wedges | Sweetcorn | Jacket Potato with Beans or Cheese or both | Classic Apple Crumble & Custard |  PASTA TWIRLER AVAILABLE EVERY DAY Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese |
| TUESDAY | Margherita Pizza Slice | Pineapple Topped Pizza Slice | Potato Salad & Garden Salad | Jacket Potato with Tuna Mayo or Cheese | Orange Jelly & Clementine Slices | |
| WEDNESDAY | Roast Gammon or Halal Chicken Roast Potatoes & Gravy | Cheese & Onion Filo Pie with Roast Potatoes | Carrots & Peas | Jacket Potato with Beans or Cheese or both | Vanilla Ice Cream | |
| THURSDAY | Baked Mac & Cheese | Veggie Whole Grain Pasta Bolognese | Broccoli | Jacket Potato with Cheese or Chicken Mayo | Old School Cake & Sprinkles | |
| FRIDAY | Golden Fishcake & Chips | Cheesy Bean Wrap | Baked Beans | Jacket Potato with Beans or Cheese or both | Maple Oat Cookies | |


T1

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL Week 3

Spring/Summer 2024:
4/3, 25/3, 15/4, 6/6, 27/6, 17/6, 8/7, 29/7


| DAY | THE MAIN EVENT | MEAT-FREE MAGIC Vegetarian Dish | RAINBOW ALLEY Vegetables and Salads | BIG TOPPING Fried Jacket | DESSERT TROLLEY | SALAD, BREAD, YOGHURT AND FRUIT. APPEARING DAILY |
|-----------|--|---|--|--|------------------------|--|
| MONDAY | Bangers, Mash & Beans | Veggie Bangers, Mash & Beans | Baked Beans | Jacket Potato with Beans or Cheese or both | Vanilla Shortbread |  PASTA TWIRLER AVAILABLE EVERY DAY Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese |
| TUESDAY | Cheese & Tomato Pita Pizza with Wholemeal Rice Salad | Cheesy BBQ Pizza Pinwheel Swirl with Wholemeal Rice Salad | Carrot Sticks | Jacket Potato with Tuna Mayo or Cheese | Cinnamon Apple Cupcake | |
| WEDNESDAY | Roast Pork or Halal Chicken, Roast Potatoes & Gravy | Root Vegetable Bean Stew & Roast Potatoes | Steamed Mixed Greens | Jacket Potato with Beans or Cheese or both | Strawberry Jelly | |
| THURSDAY | Creamy Chicken & Sweetcorn Pie with New Potatoes | Cheese & Potato Pie with New Potatoes | Summer Vegetables | Jacket Potato with Cheese or Chicken Mayo | Jammy Crumble Bar | |
| FRIDAY | Golden Fish Fingers & Chips | Veggie Finger & Chips | Baked Beans | Jacket Potato with Beans or Cheese or both | Sweet Potato Brownie | |

T1

LUNCH TIME



Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1



THE MAIN EVENT


Margherita Pizza Slice and Wedges

Chicken Tikka Curry

Roast Chicken, Stuffing, Roast Potatoes and Gravy

Sticky Chinese Chicken Noodles

Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE MAGIC
Veggie Dish


Veggie Pepper and Sweetcorn Pizza Slice with Wedges

Veg Samosa Style Pie

Quorn Sausage, Roast Potatoes and Gravy

Spanish Omelette and Herby Diced Potatoes

Veggie Burger and Chips



RAINBOW ALLEY
Vegetables and Salads


Sweetcorn

Kachumber Salad and Wholegrain Rice

Peas and Carrots

Green Beans

Baked Beans



BIG TOPPING
Filled Jackets


Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo



DESSERT TROLLEY

Toffee Frozen Yoghurt

Sweet Potato Brownie

Forest Fruits Jelly Pots

Cookie Dough Apple Crumble

Jammy Thumbprint Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY



PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH TIME



Autumn Winter
2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 3/2

| |  THE MAIN EVENT |  MEAT-FREE MAGIC Veggie Dish |  RAINBOW ALLEY Vegetables and Salads |  BIG TOPPING Filled Jackets |  DESSERT TROLLEY |
|------------------|--|---|--|---|---|
| MONDAY | Cheesy Tomato Pizza Muffins | BBQ and Sweetcorn Pizza Slice | Wholegrain Pasta Salad and Green Salad | Beans, Cheese or Tuna Mayo | Toffee Apple Sponge and Custard |
| TUESDAY | Chicken Chimichangas | Veggie Enchiladas | Rice and Sweetcorn | Beans, Cheese or Tuna Mayo | Chocolate Sprinkle Iced Cake |
| WEDNESDAY | Roast Chicken, Stuffing, Roast Potatoes and Gravy | Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!) | Mixed Greens | Beans, Cheese or Tuna Mayo | Raspberry Coconut Jelly |
| THURSDAY | Butter Chicken Wholegrain Pilaf Rice | Aloo Gobi Cauliflower Potato Curry | Peas | Beans, Cheese or Tuna Mayo | Fresh Fruit Salad |
| FRIDAY | Battered Fish and Chips | Cheese and Tomato Toasted Wrap with Chips | Baked Beans | Beans, Cheese or Tuna Mayo | Anzac Biscuits |

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese

LUNCH TIME



**Autumn Winter
2024-25:**
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THE MAIN EVENT

American Style Macaroni Cheese

Jerk Chicken Wraps and Wedges

Roast Chicken, Stuffing, Roast Potatoes and Gravy

South African Beef Bobotie with Rice

Golden Fish Fingers or Salmon Fingers and Chips

MEAT-FREE MAGIC
Veggie Dish

Veggie Wholegrain Pasta Bolognese

Greek Pitta Pocket with Feta, Hummus, Salad and Wedges

Carrot and Stuffing Pastry Plait

Fruity Sweet Potato Tagine with Rice

Vegetable Fingers and Chips

RAINBOW ALLEY
Vegetables and Salads

Carrots

Roast Root Veggies

Peas and Sweetcorn

Broccoli

Baked Beans

BIG TOPPING
Filled Jackets

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

DESSERT TROLLEY

Marble Cake

Apple, Cinnamon Raisin Flapjacks

Orange and Mango Jelly

Banana Bread Muffins

Gingerbread Cookies

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY

PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta topped with
Homemade Tomato Sauce & Cheese