

Friday 14 March 2025



www.fromevaleacademy.clf.uk

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Value of the term Responsibility
Learning behaviour Resilience



The Week Ahead Week 4 of Term 4

Date	What is Happening	Which classes	What you need to do
17/3/25 to 24/3/25	Week 2 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
17/3/25	PE	Year R, Year 1, Year 4	Please ensure your child is wearing their PE kit to School
17/3/25	Choir After School Club	Booked Children Only	Remember to collect your child at 4.30pm
17/3/25	Art and Crafting After School Club	Booked Children Only	Remember to collect your child at 4.20pm
17/3/25	Coding Club After School Club	Booked Children Only	Remember to collect your child at 4.30pm
17/3/25	Dance After School Club	Booked Children Only	Remember to collect your child at 4.30pm
18/3/25	My Bank Pupil Finance	Year 3, Year 4, Year 5, Year 6	Ensure child in school for 8.45am
18/3/25	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
18/3/25	PE	Year 1, Year 2	Please ensure your child is wearing their PE kit to School
18/3/25	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
18/3/25	Basketball After School Club	Booked Children Only	Remember to collect your child at 4.30pm
19/3/25	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
19/3/25	Forest School	Year R, Year 4	Please ensure child has weather appropriate warm outer wear and wellies
19/3/25	PE	Year 6	Please ensure your child is wearing their PE kit to School
20/3/25	Weight & Height Measurement and Vision test	Yea R	Opt out of the checks if you do not want your child to be part of these checks
20/3/25	Swimming Lessons	Year 5, Year 6	Please ensure child has swimming kit and towel
20/3/25	PE	Year 3	Please ensure your child is wearing their PE kit to School
20/3/25	MF Dance Club	Booked Children Only	Book Free Trial HERE
21/3/25	PE	Year 2, Year 3, Year 5	Please ensure your child is wearing their PE kit to School
23/3/25	Little Kickers	Children under 5	The new football club (ages 1.5 to 5 years) Click HERE

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The Week Ahead and beyond Week 4 Term 4

Event	Classes	Date	What you need to do
My Bank Pupil Financial Sessions	Year 3, Year 4, Year 5, Year 6	Tuesday 18 March 2025	Ensure child in school by 8.45am
Weight & Height Measurement and Vision test	Year R	Thursday 20 March 2025	Opt out of the checks if you do not want your child to be part of these checks.
Swimming Lessons	Year 5, Year 6	Thursday 20 March 2025	Ensure child brings swimming kit
Parents Meetings	All	Tuesday 25 and Wednesday 26 March 2025	Save the dates—more information to follow. This date has been updated.
BMX Taster Session	Year 4, Year 5, Year 6	Thursday 27 March 2025	Save the dates—more information to follow
Swimming Lessons	Year 5, Year 6	Thursday 27 March 2025	Ensure child brings swimming kit
Kin-Ball Session	Year 3, Year 4, Year 5, Year 6	Monday 31 March 2025	Nominated children—you will be advised. Child to wear PE kit
Kin-Ball Session	Year 3, Year 4, Year 5, Year 6	Tuesday 1 April 2025	Nominated children—you will be advised. Child to wear PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 3 April 2025	Ensure child brings swimming kit
Last Day Term 4	All	Friday 4 April 2025	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
First Day Term 5	All	Tuesday 22 April 2025	Ensure child in school by 8.45am
My Bank Finance Session	Year 3, Year 4, Year 5, Year 6	Tuesday 29 April 2025	Ensure child in school by 8.45am
Music Day	All	Friday 2 May 2025	Ensure child in school by 8.45am
Bank Holiday	All	Monday 5 May 2025	School Closed to all
Back to school	All	Tuesday 6 May 2025	Ensure child in school by 8.45am
Open Door	All	Thursday 8 May 2025	See children's books 8.30am to 8.50am
RE Day	All	Friday 9 May 2025	Ensure child in school by 8.45am
SATS Week	Year 6	Monday 12 May -Thursday 15 May 2025	Ensure child in school by 8.45am at the latest. Free breakfast will be available from 8am daily
Summer Census	All	Thursday 15 May 2025	Ensure child in school by 8.45am and please enable child to have school lunch
Pupil Voice	All	Friday 16 May 2025	Ensure child in school by 8.45am
Health and Fitness Week	All	Monday 19 May to Friday 23 May 2025	Please ensure your child is wearing their PE kit to School
Mojo Active Trip	Year 3, Year 4, Year 5,	Wednesday 21 May 2025	Save the dates—more information to follow
Big Kick off Event	Nominated Children	Wednesday 21 May 2025	Save the dates—more information to follow
Poetry Performance	All	Wednesday 21 May 2025	Ensure child in school by 8.45am



GIRLS CRICKET

Free indoor taster sessions
NO EXPERIENCE REQUIRED



School Years 5 & 6 - Saturday 22nd March

School Years 3 & 4 - Saturday 29th March

Both sessions running...

12.00pm - 1.30pm

at Downend Sports Centre,
14 Garnett Place, BS16 6QY

To book a place please
indicate which date and email
frenchayouth@gmail.com

Sessions run on behalf of Frenchay Cricket
Club with experienced coaches with DBS



JOIN US THIS EASTER! 
7 - 17 APRIL 2025

Prepare for an unforgettable
holiday full of fun and
friendship!

- ✓ Outdoor Exploration
- ✓ Sports & Games
- ✓ Creative Arts & Crafts
- ✓ Campfire Fun

More Information
www.bizzykidzclub.com





Beginners English Classes

Have you got a child in a CLF school?
We are offering free ESOL classes for adults.



Location: Beacon Centre, City Academy Bristol

Classes start: January 2025



Enrolment day: Wednesday 4th December,
10am – 1pm

Limited places!
Ring 0117 954 2806 to book.



KEY BENEFITS OF MF DANCE

FOCUS
ANTI-BULLYING
CONFIDENCE
RESPECT
GREAT FUN

LIMITED SPACES AVAILABLE

FREE CLASS AVAILABLE

WHEN & WHERE ARE OUR CLASSES HELD?

LOCATION NAME: FROM VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS

WE ALSO HAVE CLASSES AVAILABLE IN BRADLEY STOKE & YATE

BOOK YOUR FREE CLASS BY SCANNING THE QR CODE OR BY VISITING WWW.MFDANCE.CO.UK



OPEN ACCESS PLAY RANGER Play Sessions

Led by Children's Scrapstore with LPW and Wecl

What is open access? Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children **aged 8 and over** can come on their own if they are allowed out unsupervised. **Under 8's** need to have an adult with them.

WE BRING THE KIT, YOU LEAD THE PLAY!

EVERY MONDAY

Term time: 3:30pm - 5:30pm

Green space outside Oldbury Court Children's Centre, BS16 2QS

Half Term Holidays*:

11:30am - 1:30pm

Easter / Summer Holidays*:

10:30am - 2:30pm

Get **creative and imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!

No booking required

FREE

contact: playteam@childrengscrapstore.co.uk
facebook page: Children's Scrapstore Play Rangers
charity no. 1008788

*Except bank holidays.

Funded lunch for children provided in holiday sessions



!!! NEW VENUE ALERT !!!

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS

Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years

Little Kickers
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!

www.littlekickers.co.uk

07506346186

rbrightwell@littlekickers.co.uk

LUNCH TIME

Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1,
17/2, 10/3, 31/3

THE MAIN EVENT

Margherita Pizza
Slice and Wedges

Chicken Tikka
Curry



Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy



Sticky Chinese
Chicken Noodles



Golden Fish
Fingers or
Salmon Fingers
and Chips

MEAT-FREE MAGIC
veggie dish

Veggie Pepper and
Sweetcorn Pizza
Slice with Wedges

Veg Samosa
Style Pie

Quorn Sausage,
Roast Potatoes
and Gravy

Spanish Omelette
and Herby Diced
Potatoes

Veggie Burger and
Chips

RAINBOW ALLEY
Vegetables and Salads

Sweetcorn

Kachumber
Salad and
Wholegrain
Rice

Peas and Carrots

Green Beans

Baked
Beans

BIG TOPPING
Filled Jacket

Beans,
Cheese or
Tuna Mayo

DESSERT TROLLEY

Toffee Frozen
Yoghurt

Sweet Potato
Brownie

Forest Fruits
Jelly Pots

Cookie Dough
Apple
Crumble

Jammy
Thumbprint
Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY

PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta

Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH TIME

Autumn Winter

2024-25:
9/9, 30/9, 21/10,
11/11, 2/12,
23/12, 13/1, 5/2,
24/2, 17/3, 7/4

THE MAIN EVENT

Cheesy Tomato
Pizza Muffins

Chicken
Chimichangas

★ **VEGAN/NOV OVAL** ★
Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

Butter Chicken
Wholegrain Pilaf
Rice

★ **VEGAN/NOV OVAL** ★

Battered Fish
and Chips

MEAT-FREE MAGIC

Veggie Dish

BBQ and
Sweetcorn
Pizza Slice

Veggie
Enchiladas

Cauliflower Cheese,
Crispy Onion Topping
& Roast Potatoes
(You don't have to have
the onions!)

Aloo Gobi
Cauliflower Potato
Curry

Cheese and
Tomato Toasted
Wrap with Chips

RAINBOW ALLEY

Vegetables and Salads

Wholegrain
Pasta Salad and
Green Salad

Rice and
Sweetcorn

Mixed Greens

Peas

Baked
Beans

BIG TOPPING

Filled Jackets

Beans,
Cheese or
Tuna Mayo

DESSERT TROLLEY

Toffee Apple
Sponge and
Custard

Chocolate
Sprinkle Iced
Cake

Raspberry
Coconut Jelly

Fresh Fruit
Salad

Anzac
Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY



AVAILABLE EVERY DAY

Topped Pasta

Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese

LUNCH TIME

Autumn Winter
2024-25:
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2, 3/3,
24/3



THE MAIN EVENT

American Style
Macaroni
Cheese

Jerk Chicken
Wraps and
Wedges



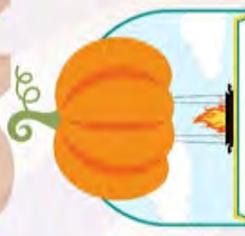
Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy



Beef Bolognaise
with Pasta



Golden Fish
Fingers or
Salmon Fingers
and Chips



**MEAT-FREE
MAGIC**
Veggie Dish

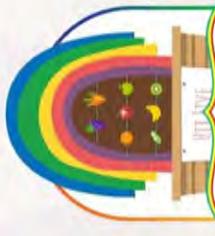
Veggie Wholegrain
Pasta Bolognese

Greek Pitta
Pocket with Feta,
Hummus, Salad
and Wedges

Carrot and
Stuffing Pastry
Plait

Fruity Sweet Potato
Tagine with Rice

Vegetable Fingers
and Chips



**RAINBOW
ALLEY**
Vegetables and Salads

Carrots

Roast Root
Veggies

Peas and
Sweetcorn

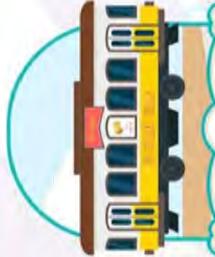
Broccoli

Baked
Beans



**BIG
TOPPING**
Filled Jacket

Beans,
Cheese or
Tuna Mayo



**DESSERT
TROLLEY**

Marble Cake

Apple,
Cinnamon
Raisin
Flapjacks

Orange and
Mango Jelly

Banana Bread
Muffins

Gingerbread
Cookies

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT
AVAILABLE DAILY

**PASTA
TWIRLER**
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese