

# Friday 14 October 2022



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Value of the term: Respect

Learning behaviour: Motivation/Aspiration



## The Week Ahead Week 7 of Term 1 page 1 of 6

### Useful dates for your diary!

Date	What is Happening	Which classes	What you need to do
17 to 21 Oct 22	Week 1 of NEW Aspens School Menu	ALL	Click <a href="#">HERE</a> to see Menu -discuss with child
17/10/22	PE	Year 2, Year 3	Ensure PE kit is in school
17/10/22	Family Choir	ALL	<b>Postponed until Mrs Hall returns to work</b> Families, come and enjoy a Monday singing session in our Main Hall 8.30am to 8.45am
17/10/22	Forest School After School Club	Booked Children	Remember to bring wellies, coats and collect child at 4.45pm
17/10/22	Reading Meeting	Year R, Year 1	Meeting to help with reading at home. 4pm in the main hall. Online at 5pm
18/10/22	PE	Year 1, Year 4	Ensure PE kit is in school
18/10/22	Yoga After School Club	Booked Children	Remember PE kit and collect child at 4.30pm
19/10/22	PE	Year 5, Year 6	Ensure PE kit is in school
19/10/22	Story Time	ALL	Join Mrs Dawson at 8.30am in the Main Hall
19/10/22	RE Day	ALL	Ensure child is at school for 8.45am
19/10/22	Non School Uniform Day	ALL	No need to wear uniform but bring £1
19/10/22	Open Morning for Reception Class 2023	ALL	9.30am Open Morning—contact the office to book your place if your child turns 4 by 31/8/23
19/10/22	Last Day of Term 1	ALL	Ensure child is at school for 8.45am
20/10/22	Inset Day	ALL	School Closed to pupils
21/10/22	Inset Day	ALL	School Closed to pupils
31/10/22	First Day Term 2	ALL	Ensure child is at school for 8.45am in full school uniform
Book Now	After School Clubs (Free and Paid for)	Year 1 to 6 (depending on club)	Book your child's place. Click <a href="#">HERE</a>

**It is essential that we have your correct email address and mobile telephone number in order to support you.**

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

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Value of the term: Forgiveness

Learning behaviour: Curiosity

## The Week Ahead and beyond Week 7 Term 1

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### Events and Consents


Event	Classes	Date	What you need to do
FVA Data Collection	All	URGENT if not completed already	Complete your child(rens) data sheet ASAP. The data sheet has been greatly reduced so will be much easier to complete Click <a href="#">HERE</a> This will close on 19 October 2022. You will need to come to the office after that date
After School Clubs (Free and Paid for)	Year 1 to 6 (depending on club)	Week commencing 31/10/22	Book your child's place. Click <a href="#">HERE</a>
Family Choir	All	Every Monday morning from 8.30am to 8.45am	Postponed until Mrs Hall Returns to Work
Story Time	All	Every Wednesday from 8.30am to 8.45am	Join Mrs Dawson in the main hall where she will be reading a story.
Reading Meeting	Year R Year 1	Monday 17 October 2022	Meeting to help with reading at home. 4pm in the main hall. Online at 5pm
First Day Term 2	All	Monday 31 October 2022	Please ensure your child arrives at 8.45am in school uniform
Youth First Aid	Year 6	Monday 31 October 2022	Ensure child is at school for 8.45am
Gym Run	Year 3, Year 4, Year 5, Year 6	Wednesday 2 November 2022	Ensure child has their PE kit in school. Ensure child is at school by 8.45am
Walk and Wonder	Year R	Wednesday 2 November 2022	Please ensure coats, wellies, gloves are in school. Ensure child is in school by 8.45am.
Flu Immunisation	All	Friday 4 November 2022	Complete consent form when circulated in Term 1
Parent Reading	Year 1	Friday 4 November 2022	8.30am to 8.55am—come and read with your child
Prospective Parents Open Morning	All	Friday 4 November 2022	Book your place if you have a child who will start Primary school in September 2023. Starts at 9.30am Book your place and tell your friends
Walk and Wonder	Year R	Wednesday 9 November 2022	Please ensure coats, wellies, gloves are in school. Ensure child is in school by 8.45am.
Parents Meetings	All	Monday 14 to Friday 18 November (various, dependent on the teacher)	Book your meeting to meet your child's teacher <a href="#">Face to Face Click HERE</a> <a href="#">Online Click HERE</a>
Library Visit	Year 1, Year 2 Year 6	Wednesday 16 November 2022	Please ensure coats, wellies, gloves are in school Give consent when asked in Term 2
Library Visit	Year 3, Year 4, Year 5	Thursday 17 November 2022	Please ensure coats, wellies, gloves are in school Give consent when asked in Term 2
Open Door	All	Thursday 1 December 2022	Come into your child's class from 8.30am to 9am
Prospective Reception Parents Open Morning	All	Friday 2 December 2022	Book your place

It is essential that we have your correct email address and mobile telephone number in order to support you.

Autumn / Winter 2022 / 23  
5/9, 26/9, 17/10, 7/11,  
28/11, 19/12, 9/1, 30/1






## What's On The Menu?


	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
 The Main Event	Beef Bolognese With Wholegrain Penne Pasta, Garlic Bread & Green Salad	BBQ Pulled Pork With Mash & Potato and Carrots	Roast Chicken Sage & Onion Stuffing Crispy Roasties & Fresh Veggies & Gravy	Mild Chilli Beef & Cheese Homemade Nachos Oven Baked Potato Wedges & Sweetcorn	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans
 Meat Free Magic	Veggie Bolognese With Wholegrain Penne Pasta, Garlic Bread & Green Salad	Veggie Cowboy Pie Mash topped Veggie Sausage & Bean Pie with Carrots	Cheese, Veg & Spinach Puff Pastry Roll Crispy Roasties & Fresh Veggies & Gravy	Cheese & Veggie Homemade Nachos Oven Baked Potato Wedges & Sweetcorn	Crispy Bean & Vegetable Fingers Chips
 Jacket Bar	Halal Beef Bolognese	Halal Pulled Beef	Halal Roast Chicken	Halal Mild Chilli Beef & Cheese Nachos	
 Packed Lunch Station	Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
 Dessert Stop	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
	Toffee Apple Slices topped with Vanilla Ice Cream	Crispy Chocolate Cornflake Cakes	Golden Syrup Sponge	Pineapple Upside Down Cake	Chewy Flapjack

**FOOD FESTIVAL** By Aspens      AVAILABLE EVERY DAY            **Week One**

Autumn / Winter 2022 / 23  
12/9, 3/10, 24/10, 14/11,  
5/12, 26/12, 16/1, 6/2






## What's On The Menu?


	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
 The Main Event	Creamy Pasta Bake Chicken with Wholegrain Pasta & Sweetcorn Salad	Classic Beef Burger in a Bun with Oven Baked Wedges & Garden Peas	Roasted Gammon Joint Crispy Roasties, Fresh Veggies & Gravy	Not So Spicy Chicken Tikka Masala Wholegrain Rice, Turmeric Carrots & Peas	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans
 Meat Free Magic	Tomato & Mozzarella Gnocchi Tomato and Herb Sauce with Gnocchi & Sweetcorn	Super Veggie Burger in a Bun with Oven Baked Wedges & Garden Peas	Veggie Sausage & Roast Veg Traybake Crispy Roasties, Fresh Veggies & Gravy	Creamy Vegetable Korma With Wholegrain Rice, Turmeric Carrots & Peas	Crispy Bean & Vegetable Fingers Chips
 Jacket Bar	Halal Creamy Chicken Pasta Bake	Halal Classic Beef Burger	Halal Roast Beef	Halal Not So Spicy Chicken Tikka Masala	
 Packed Lunch Station	Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
 Dessert Stop	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
	Jelly & Fruit Slices	Marble Sponge Cake	Chocolate Brownie	Apple Sponge Cake	Crunchy Vanilla Cookie

**FOOD FESTIVAL** By Aspens      AVAILABLE EVERY DAY            **Week Two**

Autumn / Winter 2022 / 23  
19/9, 10/10, 31/10, 21/11,  
12/12, 2/1, 23/1, 13/2

## What's On The Menu?

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
 The Main Event	Meatball & Garlic Bread Traybake with Tare & Share Garlic Bread & Ranch Slaw	Toad in the Hole with Creamy Mash, Green Beans & Gravy	Roast Pulled Silverside of Beef with Crispy Roasties & Fresh Veggies & Gravy	Homemade Chicken Nuggets with Oven Baked Wedges & Broccoli	Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans
 Meat Free Magic	Tomato & Mozzarella Gnocchi Traybake with Wholegrain Pasta & Sweetcorn Salad	Quorn Toad in the Hole with Creamy Mash, Green Beans & Gravy	Cheese & Spring Onion Pastry Slice with Crispy Roasties, Fresh Veggies & Gravy	Crunchy Topped Macaroni Cheese with Oven Baked Wedges & Broccoli	Baked Beans & Vegetable Fingers Chips
 Jacket Bar	Halal Meatball & Garlic Traybake	Halal Sausage loaf In the Hole	Halal Roast Beef	Halal Homemade Chicken Nuggets	
 Packed Lunch Station	Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
 Dessert Stop	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
	Slicky Banana Pudding	Chocolate Oat Cake	Vanilla Sprinkle Sponge	Apple Crumble	Shortbread

**FOOD FESTIVAL** By Aspens      AVAILABLE EVERY DAY            **Week Three**

**Thursday 3 November**

Banger in a Roll  
Halal Banger in a Roll

Cheese & Tomato  
Catherine Wheel (V)

Bonfire Wedges

BBQ Beans

Toffee Apple Sponge  
With Custard

**FOOD  
FESTIVAL**

By Aspens

**WHIZZ,  
BANG**  
*Sparkle*



# OUTDOOR PLAY SESSIONS



Free stay & play open access activities  
aimed at over 8s

Younger siblings welcome with adult supervision,  
led by Children's Scrapstore

## TERM TIME:

MONDAYS 3:30PM - 5:30PM

## SCHOOL HOLIDAYS:

MONDAYS 10:30AM - 12:30PM

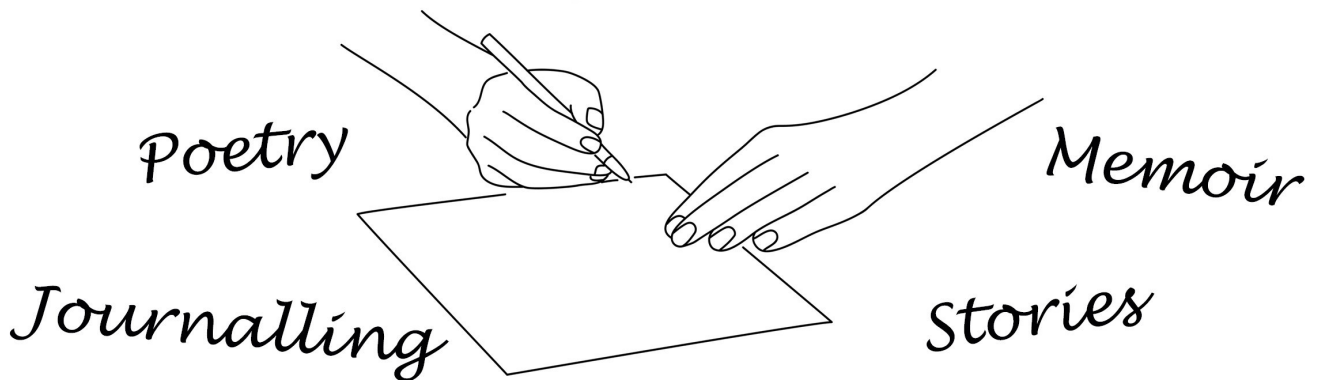
Starting on Monday 10th October 2022 at:

Green space outside Oldbury Court

Children's Centre



# Writing for wellbeing



**Aged 65 or over?**

**Feeling isolated or depressed?**

**Like to try creative writing,  
poetry or memoir?**

**4 FREE weekly sessions starting**

**Wednesday 19th October  
Greenfinch Lodge  
Community Room 10-11.30am**

**Kingfisher Drive, Frenchay, BS16 1UA**

More info: [www.luciep.love](http://www.luciep.love) / Email: [me@luciep.love](mailto:me@luciep.love)  
FB & Insta: @MeditationCreativeWriting