

# Friday 15 November 2024



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

Follow us on Twitter: [@frome\\_vale](https://twitter.com/frome_vale)

Value of the term    Thankfulness  
Learning behaviour    Collaboration



## The Week Ahead Week 3 of Term 2

Date	What is Happening	Which classes	What you need to do
18/11/24 to 22/11/24	Week 3 Aspens School Menu	ALL	Click <a href="#">HERE</a> to see Menu -discuss with child
18/11/24	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
18/11/24	PE	Year R, Year 1, Year 2, Year 4	Please ensure your child is wearing their PE kit to School
18/11/24	Chess Club After School	Booked Children Only	Remember to collect your child at 4.30pm
18/11/24	Christmas Fayre Planning Meeting	ALL	More information Click <a href="#">HERE</a>
19/11/24	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
19/11/24	PE	Year 4, Year 6	Please ensure your child is wearing their PE kit to School
19/11/24	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
19/11/24	Multi Sports After School Club	Booked Children Only	Remember to collect your child at 4.30pm
20/11/24	Forest School	Year R, Year 2	Please ensure child has weather appropriate warm outer wear and wellies
20/11/24	PE	Year 6	Please ensure your child is wearing their PE kit to School
21/11/24	PE	Year 3, Year 5	Please ensure your child is wearing their PE kit to School
21/11/24	Gym Run Interschool Competition	Year 3, year 4, Year 5, Year 6	Please ensure your child is wearing their PE kit to School
21/11/24	Open Door	ALL	Come and visit your child's class 8.30am to 8.50am
21/11/24	MF Dance Club	Booked Children Only	Book Free Trial <a href="#">HERE</a>
22/11/24	Career Aspiration Day	ALL	Ensure child is on school by 8.45am
22/11/24	PE	Year 1, Year 3, Year 5	Please ensure your child is wearing their PE kit to School
24/11/24	Little Kickers	Children under 5	The new football club (ages 1.5 to 5 years) Click <a href="#">HERE</a>

**Parents Evening Bookings are now open**  
**Tuesday 26 and Wednesday 27 November**  
 Please book your meeting with your children(s) teacher(s). You will need to book 1 meeting per child. Click [HERE](#)



**It is essential that we have your correct email address and mobile telephone number in order to support you.**

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

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## The Week Ahead and beyond Week 3 Term 2

Event	Classes	Date	What you need to do
Christmas Fayre Planning Meeting	All	Monday 18 November 2024	Planning Meeting 4.30pm to 5.30pm. Click <a href="#">HERE</a> for more information
Open Door	All	Thursday 21 November 2024	Visit child's class 8.30am to 8.50am
Gym Run	All	Thursday 21 November 2024	PE Kit to be worn
Careers/Aspiration Day	All	Friday 22 November 2024	Ensure child in school by 8.45am
PINS Meeting	All	Monday 25 November 2024	Meeting starts at 9am—Click <a href="#">HERE</a> for more information
Parents Evenings	All	Tuesday 26 and Wednesday 27 November 2024	Save the Dates: Book your meeting <a href="#">HERE</a>
School Photo Day	All	Wednesday 27 November 2024	More Information <a href="#">HERE</a> Consent Required
Bristol Met—Charlie and the Chocolate Factory	Year 5, Year 6	Thursday 28 November 2024	Consent Required <a href="#">HERE</a>
Open Event for new Reception Parents	All	Friday 29 November 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 9.30am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 12 December 2024	Ensure child in PE Kit
Open Event for new Reception Parents	All	Thursday 12 December 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 5pm
Winter Show	Year R, Year 1 Year 2	Tuesday 17 December 2024	9.30am in the Hall—save the date
Music Day	All	Wednesday 18 December 2024	Ensure child in school by 8.45am
School Christmas Lunch	All	Wednesday 18 December 2024	Children will be served a Christmas Lunch today. (Vegetarian & Halal options available) No other food choice will be available. Book your child's lunch <a href="#">HERE</a>
Christmas Jumper Day	All	Wednesday 18 December 2024	Christmas Jumper can be worn today with school uniform
Christmas Fayre	All	Thursday 19 December 2024	Festive fun! 3.30pm to 5.30pm—All Welcome
Last Day Term 2	All	Friday 20 December 2024	Non Uniform Day—£1 donation if you can <b>No sliders, crocs or flip flops please</b>
First Day Term 3	All	Tuesday 7 January 2025	All children in school for 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 9 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 9 January 2025	Ensure child brings swimming kit
Open Event for new Reception Parents	All	Friday 10 January 2025	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 9.30am

# School Photo Day—27 November

You **MUST** give your consent for your school age child(ren) to be photographed on the 27 November 2024.

Your child(ren) will not be photographed if you have not said YES!

Pre school siblings—arrive at 8.15am for all your children to be photographed together.

Provide your consent in My Child at School **HERE**

## Bristol Parent Carers

### PARTNERSHIPS FOR INCLUSION OF NEURODIVERSITY IN SCHOOLS (PINS)

WITH BRISTOL PARENT CARERS

**MONDAY 25TH NOVEMBER  
@9AM-10:30 AM**







Let the  
"feastivities"  
begin!

**Wednesday 18 December**

**Roast Turkey and Stuffing** 

or

**Cheesy Cauliflower & Leek  
Puff Pastry Wreath** 

with

**Roasties, Vegetable Medley,  
Gravy and Yorkshire Pudding**

and

**Snowy White Chocolate Blondie**

or

**Mince Pie Crumble Bar**

**£2.40 per child**

To order Click **HERE**



WE NEED  
YOUR HELP!

Please come to the

# Christmas Fayre Planning Meeting

Mon 18th November  
4.30 - 5.30pm  
Frome Vale Academy  
(Zoom link available)

✉ [fvafriends@outlook.com](mailto:fvafriends@outlook.com)

☎ 07592 068728 (Libby)

Friends of Frome Vale Academy



Don't forget  
parents'  
evening!

Please remember to book your meeting with your child's teacher.

You will need to book one meeting per child.

Meetings can be booked by using the My Child at School (MCAS) app or website.

If you need help booking your meeting, please speak with your teacher or contact the school office.

We really want to meet with you to share the progression that your child is making this year.

Teachers can share insights and tips on how to help your child with homework or reading.

We really love the opportunity to talk about your child and their school life.

We look forward to seeing you on either the 26 or 27 November 2024.

# Anti- Bullying Week

To mark this year's anti-bullying week, we have the following FREE webinar sessions available to all primary parents/carers which you are most welcome to cascade amongst your school community.

## Unique Voice Anti-Bullying Parent / Carer Session

Wednesday 20th November

1.30 - 2pm or 4-4.30pm

*In this workshop the Unique Voice facilitators will explore the following with parents/carers:*

Support in understanding the risks of bullying situations and identifying signs and symptoms.

Empower you to build upon your role as your child's trusted adult.

Give practical and creative tools you need to recognise, report and resolve bullying situations.

[To attend the event please register FREE here.](#) (All registered attendees will be sent a Zoom link closer to the time)

Any questions please do not hesitate to contact us.

Many thanks

Jenni



## Shop in Asda?

Please donate via the Asda rewards app

Select our school

Shop at Asda online or in store

Money will be donated to us

every time you shop with Asda.



Institution of  
**MECHANICAL  
ENGINEERS**

Devon & Somerset Christmas Family Lecture:

# ENGINEERING A BETTER WORLD:

Innovating for a  
Sustainable Future

Tuesday 10th December  
18:30 - 20:00, UWE Bristol

An exciting journey into the world  
of engineering — fun for  
kids and families!



Suitable for all ages!



improving the world through engineering





# Beginners English Classes

Have you got a child in a CLF school?  
We are offering free ESOL classes for adults.



**Location:** Beacon Centre, City Academy Bristol

**Classes start:** January 2025



**Enrolment day:** Wednesday 4th December,  
10am – 1pm

**Limited places!**  
Ring 0117 954 2806 to book.



## KEY BENEFITS OF MF DANCE

**FOCUS**  
**ANTI-BULLYING**  
**CONFIDENCE**  
**RESPECT**  
**GREAT FUN**

LIMITED SPACES AVAILABLE

FREE CLASS AVAILABLE

### WHEN & WHERE ARE OUR CLASSES HELD?

LOCATION NAME: FROM VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS

WE ALSO HAVE CLASSES AVAILABLE IN BRADLEY STOKE & YATE

BOOK YOUR FREE CLASS BY SCANNING THE QR CODE OR BY VISITING [WWW.MFDANCE.CO.UK](http://WWW.MFDANCE.CO.UK)



## OPEN ACCESS PLAY RANGER Play Sessions

Led by Children's Scrapstore with LPW and Wecl

**What is open access?** Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children **aged 8 and over** can come on their own if they are allowed out unsupervised. **Under 8's** need to have an adult with them.

**WE BRING THE KIT, YOU LEAD THE PLAY!**

**EVERY MONDAY**

**Term time: 3:30pm - 5:30pm**

**Green space outside Oldbury Court Children's Centre, BS16 2QS**

**Half Term Holidays\*:**

**11:30am - 1:30pm**

**Easter / Summer Holidays\*:**

**10:30am - 2:30pm**

Get **creative and imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!  
**No booking required**

FREE

contact: [playteam@childresscrapstore.co.uk](mailto:playteam@childresscrapstore.co.uk)  
facebook page: Children's Scrapstore Play Rangers  
charity no. 1008788

\*Except bank holidays.

Funded lunch for children provided in holiday sessions



**Little Kickers**  
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!

[www.littlekickers.co.uk](http://www.littlekickers.co.uk)

07506346186

[rbrightwell@littlekickers.co.uk](mailto:rbrightwell@littlekickers.co.uk)

**!!! NEW VENUE ALERT !!!**

**Frome Vale Academy, Frenchay Road, Bristol BS16 2QS**

**Classes starting on Sunday the 6th of October**

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years





Autumn Winter  
2024-25:  
2/9, 23/9, 14/10,  
4/11, 25/11,  
16/12, 6/1, 27/1

# LUNCH TIME



THE  
**MAIN EVENT**

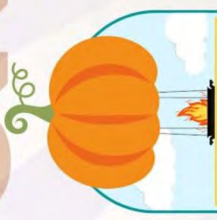
Margherita Pizza  
Slice and Wedges

Chicken Tikka  
Curry

Roast Chicken,  
Stuffing,  
Roast Potatoes  
and Gravy

Sticky Chinese  
Chicken Noodles

Golden Fish  
Fingers or  
Salmon Fingers  
and Chips



MEAT-FREE  
**MAGIC**  
Veggie Dish

Veggie Pepper and  
Sweetcorn Pizza  
Slice with Wedges

Veg Samosa  
Style Pie

Quorn Sausage,  
Roast Potatoes  
and Gravy

Spanish Omelette  
and Herby Diced  
Potatoes

Veggie Burger and  
Chips



**RAINBOW  
ALLEY**  
Vegetables and Salads

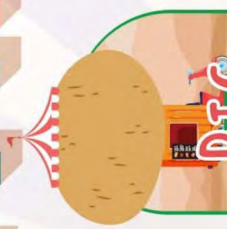
Sweetcorn

Kachumber  
Salad and  
Wholegrain  
Rice

Peas and Carrots

Green Beans

Baked  
Beans



**BIG  
TOPPING**  
Filled Jackets

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo



**DESSERT  
TROLLEY**

Toffee Frozen  
Yoghurt

Sweet Potato  
Brownie

Forest Fruits  
Jelly Pots

Cookie Dough  
Apple  
Crumble

Jammy  
Thumbprint  
Biscuits

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT  
AVAILABLE DAILY

**PASTA  
TWIRLER**  
AVAILABLE EVERY DAY  
**Topped Pasta**  
Hot Pasta  
topped with  
Homemade  
Tomato Sauce &  
Cheese





Autumn Winter

2024-25:  
9/9, 30/9, 21/10,  
11/1, 2/12,  
23/12, 13/1, 3/2

WORLD

Week 2

# LUNCH TIME



**THE MAIN EVENT**

Cheesy Tomato  
Pizza Muffins

Chicken  
Chimichangas

Roast Chicken,  
Stuffing,  
Roast Potatoes  
and Gravy

Butter Chicken  
Wholegrain Pilaf  
Rice

Battered Fish  
and Chips



**MEAT-FREE  
MAGIC**

Veggie Dish

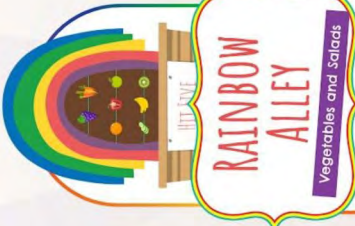
BBQ and  
Sweetcorn  
Pizza Slice

Veggie  
Enchiladas

Cauliflower Cheese,  
Crispy Onion Topping  
& Roast Potatoes  
(You don't have to have  
the onions!)

Aloo Gobi  
Cauliflower Potato  
Curry

Cheese and  
Tomato Toasted  
Wrap with Chips



**RAINBOW  
ALLEY**

Vegetables and Salads

Wholegrain  
Pasta Salad and  
Green Salad

Rice and  
Sweetcorn

Mixed Greens

Peas

Baked  
Beans



**BIG  
TOPPING**

Filled Jackets

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo



**DESSERT  
TROLLEY**

Toffee Apple  
Sponge and  
Custard

Chocolate  
Sprinkle Iced  
Cake

Raspberry  
Coconut Jelly

Fresh Fruit  
Salad

Anzac  
Biscuits

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT

AVAILABLE DAILY

**PASTA  
TWIRLER**

AVAILABLE EVERY DAY

**Topped Pasta**  
Hot Pasta  
topped with  
Homemade  
Tomato Sauce &  
Cheese





**Autumn Winter**  
2024-25:  
16/9, 7/10,  
28/10, 18/11,  
9/12, 30/12,  
20/1, 10/2

# LUNCH TIME

**THE MAIN EVENT**

American Style  
Macaroni  
Cheese

Jerk Chicken  
Wraps and  
Wedges

Roast Chicken,  
Stuffing,  
Roast Potatoes  
and Gravy

South African Beef  
Bobotie with Rice

Golden Fish  
Fingers or  
Salmon Fingers  
and Chips

**MEAT-FREE MAGIC**  
Veggie Dish

Veggie Wholegrain  
Pasta Bolognese

Greek Pitta  
Pocket with Feta,  
Hummus, Salad  
and Wedges

Carrot and  
Stuffing Pastry  
Plait

Fruity Sweet Potato  
Tagine with Rice

Vegetable Fingers  
and Chips

**RAINBOW ALLEY**  
Veggies and Salads

Carrots

Roast Root  
Veggies

Peas and  
Sweetcorn

Broccoli

Baked  
Beans

**BIG TOPPING**  
Filled Jackets

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

**DESSERT TROLLEY**

Marble Cake

Apple,  
Cinnamon  
Raisin  
Flapjacks

Orange and  
Mango Jelly

Banana Bread  
Muffins

Gingerbread  
Cookies

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT  
AVAILABLE DAILY

AVAILABLE EVERY DAY  
**Topped Pasta**  
Hot Pasta  
topped with  
Homemade  
Tomato Sauce &  
Cheese