Friday 17 January 2025



 $\underline{www.fromevaleacademy.clf.uk}$

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Value of the term Truth/Honesty Learning behaviour Self Evaluating

The Week Ahead Week 3 of Term 3

Date	What is Happening	Which classes	What you need to do
20/1/25 to 24/1/25	Week 3 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
20/1/25	Bristol Flyers Trip	Invited Year 6 Children	If child has been invited, please follow the provided information
20/1/25	PE	Year R, Year1, Year 2, Year 4	Please ensure your child is wearing their PE kit to School
20/1/25	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
21/1/25	My Bank Financial Lessons	Year 3, Year 4, Year 5, Year 6	Ensure child in school for 8.45am
21/1/25	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
21/1/25	PE	Year 3, Year 4	Please ensure your child is wearing their PE kit to School
21/1/25	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
21/1/25	Dance After School Club	Year 3, Year 4, Year 5, Year 6	Remember to collect your child at 4.30pm
22/1/25	Forest School	Year R, Year 3	Please ensure child has weather appropriate warm outer wear and wellies
22/1/25	PE	Year 2, Year 6	Please ensure your child is wearing their PE kit to School
23/1/25	Open Door	ALL	Visit your child's class 8.30am to 8.50am
23/1/25	Gym Run	Year 3, Year 4, Year 5, Year 6	Please ensure your child is wearing their PE kit to School
23/1/25	Swimming Lessons	Year 5, Year 6	Please ensure child has swimming kit and towel
23/1/25	Big Kick After School Club	Booked Children Only	Remember to collect your child at 4.30pm
23/1/25	MF Dance Club	Booked Children Only	Book Free Trial HERE
24/1/25	Eco Warrior Presentation to parents	ALL	2.30pm—all parents welcome to hear the launch presentation
24/1/25	PE	Year 1, Year 5	Please ensure your child is wearing their PE kit to School
26/1/25	Little Kickers	Children under 5	The new football club (ages 1.5 to 5 years) Click HERE

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The Week Ahead and beyond Week 3 Term 3

Event	Classes	Date	What you need to do
Bristol Flyers Basketball Event	Invited children only	Monday 20 January 2025	If your child has been invited you will get more information—save the date
My Bank Finance Sessions	Year 3, Year 4, Year 5, Year 6	Tuesday 21 January 2025	Ensure child in school by 8.45am
Open Door	All	Thursday 23 January 2025	See children's books 8.30am to 8.50am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 23 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 23 January 2025	Ensure child brings swimming kit
ECO Warrior Presentation to parents	All	Friday 24 January 2025	ECO Warriors present Eco Plan to parents @ 2.45pm in main hall—please join them
PINS Event	ALL	Monday 27 January 2025	Bristol Parent and Carers meet at 9am in the school hall
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 30 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 30 January 2025	Ensure child brings swimming kit
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 6 February 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 6 February 2025	Ensure child brings swimming kit
Quidditch Event	TBC	Tuesday 11 February 2025	Save the date
Spelling Bee Event	All	Wednesday 12 February 2025	Ensure child in school by 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 13 February 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 13 February 2025	Ensure child brings swimming kit
Heart Themed Bake Sale	All	Thursday 13 February 2025	After School Fund raising—buy a cake or two!
Last Day Term 3	All	Friday 14 February 2025	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
Inset Day	All	Monday 24 February 2025	School Closed to Pupils
First Day Term 4	All	Tuesday 25 February 2025	Ensure child in school by 8.45am
Swimming Lessons	Year 5, Year 6	Thursday 27 February 2025	Ensure child brings swimming kit
Swimming Lessons	Year 5, Year 6	Thursday 6 March 2025	Ensure child brings swimming kit
Girls Football Event	TBC	Friday 7 March 2025	Save the date—more information to follow
World Book Week	All	Monday 10 to Friday 14 March 2025	Save the date—more information to follow
Open Door	All	Thursday 13 March 2025	See children's books 8.30am to 8.50am
Swimming Lessons	Year 5, Year 6	Thursday 13 March 2025	Ensure child brings swimming kit





ARTS & CRAFTS ~ COOKING ~ EXPERIMENTS WOODLAND ACTIVITIES ~ GAMES

8.30am - 5pm Open every school holiday

Frome Vale Academy, Bristol, BS16 2QS

Price List

Day Session: £38

Morning Session: £22

Afternoon Session: £22

Book The Week: £175



Childcare vouchers and tax-free childcare payments accepted

www.bizzykidzclub.com

Dear Parents/Guardians,

We're excited to offer on-site music lessons at Frome Vale Academy through our trusted UK-based music education partners. This is a fantastic opportunity for your child to learn a musical instrument during the school day, with no extra travel or scheduling hassles.

Why Sign Up?

* Convenient On-Site Lessons

All sessions take place at Frome Vale removing the hassle of additional travel or scheduling.

* Suitable for All Skill Levels

Whether your child is just starting or looking to enhance their talents, our lessons cater to every stage of musical development.

* Professional Instructors

Our qualified tutors build confidence, foster creativity, and inspire a lifelong love of music.

* Wide Instrument Selection

Guitar, drums, vocals, and ukulele are just some of the options available, ensuring there's something for everyone.

* Affordable Pricing

Lessons begin at just £5.00 (excl. VAT) for any chosen instrument.

* Free Instruments at School

We provide instruments for on-site lessons at no cost. For home practice, you may wish to purchase or borrow your own instrument.

How to Enrol

Simply complete our online sign-up form, and we will confirm your child's lesson schedule as soon as possible.

https://totallyradhub.co.uk/student-enrol/

If you have any questions, please direct them to <u>support@totallyradmusic.co.uk</u>.

Thank you, and we look forward to supporting your child's musical journey!









Beginners English Classes

Have you got a child in a CLF school?

We are offering free ESOL classes for adults.





Location: Beacon Centre, City Academy Bristol

Classes start: January 2025



Enrolment day: Wednesday 4th December,

10am - 1pm

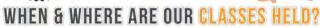
2

Limited places! Ring 0117 954 2806 to book.





FOGUS
ANTI-BULLYING
CONFIDENCE
RESPECT



LOCATION NAME: FROME VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS WE ALSO HAVE CLASSES AVAILABLE IN RRADLEY STOKE &

BOOK YOUR FREE CLASS
BY SCANNING THE QR CODE OR
Y VISITING WWW.MFDANCE.CO.UI







Little Kickers

SIGN UP

Full money-back guarantee

Visit our website to register! www.littlekickers.co.uk 07506346186

rbrightwell@littlekickers.co.uk

\! / NEW VENUE ALERT \! /

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS
Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years



led by Children's Scrapstore with LPW and Wecil

What is open access? Children can <u>come and go</u> as they please so they need to be <u>responsible for themselves</u> or <u>be with their adult</u>.

Children aged 8 and over can come on their own if they are allowed out unsupervised. Under 8's need to have an adult with them.

WE BRING THE KIT, YOU LEAD THE PLAY!

EVERY MONDAY

Term time: 3:30pm - 5:30pm

Green space outside Oldbury Court Children's Centre, BS16 2QS

Half Term Holidays*: 11:30am - 1:30pm Easter / Summer Holidays*:

Get **creative** and **imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!

No booking required



contact: playteam@childrensscrapstore.co.uk facebook page: Children's Scrapstore Play Rangers charity no, 1008788

*Except bank holidays.
Funded lunch for children provided in holiday sessions



















2/9, 23/9, 14/10, 16/12, 6/1, 27/1 4/11, 25/11,

RAINBOW

MEAT-FREE



Margherita Pizza Slice and Wedges

Curry

Roast Potatoes Roast Chicken, and Gravy Stuffing,

WEDNESDAY

Sticky Chinese Chicken Noodles

THURSDAY

Spanish Omelette

and Herby Diced

Potatoes

Salmon Fingers Golden Fish Fingers or and Chips

FRIDAY







Week 1













Toffee Frozen Yoghurt

Tuna Mayo

Cheese or

Sweetcorn

Veggie Pepper and Slice with Wedges

Veggie Dish

MAGIC

MAIN EVENT

Sweetcorn Pizza

Beans,

Sweet Potato Brownie

Tuna Mayo

Wholegrain

Veg Samosa

Chicken Tikka

Style Pie

Kachumber Salad and

Cheese or

Beans,

Forest Fruits Jelly Pots

Tuna Mayo

Cheese or

Peas and Carrots

Quorn Sausage, Roast Potatoes

and Gravy

Beans,

Cookie Dough Crumble Apple

Tuna Mayo

Cheese or

Green Beans

Beans,

Thumbprint Biscuits Jammy

Cheese or Tuna Mayo

Beans Baked

Veggie Burger and Chips

Beans,





topped with Homemade Tomato Sauce & Hot Pasta Cheese

M







9/9, 30/9, 21/10, 11/1, 2/12, 23/12, 13/1, 3/2 2024-25:



Cheesy Tomato Pizza Muffins

Roast Potatoes

and Gravy

Roast Chicken,

Stuffing,

Wholegrain Pilaf

Butter Chicken

FRIDAY

Battered Fish

and Chips









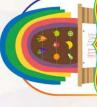


Week 2









RAINBOW

MEAT-FREE

Veggie Dish

EVENT

MAGIC

Pasta Salad and Wholegrain **Green Salad**

> Pizza Slice Sweetcorn

BBQ and

Rice and

Sweetcorn

Enchiladas

Chimichangas

Chicken

Veggie

Crispy Onion Topping Cauliflower Cheese, & Roast Potatoes (You don't have to have the onions)!

Mixed Greens

Cauliflower Potato Aloo Gobi Curry

Wrap with Chips **Tomato Toasted** Cheese and

Baked Beans



Tuna Mayo Cheese or Beans,

Peas

Tuna Mayo Cheese or Beans,



Toffee Apple Sponge and Custard

AVAILABLE DAILY

Sprinkle Iced Chocolate

Coconut Jelly Raspberry

Fresh Fruit Salad

Biscuits Anzac



Tomato Sauce & topped with Homemade Hot Pasta Cheese W1

096



Autumn Winter

2024-25: 16/9, 7/10, 28/10, 18/11, 9/12, 30/12, 20/1, 10/2

MONDAY

IUESDAY

WEDNESDAY

HURSDAY

FRIDAY

MAIN

MEAT-FREE MAGIC

> American Style Macaroni Cheese

Jerk Chicken Wraps and Wedges

Pocket with Feta,

Greek Pitta

Hummus, Salad and Wedges

> Roast Chicken, Stuffing, Roast Potatoes and Gravy

South African Beef Bobotie with Rice

Golden Fish Fingers or Salmon Fingers and Chips



Carrots

Veggie Wholegrain

Veggie Dish

Pasta Bolognese

Roast Root Veggies Peas and Sweetcorn

> Stuffing Pastry Plait

Carrot and

Broccoli

Fruity Sweet Potato

Tagine with Rice

Vegetable Fingers and Chips

Baked Beans

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Beans, Cheese or Tuna Mayo Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo Beans, Cheese or Tuna Mayo Beans, Cheese or Tuna Mayo

PALLY SALAD BOWL,
FRESHLY BAKED BREAD
YOGHURTS AND
CUT FRUIT

Marble Cake

AVAILABLE DAILY

Apple, Cinnamon Raisin Flapjacks

Orange and Mango Jelly Banana Bread Muffins Gingerbread Cookies

