

# Friday 20 December 2024



[www.fromevaleacademy.clf.uk](http://www.fromevaleacademy.clf.uk)

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Value of the term Truth/Honesty  
Learning behaviour Self Evaluating



## The Week Ahead Week 1 of Term 3

Date	What is Happening	Which classes	What you need to do
6/1/25	Inset Day	ALL	Enjoy the last day of school holiday
6/1/25 to 10/1/25	Week 1 Aspens School Menu	ALL	Click <a href="#">HERE</a> to see Menu -discuss with child
7/1/25	First Day Term 3	ALL	Ensure child is on school by 8.45am
7/1/25	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
7/1/25	PE	Year 3, Year 4	Please ensure your child is wearing their PE kit to School
7/1/25	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
7/1/25	Dance After School Club	Year 3, Year 4, Year 5, Year 6	Remember to collect your child at 4.30pm
8/1/25	Forest School	Year R, Year 3	Please ensure child has weather appropriate warm outer wear and wellies
8/1/25	PE	Year 6	Please ensure your child is wearing their PE kit to School
9/1/25	Gym Run	Year 2, Year 3, Year 4	Please ensure your child is wearing their PE kit to School
9/1/25	Swimming Lessons	Year 5, Year 6	Please ensure child has swimming kit and towel
9/1/25	Big Kick After School Club	Booked Children Only	Remember to collect your child at 4.30pm
9/1/25	MF Dance Club	Booked Children Only	Book Free Trial <a href="#">HERE</a>
10/1/25	PE	Year 1, Year 5	Please ensure your child is wearing their PE kit to School
12/1/25	Little Kickers	Children under 5	The new football club (ages 1.5 to 5 years) Click <a href="#">HERE</a>

Would you like your child to learn Guitar or Piano?

Totally RAD have some music lesson availability become available—please check out their website and register your child [HERE](#)



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## The Week Ahead and beyond Week 1 Term 3

Event	Classes	Date	What you need to do
First Day Term 3	All	Tuesday 7 January 2025	All children in school for 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 9 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 9 January 2025	Ensure child brings swimming kit
Open Event for new Reception Parents	All	Friday 10 January 2025	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 9.30am
Spring School Census	All	Thursday 16 January 2025	Ensure child in school on this day please
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 16 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 16 January 2025	Ensure child brings swimming kit
Bristol Beacon Music Trip	Year 3, Year 4, Year 5, Year 6	Friday 17 January 2025	More information to follow
Bristol Flyers Basketball Event	Invited children only	Monday 20 January 2025	If your child has been invited you will get more information—save the date
My Bank Finance Sessions	Year 3, Year 4, Year 5, Year 6	Tuesday 21 January 2025	Ensure child in school by 8.45am
Open Door	All	Thursday 23 January 2025	See children's books 8.30am to 8.50am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 23 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 23 January 2025	Ensure child brings swimming kit
ECO Warrior Presentation to parents	All	Friday 24 January 2025	ECO Warriors present Eco Plan to parents @ 2.45pm in main hall—please join them
PINS Event	ALL	Monday 27 January 2025	Bristol Parent and Carers meet at 9am in the school hall
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 30 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 30 January 2025	Ensure child brings swimming kit
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 6 February 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 6 February 2025	Ensure child brings swimming kit
Spelling Bee Event	All	Wednesday 12 February 2025	Ensure child in school by 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 13 February 2025	Ensure child in PE Kit
Last Day Term 3	All	Friday 14 February 2024	Non Uniform Day—£1 donation if you can <b>No sliders, crocs or flip flops please</b>



**AT HOME  
DENTAL**

The Big Brush Club are hosting several **live oral health improvement webinars** throughout December and January for parents/guardians.

These sessions will provide valuable information on how to support children aged 0-11 years to have the best oral health start.



During each session there will be two dental care professionals presenting and on hand to answer any questions you might have throughout the webinar. We do not require any cameras or microphones to be used, however there will be a chat box to ask any questions you might have throughout.

**Please click on the dates below to register:**

[Thursday 12<sup>th</sup> December at 6pm - Parents](#)

[Tuesday 14<sup>th</sup> January at 6pm - Parents](#)

Any issues registering for the dates above please contact me - thank you  
Best wishes,

**Chantelle Coles**

Project Facilitator

[www.bigbrushclub.co.uk](http://www.bigbrushclub.co.uk)

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## Bristol World

### Bristol's Top-Performing Primary Schools in 2024

Bristol 24/7 has released its list of the top 26 primary schools based on 2024 SAT scores and Ofsted reports. **Frome Vale Academy (FVA)** proudly ranks 4th, showcasing the dedication of its students and staff.

#### Top 4 Schools:

1. **Summerhill Academy** - 94% of students met the expected standard.
2. **Bishop Road Primary School** - 84% of pupils achieved the expected standard.
3. **Elmlea Junior School** - Also at 84%.
4. **Frome Vale Academy (FVA)** - Notable for its remarkable progress.

Congratulations to all the schools featured, especially FVA for their impressive ranking!

You can view the article [HERE](#)





# Beginners English Classes

Have you got a child in a CLF school?  
We are offering free ESOL classes for adults.



**Location:** Beacon Centre, City Academy Bristol

**Classes start:** January 2025



**Enrolment day:** Wednesday 4th December,  
10am – 1pm

**Limited places!**  
Ring 0117 954 2806 to book.



## KEY BENEFITS OF MF DANCE

**FOCUS**  
**ANTI-BULLYING**  
**CONFIDENCE**  
**RESPECT**  
**GREAT FUN**

LIMITED SPACES AVAILABLE

FREE CLASS AVAILABLE

### WHEN & WHERE ARE OUR CLASSES HELD?

LOCATION NAME: FROM VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS

WE ALSO HAVE CLASSES AVAILABLE IN BRADLEY STOKE & YATE

BOOK YOUR FREE CLASS BY SCANNING THE QR CODE OR BY VISITING [WWW.MFDANCE.CO.UK](http://WWW.MFDANCE.CO.UK)



## OPEN ACCESS PLAY RANGER Play Sessions

Led by Children's Scrapstore with LPW and Wecl

**What is open access?** Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children aged 8 and over can come on their own if they are allowed out unsupervised. Under 8's need to have an adult with them.

**WE BRING THE KIT, YOU LEAD THE PLAY!**

**EVERY MONDAY**

**Term time: 3:30pm - 5:30pm**

**Green space outside Oldbury Court Children's Centre, BS16 2QS**

**Half Term Holidays\*:**

**11:30am - 1:30pm**

**Easter / Summer Holidays\*:**

**10:30am - 2:30pm**

Get **creative and imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!

**No booking required**

FREE

contact: [playteam@childresscrapstore.co.uk](mailto:playteam@childresscrapstore.co.uk)  
facebook page: Children's Scrapstore Play Rangers  
charity no. 1008788

\*Except bank holidays.

Funded lunch for children provided in holiday sessions



**Little Kickers**  
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!

[www.littlekickers.co.uk](http://www.littlekickers.co.uk)

07506346186

[rbrightwell@littlekickers.co.uk](mailto:rbrightwell@littlekickers.co.uk)

**!!! NEW VENUE ALERT !!!**

**Frome Vale Academy, Frenchay Road, Bristol BS16 2QS**

**Classes starting on Sunday the 6th of October**

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years



Autumn Winter  
2024-25:  
2/9, 23/9, 14/10,  
4/11, 25/11,  
16/12, 6/1, 27/1

# LUNCH TIME



THE  
**MAIN EVENT**



**MEAT-FREE MAGIC**  
Veggie Dish



**RAINBOW ALLEY**  
Vegetables and Salads



**BIG TOPPING**  
Filled Jackets



**DESSERT TROLLEY**

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT  
**AVAILABLE DAILY**



**AVAILABLE EVERY DAY**  
**Topped Pasta**  
Hot Pasta topped with Homemade Tomato Sauce & Cheese

**MONDAY**

Margherita Pizza  
Slice and Wedges

Veggie Pepper and  
Sweetcorn Pizza  
Slice with Wedges

Sweetcorn

Beans,  
Cheese or  
Tuna Mayo

Toffee Frozen  
Yoghurt

**TUESDAY**

Chicken Tikka  
Curry

Veg Samosa  
Style Pie

Kachumber  
Salad and  
Wholegrain  
Rice

Beans,  
Cheese or  
Tuna Mayo

Sweet Potato  
Brownie

**WEDNESDAY**

Roast Chicken,  
Stuffing,  
Roast Potatoes  
and Gravy

Quorn Sausage,  
Roast Potatoes  
and Gravy

Peas and Carrots

Beans,  
Cheese or  
Tuna Mayo

Forest Fruits  
Jelly Pots

**THURSDAY**

Sticky Chinese  
Chicken Noodles

Spanish Omelette  
and Herby Diced  
Potatoes

Green Beans

Beans,  
Cheese or  
Tuna Mayo

Cookie Dough  
Apple  
Crumble

**FRIDAY**

Golden Fish  
Fingers or  
Salmon Fingers  
and Chips

Veggie Burger and  
Chips

Baked  
Beans

Beans,  
Cheese or  
Tuna Mayo

Jammy  
Thumbprint  
Biscuits



Autumn Winter

2024-25:  
9/9, 30/9, 21/10,  
11/1, 2/12,  
23/12, 13/1, 3/2

WORLD

Week 2

# LUNCH TIME

**THE MAIN EVENT**

**MEAT-FREE MAGIC**  
Veggie Dish

**RAINBOW ALLEY**  
Vegetables and Salads

**BIG TOPPING**  
Filled Jackets

**DESSERT TROLLEY**

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT

AVAILABLE DAILY

**PASTA TWIRLER**

AVAILABLE EVERY DAY

**Topped Pasta**  
Hot Pasta topped with Homemade Tomato Sauce & Cheese

**MONDAY**

- Cheesy Tomato Pizza Muffins
- Chicken Chimichangas
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- Butter Chicken Wholegrain Pilaf Rice
- Battered Fish and Chips

- BBQ and Sweetcorn Pizza Slice
- Veggie Enchiladas
- Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)
- Aloo Gobi Cauliflower Potato Curry
- Cheese and Tomato Toasted Wrap with Chips

- Wholegrain Pasta Salad and Green Salad
- Rice and Sweetcorn
- Mixed Greens
- Peas
- Baked Beans

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo

- Toffee Apple Sponge and Custard
- Chocolate Sprinkle Iced Cake
- Raspberry Coconut Jelly
- Fresh Fruit Salad
- Anzac Biscuits

**TUESDAY**

- Chicken Chimichangas
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- Butter Chicken Wholegrain Pilaf Rice
- Battered Fish and Chips

- BBQ and Sweetcorn Pizza Slice
- Veggie Enchiladas
- Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)
- Aloo Gobi Cauliflower Potato Curry
- Cheese and Tomato Toasted Wrap with Chips

- Wholegrain Pasta Salad and Green Salad
- Rice and Sweetcorn
- Mixed Greens
- Peas
- Baked Beans

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo

- Toffee Apple Sponge and Custard
- Chocolate Sprinkle Iced Cake
- Raspberry Coconut Jelly
- Fresh Fruit Salad
- Anzac Biscuits

**WEDNESDAY**

- Chicken Chimichangas
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- Butter Chicken Wholegrain Pilaf Rice
- Battered Fish and Chips

- BBQ and Sweetcorn Pizza Slice
- Veggie Enchiladas
- Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)
- Aloo Gobi Cauliflower Potato Curry
- Cheese and Tomato Toasted Wrap with Chips

- Wholegrain Pasta Salad and Green Salad
- Rice and Sweetcorn
- Mixed Greens
- Peas
- Baked Beans

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo

- Toffee Apple Sponge and Custard
- Chocolate Sprinkle Iced Cake
- Raspberry Coconut Jelly
- Fresh Fruit Salad
- Anzac Biscuits

**THURSDAY**

- Chicken Chimichangas
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- Butter Chicken Wholegrain Pilaf Rice
- Battered Fish and Chips

- BBQ and Sweetcorn Pizza Slice
- Veggie Enchiladas
- Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)
- Aloo Gobi Cauliflower Potato Curry
- Cheese and Tomato Toasted Wrap with Chips

- Wholegrain Pasta Salad and Green Salad
- Rice and Sweetcorn
- Mixed Greens
- Peas
- Baked Beans

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo

- Toffee Apple Sponge and Custard
- Chocolate Sprinkle Iced Cake
- Raspberry Coconut Jelly
- Fresh Fruit Salad
- Anzac Biscuits

**FRIDAY**

- Chicken Chimichangas
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- Butter Chicken Wholegrain Pilaf Rice
- Battered Fish and Chips

- BBQ and Sweetcorn Pizza Slice
- Veggie Enchiladas
- Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)
- Aloo Gobi Cauliflower Potato Curry
- Cheese and Tomato Toasted Wrap with Chips

- Wholegrain Pasta Salad and Green Salad
- Rice and Sweetcorn
- Mixed Greens
- Peas
- Baked Beans

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo

- Toffee Apple Sponge and Custard
- Chocolate Sprinkle Iced Cake
- Raspberry Coconut Jelly
- Fresh Fruit Salad
- Anzac Biscuits



**Autumn Winter**  
2024-25:  
16/9, 7/10,  
28/10, 18/11,  
9/12, 30/12,  
20/1, 10/2

# LUNCH TIME

**THE MAIN EVENT**

American Style  
Macaroni  
Cheese

Jerk Chicken  
Wraps and  
Wedges

Roast Chicken,  
Stuffing,  
Roast Potatoes  
and Gravy

South African Beef  
Bobotie with Rice

Golden Fish  
Fingers or  
Salmon Fingers  
and Chips

**MEAT-FREE MAGIC**  
Veggie Dish

Veggie Wholegrain  
Pasta Bolognese

Greek Pitta  
Pocket with Feta,  
Hummus, Salad  
and Wedges

Carrot and  
Stuffing Pastry  
Plait

Fruity Sweet Potato  
Tagine with Rice

Vegetable Fingers  
and Chips

**RAINBOW ALLEY**  
Vegetables and Salads

Carrots

Roast Root  
Veggies

Peas and  
Sweetcorn

Broccoli

Baked  
Beans

**BIG TOPPING**  
Filled Jackets

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

Beans,  
Cheese or  
Tuna Mayo

**DESSERT TROLLEY**

Marble Cake

Apple,  
Cinnamon  
Raisin  
Flapjacks

Orange and  
Mango Jelly

Banana Bread  
Muffins

Gingerbread  
Cookies

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT  
AVAILABLE DAILY

AVAILABLE EVERY DAY  
**Topped Pasta**  
Hot Pasta  
topped with  
Homemade  
Tomato Sauce &  
Cheese