

Friday 20 September 2024



www.fromevaleacademy.clf.uk

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Value of the term Respect
Learning behaviour Aspiration

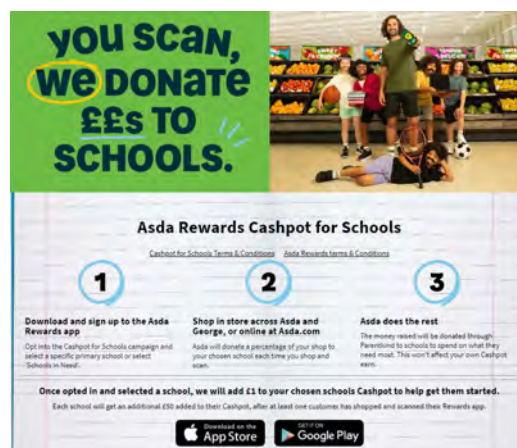


The Week Ahead Week 4 of Term 1

Date	What is Happening	Which classes	What you need to do
23 to 27/9/24	Week 1 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
23/9/24	PINS Event	ALL	No Need to book, but register your interest HERE More information can be found HERE
23/9/24	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
23/9/24	PE	Year R, Year 4, Year 6	Please ensure your child is wearing their PE kit to School
24/9/24	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
24/9/24	PE	Year 2, Year 5,	Please ensure your child is wearing their PE kit to School
24/9/24	Multi Sports After School Club	Booked Children Only	Remember to collect your child at 4.30pm
25/9/24	Forest School	Year R, Year 1	Please ensure child has weather appropriate outer wear and wellies
25/9/24	PE	Year 2, Year 5	Please ensure your child is wearing their PE kit to School
26/9/24	PE	Year 3, Year 6	Please ensure your child is wearing their PE kit to School
26/9/24	Coding Club	Booked Children Only	Remember to collect your child at 4.30pm
27/9/24	PE	Year 1, Year 3, Year 4	Please ensure your child is wearing their PE kit to School



Shop in Asda?
Please donate via the Asda rewards app
Select our school
Shop at Asda online or in store
Money will be donated to us every time you shop with Asda.



It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

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The Week Ahead and beyond Week 4 Term 1

Event	Classes	Date	What you need to do
Art Week	All	Monday 30 September 2024 to Friday 4 October 2024	Ensure child has old shirt/apron in school for the week
Phonics Workshop	Year R, Year 1 and Year 2	Wednesday 2 October 2024	Join us in the hall @ 9.00am. More information can be found HERE
School Census Day	All	Thursday 3 October 2024	Ensure child is in school at 8.45am and please encourage child to eat a school lunch today
Bikeability	Year 5	Monday 7 and Tuesday 8 October 2024	Save the date—more information to follow
Lifeskills Trip	Year 6	Thursday 10 October 2024	Save the date: More information to follow
Open Event for new Reception Parents 2025	All	Friday 11 October 2024	Contact the school to book your space @ 9.30am Email: info@fva.clf.uk
Clifton Suspension Bridge Trip	Year 2	Tuesday 15 October	Save the date—More information to follow
Flu Immunisation	All	Wednesday 16 October 2024	Save the date: More information to follow
Rags to Riches	All	Friday 18 October 2024	Donate your quality clothes to raise funds for the school. More information HERE
Music Day	All	Tuesday 22 October 2024	Ensure child in school at 8.45am
Re Day	All	Wednesday 23 October 2024	Ensure child in school at 8.45am
Fancy Dress Disco	All	Wednesday 23 October 2024	Year R, Year 1 & Year 2 @ 3.45 - 4.45 Year 3, Year 4, Year 5 & Year 6 @ 5- 6pm
Last Day Term 1	All	Wednesday 23 October 2024	Non Uniform Day—£1 donation if you can . No sliders, crocs or flip flops please
First Day Term 2	All	Monday 4 November 2024	All children in school for 8.45am
Open Event for new Reception Parents 2025	All	Friday 8 November 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 1.30pm
Diwali Event	All	Thursday 14 November 2024	More information to follow
Open Door	All	Thursday 21 November 2024	Visit child's class 8.30am to 8.50am
Gym Run	All	Thursday 21 November 2024	PE Kit to be worn
Parents Evenings	All	Tuesday 26 and Wednesday 27 November 2024	Save the Dates: More information to follow
School Photo Day	All	Wednesday 27 November 2024	Save the date: More information to follow
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 12 December 2024	Ensure child in PE Kit
Open Event for new Reception Parents	All	Thursday 12 December 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 5pm
Christmas Fair	All	Thursday 19 December 2024	Festive fun! 3.30pm to 5.30pm—All Welcome
Last Day Term 2	All	Friday 20 December 2024	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please

FROME VALE ACADEMY PHONICS WORKSHOP FOR FAMILIES

Please join us in the FVA hall!

When? Wednesday 2nd October 9am-9.40am

Where? Frome Vale Academy Hall

What? Reception and KS1 Phonics information session for families

Please head to the school office for 9am to sign in after you have dropped your child/children off.





Dear Parents & Carers,

Instructor Nick here - Taekwon-Do is coming to **Frome Vale Primary School** & we are offering a Month Free! It's on **Tuesdays**, **spaces will be limited and may be subject to a waiting list**. It's all about high performance freestyle Tae Kwon-Do & developing that Self-control and Confidence. Yes, we have the black belts, kicks and tricks, but it's all about:

Teamwork
Integrity
Growth
Energy
Respect
Self-Control



The upcoming 4 week free trial will run at **Frome Vale Primary School** starting **Tuesday 24th September** and will continue at that location going forward:

Juniors (School Yr 3-6): Tuesdays 3:30-4:20 - Year 2s should apply, as we may open it up to Year 2 in the coming months, depending on class numbers.

We are launching a Senior (Year 6-7 to begin with) class on **Fridays 5pm-5:45pm** at **Blackhorse School** mid Sept, which will be open to **Frome Vale** students as they graduate. Students who are graduating to Year 7 should apply for this club on the form.

Please do not enter the building on pickup, release will be outside.

Our classes are the lowest priced pro Tae Kwon-Do sessions in the area! After the free trial, should you wish to continue, classes are just £34 a month, which includes all **training, belts, gradings, replacement uniforms, patches, licensing & insurance**. Siblings train at a huge £9 per month discount too!

To register your child via mobile or desktop, please fill out this short form: www.tigermartialarts.club/monthfree

Should you have any questions, feel free to contact Kat, TMA admin by email: admin@tigermartialarts.club or by phone between 10am-3pm **07921855900**.

Once booked, we'll contact you before the start to confirm details. To find out more: www.tigermartialarts.club

Thanks as always for your support,

Instructor Nick

Head Instructor - Tiger Martial Arts

NORTH SOMERSET PWC

PARENT CARERS WORKING TOGETHER

You're invited to our in-school peer support session for the Partnerships for Inclusion of Neurodiversity in Schools (PINS) project, in collaboration with Bristol Parent Carers.

This session is open to all parents of children with neurodivergent needs, including autism, ADHD, dyslexia, dyspraxia, dyscalculia, Tourette's, learning disabilities, developmental language disorder, and mental health needs. These sessions provide a safe space for parents and carers to share experiences, gain support, and collaborate on strategies to improve inclusion for neurodivergent students. No diagnosis is needed.

The PINS project is a joint effort involving NHS England, the Department of Education, the Integrated Care Board, and Bristol City Council.

There is no need to book, but if you would like to register your interest then click the link [here](#).

Date: 23/9/24

Time: 9 - 10:30am

Location: Frome Vale Academy

Bristol Parent Carers

PARTNERSHIPS FOR INCLUSION OF NEURODIVERSITY IN SCHOOLS (PINS)

WITH BRISTOL PARENT CARERS

**Monday 23rd
September
@ 9-10:30am**



Raise funds by collecting reusable clothes



Our school is raising money by collecting reusable clothes.

Please help us by donating your unwanted reusable clothes and accessories.
Donated items become affordable clothing and accessories.

WE ACCEPT CLEAN, GOOD QUALITY, DRY, REUSABLE CLOTHING

- Adults, Childrens & Babies Clothing
- Jewellery and Accessories
- Paired Shoes and Footwear
- Belts and Handbags

A full list of reusable items is listed on our website
www.rags2riches4schools.co.uk

WE DO NOT ACCEPT

POOR QUALITY ITEMS SUCH AS
DIRTY, WET, RIPPED OR SOILED
CLOTHES.
PILLOWS, DUVETS, CURTAINS,
BOOKS CDs OR ANY UNIFORM

Please use the clothing bag provided.
You can also use any additional bag if required.

Collection Date:

9am Friday 18th October

Please remember - NO UNIFORM



FOOD FESTIVAL
By Aspens

LUNCHTIME

WORLD
Week 1



Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1

THE MAIN EVENT

MEAT-FREE MAGIC
Veggie Dish

RAINBOW ALLEY
Vegetables and Salads

BIG TOPPING
Filled Jackets

DESSERT TROLLEY

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY

MONDAY

Margherita Pizza
Slice and Wedges

Veggie Pepper and
Sweetcorn Pizza
Slice with Wedges

Sweetcorn

Beans,
Cheese or
Tuna Mayo

Toffee Frozen
Yoghurt

TUESDAY

Chicken Tikka
Curry

Veg Samosa
Style Pie

Kachumber
Salad and
Wholegrain
Rice

Beans,
Cheese or
Tuna Mayo

Sweet Potato
Brownie

WEDNESDAY

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

Quorn Sausage,
Roast Potatoes
and Gravy

Peas and Carrots

Beans,
Cheese or
Tuna Mayo

Forest Fruits
Jelly Pots

THURSDAY

Sticky Chinese
Chicken Noodles

Spanish Omelette
and Herby Diced
Potatoes

Green Beans

Beans,
Cheese or
Tuna Mayo

Cookie Dough
Apple
Crumble

FRIDAY

Golden Fish
Fingers or
Salmon Fingers
and Chips

Veggie Burger and
Chips

Baked
Beans

Beans,
Cheese or
Tuna Mayo

Jammy
Thumbprint
Biscuits

PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese

LUNCHTIME



Autumn Winter
2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 3/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheesy Tomato
Pizza Muffins

Chicken
Chimichangas

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

Butter Chicken
Wholegrain Pilaf
Rice

Battered Fish
and Chips



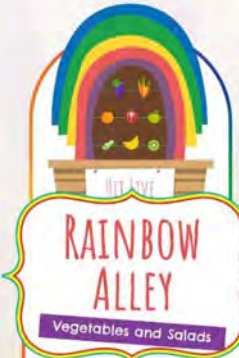
BBQ and
Sweetcorn
Pizza Slice

Veggie
Enchiladas

Cauliflower Cheese,
Crispy Onion Topping
& Roast Potatoes
(You don't have to have
the onions)!

Aloo Gobi
Cauliflower Potato
Curry

Cheese and
Tomato Toasted
Wrap with Chips



Wholegrain
Pasta Salad and
Green Salad

Rice and
Sweetcorn

Mixed Greens

Peas

Baked
Beans



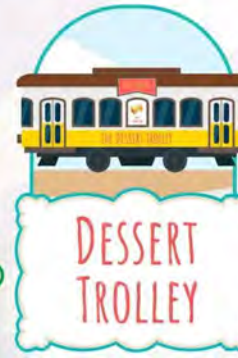
Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo



Toffee Apple
Sponge and
Custard

Chocolate
Sprinkle Iced
Cake

Raspberry
Coconut Jelly

Fresh Fruit
Salad

Anzac
Biscuits



FOOD FESTIVAL

By Aspens

LUNCHTIME



Autumn Winter
2024-25:
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



LET'S MEET TIME

THE MAIN EVENT

American Style Macaroni Cheese

Jerk Chicken Wraps and Wedges

Roast Chicken, Stuffing, Roast Potatoes and Gravy

South African Beef Bobotie with Rice

Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE MAGIC

Veggie Dish


Veggie Wholegrain Pasta Bolognese

Greek Pitta Pocket with Feta, Hummus, Salad and Wedges

Carrot and Stuffing Pastry Plait

Fruity Sweet Potato Tagine with Rice

Vegetable Fingers and Chips



RAINBOW ALLEY

Vegetables and Salads

Carrots

Roast Root Veggies

Peas and Sweetcorn

Broccoli

Baked Beans



BIG TOPPING

Filled Jackets


Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo



DESSERT TROLLEY

Marble Cake

Apple, Cinnamon Raisin Flapjacks

Orange and Mango Jelly

Banana Bread Muffins

Gingerbread Cookies

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

AVAILABLE DAILY



PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce & Cheese