

Friday 22 November 2024



www.fromevaleacademy.clf.uk

Follow us on Twitter: [@frome_vale](https://twitter.com/frome_vale)

Value of the term Thankfulness
Learning behaviour Collaboration



The Week Ahead Week 4 of Term 2

Date	What is Happening	Which classes	What you need to do
25/11/24 to 29/11/24	Week 1 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
25/11/24	PINS Meeting	ALL	9am -All welcome—More information HERE
25/11/24	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
25/11/24	PE	Year R, Year 1, Year 2, Year 4	Please ensure your child is wearing their PE kit to School
25/11/24	Chess Club After School	Booked Children Only	Remember to collect your child at 4.30pm
26/11/24	Parents Evening	Booked Parents Only	Book your meeting HERE
26/11/24	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
26/11/24	PE	Year 4, Year 6	Please ensure your child is wearing their PE kit to School
26/11/24	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
26/11/24	Multi Sports After School Club	Booked Children Only	Remember to collect your child at 4.30pm
27/11/24	School Photo Day	ALL (if consent provided)	Give your consent HERE Pre school siblings at 8.15am
27/11/24	Parents Evening	Booked Parents Only	Book your meeting HERE
27/11/24	Forest School	Year R, Year 2	Please ensure child has weather appropriate warm outer wear and wellies
27/11/24	PE	Year 6	Please ensure your child is wearing their PE kit to School
28/11/24	Charlie & the Chocolate Factory Trip to Bristol Met	Year 5, Year 6	Please ensure child has coat
28/11/24	PE	Year 3, Year 5	Please ensure your child is wearing their PE kit to School
28/11/24	MF Dance Club	Booked Children Only	Book Free Trial HERE
29/11/24	Open Event for 2025 Year R Parents	ALL	Open Event is @ 9.30am
29/11/24	PE	Year 1, Year 3, Year 5	Please ensure your child is wearing their PE kit to School
1/12/24	Little Kickers	Children under 5	The new football club (ages 1.5 to 5 years) Click HERE

Parents Evening Bookings

Tuesday 26 and Wednesday 27 November
Please book your meeting with your children(s) teacher(s). You will need to book 1 meeting per child. Click [HERE](#)



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The Week Ahead and beyond Week 4 Term 2

Event	Classes	Date	What you need to do
PINS Meeting	All	Monday 25 November 2024	Meeting starts at 9am—Click HERE for more information
Parents Evenings	All	Tuesday 26 and Wednesday 27 November 2024	Save the Dates: Book your meeting HERE
School Photo Day	All	Wednesday 27 November 2024	More Information HERE Consent Required
Charlie & the Chocolate Factory Trip to Bristol Met	Year 5, Year 6	Thursday 28 November 2024	Consent Required HERE
Open Event for new Reception Parents	All	Friday 29 November 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 9.30am
Phonics Workshop	Year R, Year 1	2 December 2024	Parents Workshop @ 3.45pm More info HERE
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 12 December 2024	Ensure child in PE Kit
Open Event for new Reception Parents	All	Thursday 12 December 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 5pm
Winter Show	Year R, Year 1 Year 2	Tuesday 17 December 2024	9.30am in the Hall—save the date
Winter Show	Year R, Year 1 Year 2	Wednesday 18 December 2024	9.30am in the Hall—save the date
Music Day	All	Wednesday 18 December 2024	Ensure child in school by 8.45am
School Christmas Lunch	All	Wednesday 18 December 2024	Children will be served a Christmas Lunch today. (Vegetarian & Halal options available) No other food choice will be available. Book your child's lunch HERE
Christmas Jumper Day	All	Wednesday 18 December 2024	Christmas Jumper can be worn today with school uniform
RE Day	All	Thursday 19 December 2024	Ensure child in school by 8.45am
Christmas Fayre	All	Thursday 19 December 2024	Festive fun! 3.30pm to 5.30pm—All Welcome
Last Day Term 2	All	Friday 20 December 2024	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
First Day Term 3	All	Tuesday 7 January 2025	All children in school for 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 9 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 9 January 2025	Ensure child brings swimming kit
Open Event for new Reception Parents	All	Friday 10 January 2025	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 9.30am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 16 January 2025	Ensure child in PE Kit

Winter colds and flu are widespread at this time of year. However cold like symptoms in combination with a rash or red eye, could be measles. In this situation, please do not bring your child to school and ring 111 for further help and guidance.



UK Health
Security
Agency

Measles is circulating

- if you notice a **rash or red eye with the other** cold like symptoms:
- measles is extremely infectious and can be serious
- Make sure your children get two MMR vaccines on time; the first at 1 year of age and the second at 3 years, 4 months
- If you or your children missed these vaccines, it's not too late. Ask for the free vaccine from your family doctor (GP) if you or your children aren't up-to-date
- if you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- go to **nhs.uk** for more measles information

Symptoms

Rash



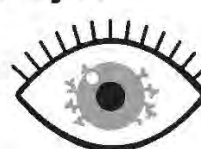
Temperature



Runny Nose



Red Eyes



Cough



School Photo Day—27 November

You **MUST** give your consent for your school age child(ren) to be photographed on the 27 November 2024.

Your child(ren) will not be photographed if you have not said YES!

Pre school siblings—arrive at 8.15am for all your children to be photographed together.

Provide your consent in My Child at School **HERE**

Bristol Parent Carers

PARTNERSHIPS FOR INCLUSION OF NEURODIVERSITY IN SCHOOLS (PINS)

WITH BRISTOL PARENT CARERS

**MONDAY 25TH NOVEMBER
@9AM-10:30 AM**





Let the
"feastivities"
begin!



Wednesday 18 December

Roast Turkey and Stuffing 

or

**Cheesy Cauliflower & Leek
Puff Pastry Wreath** 

with

**Roasties, Vegetable Medley,
Gravy and Yorkshire Pudding**

and

Snowy White Chocolate Blondie

or

Mince Pie Crumble Bar

£2.40 per child

To order Click **HERE**

FROME VALE ACADEMY PHONICS WORKSHOP FOR FAMILIES

We are running a second Phonics workshop for families who were unable to attend the first one. Please join us in the FVA hall.

When? Monday 2nd December at 3.45pm.

Where? Frome Vale Academy Hall

What? Reception and KS1 Phonics information session for families.

Please pick up your child and bring them with you to the main hall. There will be some activities for them to do.



Please remember to book your meeting with your child's teacher.

You will need to book one meeting per child.

Meetings can be booked by using the My Child at School (MCAS) app or website.

If you need help booking your meeting, please speak with your teacher or contact the school office.

We really want to meet with you to share the progression that your child is making this year.

Teachers can share insights and tips on how to help your child with homework or reading.

We really love the opportunity to talk about your child and their school life.

We look forward to seeing you on either the 26 or 27 November 2024.

Don't forget
parents,
evening!

BIZZY KIDZ CLUB

FESTIVE FUN!

HOLIDAY CLUB FOR CHILDREN AGED 4 - 11

23RD DECEMBER

FROM VALE ACADEMY BS16 2QS

HIGHLIGHTS:

- Christmas Party - Silly Jumper Contest
- Singing & Dancing - Festive Arts & Crafts
- Exciting Games & Prizes

DRESS CODE:

Festive Attire
Silly Jumpers Welcome!

HO-HO-HOPE TO SEE YOU THERE!

07584 624 136
WWW.BIZZYKIDZCLUB.COM

BIZZY KIDZ CLUB

OUR Wonderful WORLD

2nd & 3rd January 2025

From Vale Academy BS16 2QS

HOLIDAY CLUB FOR CHILDREN AGED 4 - 11

Volcano Eruptions
Lava Lamps
Fossil Making
Crystal Growing
Outdoor Games
Food Activities
Woodland Fun

www.bizzykidzclub.com | Call Us 07584 624 136

INTRODUCING CASHPOT FOR SCHOOLS

You scan we donate CE's

Parentkind

ASDA

THAT'S MORE LIKE IT

Download and opt-in today

Shop in Asda?

Please donate via the Asda rewards app

Select our school

Shop at Asda online or in store

Money will be donated to us

every time you shop with Asda.



Winter Newsletter

Facebook - Friends of Frome Vale Academy
Email - fvafriends@outlook.com

Who are we?

Volunteers organising fun activities to raise money and build up the community of families who are linked with Frome Vale Academy.



How can I get involved?

Scan the QR code to join our WhatsApp group or follow us on Facebook @Friends of Frome Vale Academy



Fundraising

Our two discos were a huge success! Thanks to those who helped and attended

Autumn Disco = £316.56
Diwali Disco = £401.36



'Spots and stripes' non-uniform and the Year 1 cake sale raised £279.73 for Children in Need!
Thank you for your donations



Frome Vale Academy

You have helped raise

£129.73

⌚ 12 days left

ASDA

CASH POT
FOR
SCHOOLS

(ends 30th Nov)

Upcoming events ...

Thursday 19th Dec - 3.45-5.30pm - Christmas Fayre

- Do you have items to sell? Book in advance (£5 per table)
- We need donations of teddies/ soft toys and books
- Can you offer raffle prizes through work or other contacts?
- Help needed to set up, run stalls at the event and tidy up



Donate soft toys + books

in good,
clean
condition

For the Christmas Fayre

Drop donations at the school office
by Wednesday 18th December



Calling local crafters

Buy a table for £5
to sell your products
at the Christmas Fayre

* * * Limited spaces * * *

Contact Libby (07592 068728) to book

B B C
CHILDREN
IN NEED

WE RAISED
£279.73

TO MAKE LIFE LIGHTER FOR CHILDREN

THANK
YOU



Institution of
**MECHANICAL
ENGINEERS**

Devon & Somerset Christmas Family Lecture:

ENGINEERING A BETTER WORLD:

Innovating for a
Sustainable Future

Tuesday 10th December
18:30 - 20:00, UWE Bristol

An exciting journey into the world
of engineering — fun for
kids and families!

Suitable for all ages!



improving the world through engineering



Beginners English Classes

Have you got a child in a CLF school?
We are offering free ESOL classes for adults.



Location: Beacon Centre, City Academy Bristol

Classes start: January 2025



Enrolment day: Wednesday 4th December,
10am – 1pm

Limited places!
Ring 0117 954 2806 to book.



KEY BENEFITS OF MF DANCE

FOCUS
ANTI-BULLYING
CONFIDENCE
RESPECT
GREAT FUN

LIMITED SPACES AVAILABLE



WHEN & WHERE ARE OUR CLASSES HELD?

LOCATION NAME: FROM VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS

WE ALSO HAVE CLASSES AVAILABLE IN BRADLEY STOKE & YATE

BOOK YOUR FREE CLASS BY SCANNING THE QR CODE OR BY VISITING WWW.MFDANCE.CO.UK



OPEN ACCESS PLAY RANGER Play Sessions

Led by Children's Scrapstore with LPW and Wecl

What is open access? Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children **aged 8 and over** can come on their own if they are allowed out unsupervised. **Under 8's** need to have an adult with them.

WE BRING THE KIT, YOU LEAD THE PLAY!

EVERY MONDAY

Term time: 3:30pm - 5:30pm

Green space outside Oldbury Court Children's Centre, BS16 2QS

Half Term Holidays*:

11:30am - 1:30pm

Easter / Summer Holidays*:

10:30am - 2:30pm

Get **creative and imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!
No booking required

FREE

contact: playteam@childrengscrapstore.co.uk
facebook page: Children's Scrapstore Play Rangers
charity no. 1008788

*Except bank holidays.

Funded lunch for children provided in holiday sessions



Little Kickers
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!

www.littlekickers.co.uk

07506346186

rbrightwell@littlekickers.co.uk

!!! NEW VENUE ALERT !!!

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS

Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years



Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1

LUNCH TIME



THE
MAIN EVENT



MEAT-FREE
MAGIC
Veggie Dish



RAINBOW ALLEY
Vegetables and Salads



BIG TOPPING
Filled Jackets



DESSERT TROLLEY

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT
AVAILABLE DAILY



AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

Margherita Pizza Slice and Wedges

Chicken Tikka Curry

Roast Chicken, Stuffing, Roast Potatoes and Gravy

Sticky Chinese Chicken Noodles

Golden Fish Fingers or Salmon Fingers and Chips

Veggie Pepper and Sweetcorn Pizza Slice with Wedges

Veg Samosa Style Pie

Quorn Sausage, Roast Potatoes and Gravy

Spanish Omelette and Herby Diced Potatoes

Veggie Burger and Chips

Sweetcorn

Kachumber Salad and Wholegrain Rice

Peas and Carrots

Green Beans

Baked Beans

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Toffee Frozen Yoghurt

Sweet Potato Brownie

Forest Fruits Jelly Pots

Cookie Dough Apple Crumble

Jammy Thumbprint Biscuits

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Autumn Winter

2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 3/2

WORLD

Week 2

LUNCH TIME



THE MAIN EVENT

Cheesy Tomato
Pizza Muffins

Chicken
Chimichangas

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

Butter Chicken
Wholegrain Pilaf
Rice

Battered Fish
and Chips



**MEAT-FREE
MAGIC**

Veggie Dish

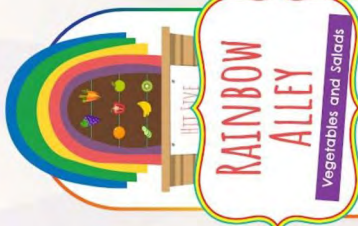
BBQ and
Sweetcorn
Pizza Slice

Veggie
Enchiladas

Cauliflower Cheese,
Crispy Onion Topping
& Roast Potatoes
(You don't have to have
the onions!)

Aloo Gobi
Cauliflower Potato
Curry

Cheese and
Tomato Toasted
Wrap with Chips



**RAINBOW
ALLEY**

Vegetables and Salads

Wholegrain
Pasta Salad and
Green Salad

Rice and
Sweetcorn

Mixed Greens

Peas

Baked
Beans



**BIG
TOPPING**

Filled Jackets

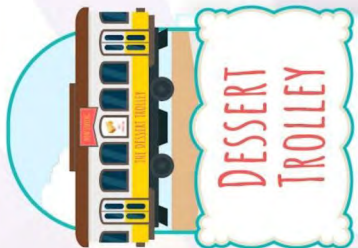
Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo



**DESSERT
TROLLEY**

Toffee Apple
Sponge and
Custard

Chocolate
Sprinkle Iced
Cake

Raspberry
Coconut Jelly

Fresh Fruit
Salad

Anzac
Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY

**PASTA
TWIRLER**

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese



Autumn Winter
2024-25:
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2

LUNCH TIME

THE MAIN EVENT

- American Style Macaroni Cheese
- Jerk Chicken Wraps and Wedges
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- South African Beef Bobotie with Rice
- Golden Fish Fingers or Salmon Fingers and Chips

MEAT-FREE MAGIC
Veggie Dish

- Veggie Wholegrain Pasta Bolognese
- Greek Pitta Pocket with Feta, Hummus, Salad and Wedges
- Carrot and Stuffing Pastry Plait
- Fruity Sweet Potato Tagine with Rice
- Vegetable Fingers and Chips

RAINBOW ALLEY
Vegetables and Salads

- Carrots
- Roast Root Veggies
- Peas and Sweetcorn
- Broccoli
- Baked Beans

BIG TOPPING
Filled Jackets

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo

DESSERT TROLLEY

- Marble Cake
- Apple, Cinnamon Raisin Flapjacks
- Orange and Mango Jelly
- Banana Bread Muffins
- Gingerbread Cookies

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY