

# Friday 22 September 2023



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Value of the term Motivation/Aspiration  
Learning behaviour Friendship



## The Week Ahead Week 4 of Term 1

Date	What is Happening	Which classes	What you need to do
25 - 29 September 23	Week 1 Aspens School Menu	ALL	Click <a href="#">HERE</a> to see Menu -discuss with child
25/9/23	Monday Sing	Every Monday from 8.30am to 8.45am	Join Mrs Hall in the main hall for a sing-a-long
25/9/23	PE	Year 4, Year 6	Please ensure your child is wearing their PE kit to School
25/9/23	TTRS After School Club	Booked Children Only	Remember to collect child at 4.30pm
25/9/23	Forest School After School Club	Booked Children Only	Remember to collect child at 4.45pm
26/9/23	PE	Year 2, Year 5	Please ensure your child is wearing their PE kit to School
26/9/23	After School Club Love of Learning ALL Years	Booked Children Only	Remember to collect child at 4.15pm
26/9/23	Scooter Tuesday	ALL	8.30am—Remember your scooter and helmet
27/9/23	PE	Year 3	Please ensure your child is wearing their PE kit to School.
27/9/23	Forest School	Year 1	Remember to bring wellies and coats if wet
28/9/23	Bristol Museum Trip	Year 5	Ensure you have paid for trip and given your consent. Click <a href="#">HERE</a>
28/9/23	Online Habitats Workshop	Year 1	Please ensure your child is in school by 8.45am
28/9/23	PE	Year 4, Year 5	Please ensure your child is wearing their PE kit to School
28/9/23	Forest School	Year R	Remember to bring wellies, coats and gloves
29/9/23	Drama Workshop	Year 4	Please ensure your child is in school by 8.45am
29/9/23	PE	Year R, Year 1, Year 2, Year 3, Year 6	Please ensure your child is wearing their PE kit to School.



### Lunchtime Supervisor Vacancy

Come and join the team. Working every lunchtime during the school term. Help our children experience a great lunchtime.

Click [HERE](#) for more information or to apply.

Please tell your friends and family if you think they may be interested.

**It is essential that we have your correct email address and mobile telephone number in order to support you.**

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

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Value of the term: Motivation/Aspiration  
Learning behaviour: Friendship

## The Week Ahead and beyond Week 4 Term 1







Event	Classes	Date	What you need to do
Museum Visit	Year 5	Thursday 28 September 2023	Please ensure you pay and provide your consent. Payment can be made at the office. Click <a href="#">HERE</a>
School Census Day	All	Thursday 5 October 2023	Please encourage your child to eat a school lunch today. This is how the government fund us
Cheddar Caves Trip	Year 6	Monday 9 October 2023	Trip cost is £20 payable in cash to the office. Consent must be given
Individual Photos	All	Tuesday 10 October 2023	Ensure wear school uniform on this day
Open Door	All	Thursday 12 October 2023	Take a look at your childs classroom 8.30am to 9am
Open Day for Prospective parents	All	Friday 13 October 2023	9.30am—visit for prospective parents for Reception class September 2024
Parent Reading Event	Year R & Year 1	Monday 16 October	Face to face at 3.45pm in the main hall
Last Day of Term 1	All	Wednesday 18 October 2023	Non uniform day—bring £1
First Day Term 2	All	Monday 30 October 2023	Ensure child in school by 8.45am
Halloween Tuck Shop	All	Tuesday 31 October 2023	Bring £1 (or more) for Halloween sweets 3.30pm
Rags to Riches Collection	All	Wednesday 1 November 2023	Ensure your bags of clean and donated clothes are in school by 9am
Open Day for Prospective parents	All	Friday 3 November 2023	9.30am—visit for prospective parents for Reception class September 2024
Pupil Voice Day	All	Thursday 9 November 2023	Ensure child is in school by 8.45am
Flu Immunisation for children	All	Friday 10 November 2023	You MUST provide your consent <a href="#">HERE</a>
Open Day for Prospective parents	All	Thursday 16 November 2023	4pm—visit for prospective parents for Reception class September 2024
Open Door	All	Thursday 30 November 2023	Take a look at your childs classroom 8.30am to 9am
LifeSkills Trip	Year 6	Friday 1 December 2023	Save the date —more information to follow
DT Week	All	Monday 4—Friday 8 December 2023	Save the date —more information to follow
Last Day Term 2	All	Friday 15 December 2023	Non uniform day—bring £1
First Day Term 3	All	Wednesday 3 January 2024	Ensure child in school by 8.45am
Swimming Lessons	Year 5	Friday 12 January 2024	Bring swimming costume and towel
Trip to Hindu Temple	Year 5	Wednesday 17 January 2024	Save the date —more information to follow
Spring Census Day	All	Thursday 18 January 2024	Please encourage your child to eat a school lunch today. This is how the government fund us
Swimming Lessons	Year 5	Friday 19 January 2024	Bring swimming costume and towel

# 2023 2024 Autumn Menu Available from 5 September 2023

**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024  
4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

## LUNCH WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>MAIN EVENT</b> <i>Meat Dish</i>	Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers (Halal Meatball)	Mild Chicken Curry with 50/50 Whole Grain Rice (Halal Chicken)	Sausages & Red Onion Roast Potatoes & Gravy (Halal Chicken Sausage)	BBQ Chicken Drizzle Pizza with Baked Potato Wedges (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
 <b>MEAT-FREE MAGIC</b> <i>Vegetarian Dish</i>	Cheesy Broccoli Pasta Bake	Sweet Potato Chickpea Balti with Whole Grain Rice	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Pizza Margherita with Potato Wedges	Veggie Fishless Fingers & Chips
 <b>RAINBOW ALLEY</b> <i>Vegetables and Salads</i>	Mixed Salad or Carrot Sticks	Green Beans or Cucumber	Broccoli or Tomato Salad	Peas or Carrot Sticks	Baked Beans or Shredded Lettuce
 <b>PASTA TWIRLER</b> <i>Topped Pasta</i>	<b>Hot Tomato Pasta</b> with Hidden Veggies				
 <b>BIG TOPPING</b> <i>Filled Jacket</i>	<b>Crispy Skin Jackets</b> with Cheese or Beans				
 <b>DESSERT TROLLEY</b> <i>Pudding</i>	Marble Sponge Cake	Jelly & Fruit Slices	Fruity Flapjack	Lemon Cookie	Vanilla Ice Cream

**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024  
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

## LUNCH WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>MAIN EVENT</b> <i>Meat Dish</i>	All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans (Halal Chicken Sausage)	Tomato & Roasted Vegetable with Beef Pasta Bake (Halal Mince)	Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)	Chicken Chow Mein Noodles (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
 <b>MEAT-FREE MAGIC</b> <i>Vegetarian Dish</i>	All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans	Golden Vegetable Fingers with Baked Potato Wedges	Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash	Mexican Bean Wrap with Whole Grain Rice	Veggie Fishless Fingers with Chips
 <b>RAINBOW ALLEY</b> <i>Vegetables and Salads</i>	Baked Beans or Sweetcorn Salad	Green Salad or Shredded Lettuce	Savoy Cabbage or Carrot Sticks	Green Beans or Shredded Lettuce	Baked Beans or Shredded Lettuce
 <b>PASTA TWIRLER</b> <i>Topped Pasta</i>	<b>Hot Tomato Pasta</b> with Hidden Veggies				
 <b>BIG TOPPING</b> <i>Filled Jacket</i>	<b>Crispy Skin Jackets</b> with Cheese or Beans				
 <b>DESSERT TROLLEY</b> <i>Pudding</i>	Orange Jelly	Jammy Crumble Bars	Apple Crumble and Custard	Oaty Cookie	Vanilla Ice Cream

**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024  
18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 15/02

## LUNCH WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>MAIN EVENT</b> <i>Meat Dish</i>	Hot Dog with Baked Potato Wedges (Halal Chicken Sausage)	Mild Chicken Korma with Whole Grain Rice (Halal Chicken)	Classic Cottage Pie (Halal Mince)	Sausage Pizza Bread with Potato Wedges (Halal Chicken Sausage)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
 <b>MEAT-FREE MAGIC</b> <i>Vegetarian Dish</i>	Cheesy Bean Wrap with Potato Wedges	Mixed Vegetable Korma with Whole Grain Rice	Veggie Cottage Pie	BBQ Drizzle Pizza with Potato Wedges	Veggie Fishless Fingers with Chips
 <b>RAINBOW ALLEY</b> <i>Vegetables and Salads</i>	Green Beans or Shredded Lettuce	Peas or Carrot Sticks	Carrots or Tomato Salad	Broccoli or Cucumber Salad	Baked Beans or Shredded Lettuce
 <b>PASTA TWIRLER</b> <i>Topped Pasta</i>	<b>Hot Tomato Pasta</b> with Hidden Veggies				
 <b>BIG TOPPING</b> <i>Filled Jacket</i>	<b>Crispy Skin Jackets</b> with Cheese or Beans				
 <b>DESSERT TROLLEY</b> <i>Pudding</i>	Watermelon Wedge (85g)	Vanilla Cookie	Apple Crumble	Strawberry Jelly	Vanilla Ice Cream

2023 2024 Autumn Menu  
Available from 5 September 2023



*“Encouraging young minds to build resilience and be tolerant citizens of the future”*

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Email: [school@fva.cabot.ac.uk](mailto:school@fva.cabot.ac.uk)

Principal: Janet Saunders

### Year 5 Bristol Museum Trip

Tuesday 5<sup>th</sup> September 2023

Dear Parent / Carer,

We are delighted to inform you that we have arranged a trip for your child's class. We will be visiting Bristol Museum to learn more about Ancient Egypt.

The details are as follows:

Date: Thursday 28<sup>th</sup> September 2022

Timing: 9:30 – 12:30

Location: Bristol Museum

Transport: Coach

Parents/ adult helpers required: Yes

Contribution to the cost: £15.80

Lunch required: Yes

Payment to be made by: Monday 25<sup>th</sup> September 2023

*Please note that payment is to be made in cash to the office.*

Yours faithfully,

Dr Saunders  
Principal

**Please complete, sign and return this letter to Mr Fossard**

Your child's name: \_\_\_\_\_

By signing and returning this letter, I give consent for my child to attend the trip to Bristol museum on 28<sup>th</sup> September 2023.

Signature: \_\_\_\_\_



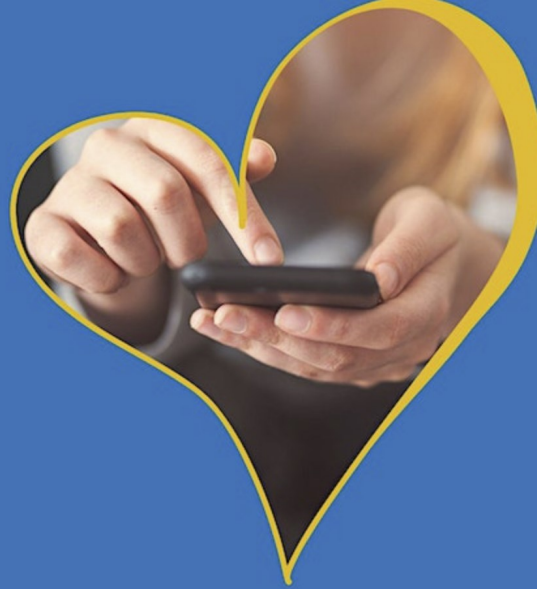


These events are free for parents and carers

Reserve your free space **HERE**

## Digital solutions to supporting mental wellbeing

WITH BRISTOL PARENT CARERS & KOOTH



## Managing extreme behaviour

WITH BRISTOL PARENT CARERS & BIBIC CHARITY



## Tics and Tourettes

WITH BRISTOL PARENT CARERS AND CORRINA WOOD FROM PLATYPUS TRAINING AND CONSULTANCY

