

# Friday 26 January 2024



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Value of the term    Contribution  
Learning behaviour    Self-Evaluating



## The Week Ahead Week 5 of Term 3

| Date              | What is Happening             | Which classes                          | What you need to do   |
|-------------------|-------------------------------|--|---|
| 29 Jan–2 Feb 2024 | Week 1 Aspens School Menu     | ALL                                    | Click <a href="#">HERE</a> to see Menu -discuss with child  |
| 29/1/24           | PE                            | Year 6                                 | Please ensure your child is wearing their PE kit to School  |
| 29/1/24           | Lego Club                     | Booked Children Only                   | Remember to collect child at 4.30pm   |
| 29/1/24           | Love of Learning Club         | Booked Children Only                   | Remember to collect child at 4.15pm   |
| 30/1/24           | PE                            | Year 2                                 | Please ensure your child is wearing their PE kit to School  |
| 31/1/24           | PE                            | Year 1, Year 3, Year 4, Year 5, Year 6 | Please ensure your child is wearing their PE kit to School.   |
| 31/1/24           | Forest School                 | Year 3                                 | Remember to bring wellies and coats if wet  |
| 1/2/24            | PE                            | Year 4                                 | Please ensure your child is wearing their PE kit to School  |
| 1/2/24            | Forest School                 | Year R                                 | Remember to bring wellies and coats if wet  |
| 1/2/24            | <b>Archery Club</b>           | <b>Booked Children Only</b>            | <b>Cancelled—we are very sorry</b>  |
| 2/2/24            | Rags to Riches Collection Day | All                                    | Ensure Rags to Riches donations in school by 9am today  |
| 2/2/24            | NCMP and Vision Screening     | Year R                                 | Ensure child in school by 8.45am<br>Opt out letters available—please email <a href="mailto:info@fva.clf.uk">info@fva.clf.uk</a> |
| 2/2/24            | Swimming Lesson               | Year 5                                 | Remember to bring swimming costume and towel.   |
| 2/2/24            | PE                            | Year R, Year 1, Year 2                 | Please ensure you child is wearing their PE kit to School.  |

### Year 6 Parents

We are inviting our Year 6 pupils to come into school at 8am every school day to use the computer room to practise their multiplication skills and spelling.

Please encourage your child to take up this offer.

**It is essential that we have your correct email address and mobile telephone number in order to support you.**

If you think we may have incorrect contact details, please email [info@fva.clf.uk](mailto:info@fva.clf.uk) to provide us with your correct information

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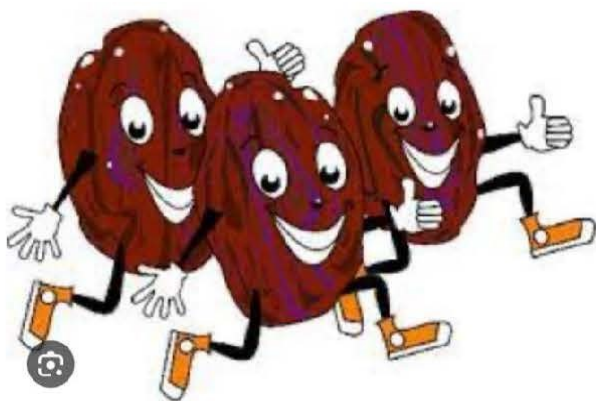
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Value of the term Contribution  
Learning behaviour Self-Evaluating

## The Week Ahead and beyond Week 5 Term 3

| Event                             | Classes        | Date                                       | What you need to do  |
|-----------------------------------|----------------|--|--|
| Rags to Riches                    | All            | Friday 2 February 2024                     | Clothes donations to be at school today by 9am                           |
| Swimming Lessons                  | Year 5         | Friday 2 February 2024                     | Bring swimming costume and towel   |
| Mental Health Week                | All            | Monday 5 February 2024                     | Ensure child in school by 8.45am   |
| Friends of FVA fund raising event | All            | Monday 5 February 2024                     | More information <a href="#">HERE</a>                                    |
| Chinese New Year—Menu change      | All            | Tuesday 6 February 2024                    | Discuss Menu change with your child<br>See <a href="#">HERE</a> for menu |
| Safer Internet Day                | All            | Tuesday 6 February 2024                    | Ensure child is in school by 8.45am                                      |
| SS Great Britain Trip             | Year 2         | Thursday 8 February 2024                   | Consent <a href="#">HERE</a>   |
| Harry Potter Show                 | Year 4         | Friday 9 February 2024                     | Confirm you can attend <a href="#">HERE</a>                              |
| Last Day Term 3                   | All            | Friday 9 February 2024                     | Non Uniform Day  |
| First Day Term 4                  | All            | Monday 19 February 2024                    | Ensure child in school by 8.45am   |
| New school lunch menu             | All            | Monday 19 February 2024                    | More information Click <a href="#">HERE</a>                              |
| Music Day                         | All            | Monday 19 February 2024                    | Ensure child in school by 8.45am   |
| NSPCC Workshops                   | Year 2, Year 5 | Monday 4 March 2024                        | Ensure child in school by 8.45am   |
| Downend Library Visit             | Year 1         | Wednesday 6 March 2024                     | More information to follow   |
| World Book Week                   | All            | Monday 4 March to Friday 8 March 2024      | Ensure child in school by 8.45am   |
| World Book Day Dress Up           | All            | Thursday 7 March 2024                      | Dress up as a book character if you want<br>(no pressure to do this)     |
| Parents Evenings                  | All            | Monday 25 March to Wednesday 27 March 2024 | Save the Date—more information to follow                                 |
| Last Day Term 4                   | All            | Thursday 28 March 2024                     | Non Uniform Day  |
| First Day Term 5                  | All            | Tuesday 16 April 2024                      | Ensure child in school by 8.45am   |
| Caerleon Trip                     | Year 5         | Thursday 18 April 2024                     | Save the date. More information to follow                                |
| Swimming Lessons                  | Year 5         | Friday 19 April 2024                       | Bring swimming costume and towel   |
| Swimming Lessons                  | Year 5         | Friday 26 April 2024                       | Bring swimming costume and towel   |
| Swimming Lessons                  | Year 5         | Friday 3 May 2024                          | Bring swimming costume and towel   |
| Bank Holiday                      | All            | Monday 6 May 2024                          | School Closed  |
| The Matthew Trip                  | Year 3         | Thursday 9 May 2024                        | Save the date—More information to follow                                 |
| Swimming Lessons                  | Year 5         | Friday 10 May 2024                         | Bring swimming costume and towel   |
| Synagogue Trip                    | Year 1         | Tuesday 14 May 2024                        | Save the date—More information to follow                                 |



### **We're Fund Raisin'**

Have you heard it on the grapevine?

We are 'raisin' funds for our school and hope to get you all involved!

We thought it would be a 'grape' idea to give the children a healthy treat and ask them to complete some simple challenges or jobs for friends and family in return for some money to fill up their empty raisin box. Everyone will receive a box of raisins during week commencing 5<sup>th</sup> February.

Please return your raisin box to your class teacher by Wednesday 21<sup>st</sup> February. Please don't forget to write your class name on your box as the class who raises the most wins a prize. Please don't worry about how much goes into the box, every little helps no matter how big or small. Good luck!



**Tuesday 06<sup>th</sup> of February**  
**Chinese New Year**

**NOODLE DAY!**



CHICKEN NOODLES  
VEG NOODLES  
HALAL CHICKEN NOODLES  
(Tomato Pasta & Jacket Potato  
also available)









Followed by:  
CHOCOLATE CHIP FORTUNE COOKIE

# 2023 2024 Autumn Menu Available from 5 September 2023

**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024  
4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

## LUNCH WEEK 1 MENU

|  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|--|---|--|--|
|  <b>MAIN EVENT</b><br><i>Meat Dish</i>                | Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers (Halal Meatball) | Mild Chicken Curry with 50/50 Whole Grain Rice (Halal Chicken) | Sausages & Red Onion Roast Potatoes & Gravy (Halal Chicken Sausage) | BBQ Chicken Drizzle Pizza with Baked Potato Wedges (Halal Chicken) | Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage) |
|  <b>MEAT-FREE MAGIC</b><br><i>Vegetarian Dish</i>     | Cheesy Broccoli Pasta Bake   | Sweet Potato Chickpea Balti with Whole Grain Rice              | Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy    | Pizza Margherita with Potato Wedges                                | Veggie Fishless Fingers & Chips                                |
|  <b>RAINBOW ALLEY</b><br><i>Vegetables and Salads</i> | Mixed Salad or Carrot Sticks   | Green Beans or Cucumber  | Broccoli or Tomato Salad  | Peas or Carrot Sticks  | Baked Beans or Shredded Lettuce                                |
|  <b>PASTA TWIRLER</b><br><i>Topped Pasta</i>          | <b>Hot Tomato Pasta</b> with Hidden Veggies  |  |   |  |  |
|  <b>BIG TOPPING</b><br><i>Filled Jacket</i>           | <b>Crispy Skin Jackets</b> with Cheese or Beans                                    |  |   |  |  |
|  <b>DESSERT TROLLEY</b><br><i>Pudding</i>             | Marble Sponge Cake   | Jelly & Fruit Slices   | Fruity Flapjack   | Lemon Cookie   | Vanilla Ice Cream  |

**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024  
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

## LUNCH WEEK 2 MENU

|  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY                                  | FRIDAY   |
|--|---|---|---|---|--|
|  <b>MAIN EVENT</b><br><i>Meat Dish</i>                | All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans (Halal Chicken Sausage) | Tomato & Roasted Vegetable with Beef Pasta Bake (Halal Mince) | Roast Chicken with Roast Potatoes and Gravy (Halal Chicken) | Chicken Chow Mein Noodles (Halal Chicken) | Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage) |
|  <b>MEAT-FREE MAGIC</b><br><i>Vegetarian Dish</i>     | All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans           | Golden Vegetable Fingers with Baked Potato Wedges             | Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash  | Mexican Bean Wrap with Whole Grain Rice   | Veggie Fishless Fingers with Chips                             |
|  <b>RAINBOW ALLEY</b><br><i>Vegetables and Salads</i> | Baked Beans or Sweetcorn Salad  | Green Salad or Shredded Lettuce                               | Savoy Cabbage or Carrot Sticks                              | Green Beans or Shredded Lettuce           | Baked Beans or Shredded Lettuce                                |
|  <b>PASTA TWIRLER</b><br><i>Topped Pasta</i>          | <b>Hot Tomato Pasta</b> with Hidden Veggies   |   |   |   |  |
|  <b>BIG TOPPING</b><br><i>Filled Jacket</i>           | <b>Crispy Skin Jackets</b> with Cheese or Beans                                     |   |   |   |  |
|  <b>DESSERT TROLLEY</b><br><i>Pudding</i>             | Orange Jelly  | Jammy Crumble Bars  | Apple Crumble and Custard                                   | Oaty Cookie                               | Vanilla Ice Cream  |

**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024  
18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 15/02

## LUNCH WEEK 3 MENU

|  | MONDAY   | TUESDAY  | WEDNESDAY                         | THURSDAY   | FRIDAY   |
|--|--|--|-----------------------------------|--|--|
|  <b>MAIN EVENT</b><br><i>Meat Dish</i>                | Hot Dog with Baked Potato Wedges (Halal Chicken Sausage) | Mild Chicken Korma with Whole Grain Rice (Halal Chicken) | Classic Cottage Pie (Halal Mince) | Sausage Pizza Bread with Potato Wedges (Halal Chicken Sausage) | Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage) |
|  <b>MEAT-FREE MAGIC</b><br><i>Vegetarian Dish</i>     | Cheesy Bean Wrap with Potato Wedges                      | Mixed Vegetable Korma with Whole Grain Rice              | Veggie Cottage Pie                | BBQ Drizzle Pizza with Potato Wedges                           | Veggie Fishless Fingers with Chips                             |
|  <b>RAINBOW ALLEY</b><br><i>Vegetables and Salads</i> | Green Beans or Shredded Lettuce                          | Peas or Carrot Sticks                                    | Carrots or Tomato Salad           | Broccoli or Cucumber Salad                                     | Baked Beans or Shredded Lettuce                                |
|  <b>PASTA TWIRLER</b><br><i>Topped Pasta</i>          | <b>Hot Tomato Pasta</b> with Hidden Veggies              |  |                                   |  |  |
|  <b>BIG TOPPING</b><br><i>Filled Jacket</i>           | <b>Crispy Skin Jackets</b> with Cheese or Beans          |  |                                   |  |  |
|  <b>DESSERT TROLLEY</b><br><i>Pudding</i>             | Watermelon Wedge (85g)                                   | Vanilla Cookie   | Apple Crumble                     | Strawberry Jelly   | Vanilla Ice Cream  |

2023 2024 Autumn Menu  
Available from 5 September 2023

# NEW MENU

## 2023 2024 Spring Menu


### Available from 19 February 2024

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

TRADITIONAL  
Week 2

Spring/Summer 2024:  
26/2, 18/3, 8/4, 29/4, 20/5, 10/6, 1/7, 22/7

| DAY       | THE MAIN EVENT                                       | MEAT-FREE MAGIC<br>Vegetarian Dish                       | RAINBOW ALLEY<br>Vegetables and Salads | BIG TOPPING<br>Fried Jacket                | DESSERT TROLLEY                  | SALAD, BREAD, YOGHURT AND FRUIT.<br>APPEARING DAILY   |
|-----------|--|--|--|--|----------------------------------|---|
| MONDAY    | Hot Dog & Hand Cut Potato Wedges                     | Veggie Sausage & Cheese Hot Dog & Hand Cut Potato Wedges | Sweetcorn                              | Jacket Potato with Beans or Cheese or both | Classic Apple Crumble & Custard  |  <p>AVAILABLE EVERY DAY</p> <p><b>Topped Pasta</b><br/>Hot Pasta topped with Homemade Tomato Sauce &amp; Cheese</p> |
| TUESDAY   | Margherita Pizza Slice                               | Pineapple Topped Pizza Slice                             | Potato Salad & Garden Salad            | Jacket Potato with Tuna Mayo or Cheese     | Orange Jelly & Clementine Slices |   |
| WEDNESDAY | Roast Gammon or Halal Chicken Roast Potatoes & Gravy | Cheese & Onion Filo Pie with Roast Potatoes              | Carrots & Peas                         | Jacket Potato with Beans or Cheese or both | Vanilla Ice Cream                |   |
| THURSDAY  | Baked Mac & Cheese                                   | Veggie Whole Grain Pasta Bolognese                       | Broccoli                               | Jacket Potato with Cheese or Chicken Mayo  | Old School Cake & Sprinkles      |   |
| FRIDAY    | Golden Fishcake & Chips                              | Cheesy Bean Wrap   | Baked Beans                            | Jacket Potato with Beans or Cheese or both | Maple Oat Cookies                |   |


T1

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

TRADITIONAL  
Week 3

Spring/Summer 2024:  
4/3, 25/3, 15/4, 6/5, 27/5, 17/6, 8/7, 29/7

| DAY       | THE MAIN EVENT  | MEAT-FREE MAGIC<br>Vegetarian Dish                        | RAINBOW ALLEY<br>Vegetables and Salads | BIG TOPPING<br>Fried Jacket                | DESSERT TROLLEY        | SALAD, BREAD, YOGHURT AND FRUIT.<br>APPEARING DAILY   |
|-----------|---|---|--|--|------------------------|---|
| MONDAY    | Bangers, Mash & Beans                                 | Veggie Bangers, Mash & Beans                              | Baked Beans                            | Jacket Potato with Beans or Cheese or both | Vanilla Shortbread     |  <p>AVAILABLE EVERY DAY</p> <p><b>Topped Pasta</b><br/>Hot Pasta topped with Homemade Tomato Sauce &amp; Cheese</p> |
| TUESDAY   | Cheese & Tomato Pitta Pizza with Wholemeal Rice Salad | Cheesy BBQ Pizza Pinwheel Swirl with Wholemeal Rice Salad | Carrot Sticks                          | Jacket Potato with Tuna Mayo or Cheese     | Cinnamon Apple Cupcake |   |
| WEDNESDAY | Roast Pork or Halal Chicken, Roast Potatoes & Gravy   | Root Vegetable Bean Stew & Roast Potatoes                 | Steamed Mixed Greens                   | Jacket Potato with Beans or Cheese or both | Strawberry Jelly       |   |
| THURSDAY  | Creamy Chicken & Sweetcorn Pie with New Potatoes      | Cheese & Potato Pie with New Potatoes                     | Summer Vegetables                      | Jacket Potato with Cheese or Chicken Mayo  | Jammy Crumble Bar      |   |
| FRIDAY    | Golden Fish Fingers & Chips                           | Veggie Finger & Chips                                     | Baked Beans                            | Jacket Potato with Beans or Cheese or both | Sweet Potato Brownie   |   |

T1

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

TRADITIONAL  
Week 1

Spring/Summer 2024:  
19/2, 11/3, 1/4, 22/4, 13/5, 3/6, 24/6, 15/7

| DAY       | THE MAIN EVENT   | MEAT-FREE MAGIC<br>Vegetarian Dish                      | RAINBOW ALLEY<br>Vegetables and Salads | BIG TOPPING<br>Fried Jacket                | DESSERT TROLLEY                | SALAD, BREAD, YOGHURT AND FRUIT.<br>APPEARING DAILY   |
|-----------|--|---|--|--|--------------------------------|---|
| MONDAY    | Beef Burger & Hand Cut Potato Wedges                   | Homemade Veggie Burger & Hand Cut Potato Wedges         | Sweetcorn                              | Jacket Potato with Beans or Cheese or both | Fresh Melon & Pineapple Slices |  <p>AVAILABLE EVERY DAY</p> <p><b>Topped Pasta</b><br/>Hot Pasta topped with Homemade Tomato Sauce &amp; Cheese</p> |
| TUESDAY   | Margherita Pizza Slice                                 | Veggie Pepper & Mushroom Pizza Slice                    | Coleslaw & Salad                       | Jacket Potato with Tuna Mayo or Cheese     | Strawberry Frozen Yoghurt      |   |
| WEDNESDAY | Roast Chicken, Stuffing, Roast Potatoes & Gravy        | Cauliflower & Broccoli Cheddar Bake with Roast Potatoes | Carrots & Peas                         | Jacket Potato with Beans or Cheese or both | Tutti Frutti Jelly Pots        |   |
| THURSDAY  | Homemade Sausage Roll with New Potatoes & Tomato Sauce | Wholegrain Summer Vegetable Paella                      | Green Beans                            | Jacket Potato with Cheese or Chicken Mayo  | Carrot Peeling Cake            |   |
| FRIDAY    | Golden Fish Fingers or Salmon Fingers & Chips          | Homemade Cheesy Leek Sausage & Chips                    | Baked Beans                            | Jacket Potato with Beans or Cheese or both | Marble Cookies                 |   |

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