

Friday 27 September 2024



www.fromevaleacademy.clf.uk

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Value of the term Respect
Learning behaviour Aspiration



The Week Ahead Week 5 of Term 1

Date	What is Happening	Which classes	What you need to do
30 /9/24 to 4/10/24	Week 2 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
30 /9/24 to 4/10/24	Art Week	ALL	Please ensure child has an apron or large old shirt to use as a cover up.
30/9/24	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
30/9/24	PE	Year R, Year 4, Year 6	Please ensure your child is wearing their PE kit to School
1/10/24	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
1/10/24	PE	Year 2, Year 5,	Please ensure your child is wearing their PE kit to School
1/10/24	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
1/10/24	Multi Sports After School Club	Booked Children Only	Remember to collect your child at 4.30pm
2/10/24	Phonics Workshop	Year R, Year 1, Year 2	9am to 9.40am. Come to main reception to sign in. More information HERE
2/10/24	Forest School	Year R, Year 1	Please ensure child has weather appropriate outer wear and wellies
2/10/24	PE	Year 2, Year 5	Please ensure your child is wearing their PE kit to School
3/10/24	School Census Day	ALL	Menu Change—Click HERE for more information
3/10/24	PE	Year 3, Year 6	Please ensure your child is wearing their PE kit to School
3/10/24	Coding Club	Booked Children Only	Remember to collect your child at 4.30pm
4/10/24	PE	Year 1, Year 3, Year 4	Please ensure your child is wearing their PE kit to School

It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

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Learning behaviour Aspiration

The Week Ahead and beyond Week 5 Term 1

Event	Classes	Date	What you need to do
Bikeability	Year 5	Monday 7 and Tuesday 8 October 2024	Save the date—more information to follow
Lifeskills Trip	Year 6	Thursday 10 October 2024	Save the date: More information to follow
Open Event for new Reception Parents 2025	All	Friday 11 October 2024	Contact the school to book your space @ 9.30am Email: info@fva.clf.uk
Clifton Suspension Bridge Trip	Year 2	Tuesday 15 October	Save the date—More information to follow
Flu Immunisation	All	Wednesday 16 October 2024	Save the date: More information to follow
Rags to Riches	All	Friday 18 October 2024	Donate your quality clothes to raise funds for the school. More information HERE
Music Day	All	Tuesday 22 October 2024	Ensure child in school at 8.45am
Re Day	All	Wednesday 23 October 2024	Ensure child in school at 8.45am
Fancy Dress Disco	All	Wednesday 23 October 2024	Year R, Year 1 & Year 2 @ 3.45 - 4.45 Year 3, Year 4, Year 5 & Year 6 @ 5- 6pm
Last Day Term 1	All	Wednesday 23 October 2024	Non Uniform Day—£1 donation if you can . No sliders, crocs or flip flops please
First Day Term 2	All	Monday 4 November 2024	All children in school for 8.45am
Open Event for new Reception Parents 2025	All	Friday 8 November 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 1.30pm
Diwali Event	All	Thursday 14 November 2024	More information to follow
Open Door	All	Thursday 21 November 2024	Visit child's class 8.30am to 8.50am
Gym Run	All	Thursday 21 November 2024	PE Kit to be worn
Parents Evenings	All	Tuesday 26 and Wednesday 27 November 2024	Save the Dates: More information to follow
School Photo Day	All	Wednesday 27 November 2024	Save the date: More information to follow
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 12 December 2024	Ensure child in PE Kit
Open Event for new Reception Parents	All	Thursday 12 December 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 5pm
Christmas Fair	All	Thursday 19 December 2024	Festive fun! 3.30pm to 5.30pm—All Welcome
Last Day Term 2	All	Friday 20 December 2024	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
First Day Term 3	All	Tuesday 7 January 2025	All children in school for 8.45am
Swimming Lessons	Year 5, Year 6	Thursday 9 January 2025	Ensure child has swimming costume, towel and goggles (if needed)

Thursday 3 October—Menu Change

On Thursday 3 October 2024 we have the first of our school census days.

The importance of this day cannot be underestimated.

The DfE provide our school with funding based on how many children are in school and how many children eat school lunches.

Please help us by enabling your child to be in school at 8.45am and encouraging your child to eat a school lunch on this day.

Lunch is free for all children in year groups: Reception, Year 1 and Year 2 and those that qualify for free school meals.

Lunch for all other children costs £2.40 per child.



FROME VALE ACADEMY PHONICS WORKSHOP FOR FAMILIES

Please join us in the FVA hall!

When? Wednesday 2nd October 9am-9.40am

Where? Frome Vale Academy Hall

What? Reception and KS1 Phonics information session for families

Please head to the school office for 9am to sign in after you have dropped your child/children off.





Raise funds by collecting reusable clothes

Our school is raising money by collecting reusable clothes. Please help us by donating your unwanted reusable clothes and accessories. Donated items become affordable clothing and accessories.

WE ACCEPT CLEAN, GOOD QUALITY, DRY, REUSABLE CLOTHING

- Adults, Childrens & Babies Clothing
- Paired Shoes and Footwear
- Jewellery and Accessories
- Belts and Handbags

WE DO NOT ACCEPT

POOR QUALITY ITEMS SUCH AS DIRTY, WET, RIPPED OR SOILED CLOTHES. PILLOWS, DUVETS, CURTAINS, BOOKS CDs OR ANY UNIFORM

Please use the clothing bag provided. You can also use any additional bag if required.

Collection Date:
9am Friday 18th October

Please remember - NO UNIFORM

Having a sort out ready for the Winter?

Bring your clean, good quality used clothing, bags, shoes and accessories into school by 9am on Friday 18 October.

Help us raise money by donating any unwanted clothing to the school.

Rags 2 Riches will collect all donations later on the 18 October 2024 and will pay Frome Vale Academy for the weight of the clothing donated.

It's a win, win!!



INTRODUCING CASHPOT FOR SCHOOLS

You scan we donate £££

Parentkind

ASDA THAT'S MORE LIKE IT

CASHPOT FOR SCHOOLS

Only with ASDA Rewards

Download and opt-in today

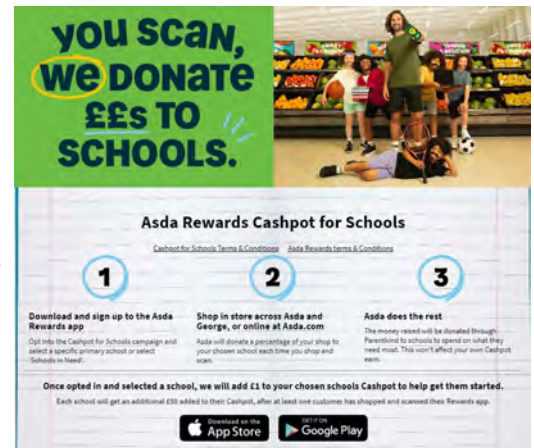
Shop in Asda?

Please donate via the Asda rewards app

Select our school

Shop at Asda online or in store

Money will be donated to us every time you shop with Asda.



you scan, WE DONATE £££ TO SCHOOLS.

Asda Rewards Cashpot for Schools

- 1** Download and sign up to the Asda Rewards app
Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.
- 2** Shop in store across Asda and George, or online at Asda.com
Asda will donate a percentage of your shop to your chosen school each time you shop and scan.
- 3** Asda does the rest
The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot scan.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.

Download on the App Store | GET IT ON Google Play

Drawing Competition

Boardwalk and Aardman have teamed up to celebrate the amazing creativity in our city and invite all children aged 4-11yrs in Bristol to join in the fun.

All you need to do is recreate your favourite Aardman character on the competition sheets provided and hand back in to your teachers before the 25th October 2024. Sheets can be downloaded following the link below.

Click [HERE](#) for more information



AARDMAN x Boardwalk

THE BIG DRAW

Art competition for kids aged 4-11

Draw your favourite Aardman character below and hand in to your teacher before 25th October 2024



Little Kickers®
Bristol & Bath

**SIGN UP
TODAY**

Full money-back guarantee

Visit our website to
register!

www.littlekickers.co.uk

07506346186

rbrightwell@littlekickers.co.uk

!!! NEW VENUE ALERT !!!

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS

Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ - 3 ½ years . Mighty Kickers: 3½-5 years

OCTOBER HALF TERM



AHOY ME MATEY!

Monday 28th October

- Boat making
- Pirate challenges
- Treasure finding



ROBOTS & INVENTIONS

Tuesday 29th October

- Invention challenges
- Junk modelling
- Bee bots



HALLOWEEN SPOOKTACULAR

Thursday 31st October

- Wreath making
- Party games
- Ghost hunting



ENCHANTED FOREST

Wednesday 30th October

- Magic nature wands
- Fairy houses
- Charm bracelets

BONFIRE BASH

Friday 1st November

- Marshmallow rockets
- Firework art
- Camp fire fun



Half Term Club

If you are looking for a safe and fun place for your child for this October Half Term, please remember that we have a club that runs for the entire week.

For more information please click **HERE**





Horticulture City & Guilds Level 1

**This free practical course will support you to gain a City & Guilds
Level 1 Award in Practical Horticulture**

Oldbury Court Childrens Centre, Frenchay Road, Bristol, BS16 2QS

Starts: Thursday 3rd October – Thursday 12th December

9:30-12:30

Please contact: Catherine.Landon@bristol.gov.uk

Phone: 07785 702454

Eligibility: Adults aged 19+ with few or no qualifications



**COMMUNITY
LEARNING**

**communitylearningwest.net
lctinfo@bristol.gov.uk
01172 510230**



Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1

LUNCH TIME



THE
MAIN EVENT



MEAT-FREE
MAGIC
Veggie Dish



RAINBOW ALLEY
Vegetables and Salads



BIG TOPPING
Filled Jackets



DESSERT TROLLEY

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

MONDAY

Margherita Pizza
Slice and Wedges

TUESDAY

Chicken Tikka
Curry

WEDNESDAY

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

THURSDAY

Sticky Chinese
Chicken Noodles

FRIDAY

Golden Fish
Fingers or
Salmon Fingers
and Chips

Toffee Frozen
Yoghurt

Sweet Potato
Brownie

Forest Fruits
Jelly Pots

Cookie Dough
Apple
Crumble

Jammy
Thumbprint
Biscuits

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Sweetcorn

Kachumber
Salad and
Wholegrain
Rice

Peas and Carrots

Green Beans

Baked
Beans

Veggie Pepper and
Sweetcorn Pizza
Slice with Wedges

Veg Samosa
Style Pie

Quorn Sausage,
Roast Potatoes
and Gravy

Spanish Omelette
and Herby Diced
Potatoes

Veggie Burger and
Chips



AVAILABLE
EVERY DAY

Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese



Autumn Winter

2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 3/2

WORLD

Week 2

LUNCH TIME



THE MAIN EVENT

Cheesy Tomato
Pizza Muffins

Chicken
Chimichangas

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

Butter Chicken
Wholegrain Pilaf
Rice

Battered Fish
and Chips



**MEAT-FREE
MAGIC**

Veggie Dish

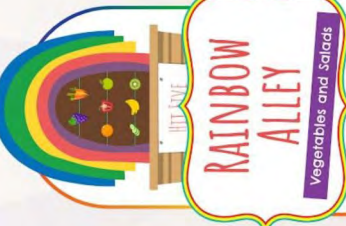
BBQ and
Sweetcorn
Pizza Slice

Veggie
Enchiladas

Cauliflower Cheese,
Crispy Onion Topping
& Roast Potatoes
(You don't have to have
the onions!)

Aloo Gobi
Cauliflower Potato
Curry

Cheese and
Tomato Toasted
Wrap with Chips



**RAINBOW
ALLEY**

Vegetables and Salads

Wholegrain
Pasta Salad and
Green Salad

Rice and
Sweetcorn

Mixed Greens

Peas

Baked
Beans



**BIG
TOPPING**

Filled Jackets

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo



**DESSERT
TROLLEY**

Toffee Apple
Sponge and
Custard

Chocolate
Sprinkle Iced
Cake

Raspberry
Coconut Jelly

Fresh Fruit
Salad

Anzac
Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY



AVAILABLE
EVERY DAY

Topped Pasta

Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese



Autumn Winter
2024-25:
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2

LUNCH TIME

THE MAIN EVENT

American Style
Macaroni
Cheese

Jerk Chicken
Wraps and
Wedges

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

South African Beef
Bobotie with Rice

Golden Fish
Fingers or
Salmon Fingers
and Chips

MEAT-FREE MAGIC
Veggie Dish

Veggie Wholegrain
Pasta Bolognese

Greek Pitta
Pocket with Feta,
Hummus, Salad
and Wedges

Carrot and
Stuffing Pastry
Plait

Fruity Sweet Potato
Tagine with Rice

Vegetable Fingers
and Chips

RAINBOW ALLEY
Veggies and Salads

Carrots

Roast Root
Veggies

Peas and
Sweetcorn

Broccoli

Baked
Beans

BIG TOPPING
Filled Jackets

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

DESSERT TROLLEY

Marble Cake

Apple,
Cinnamon
Raisin
Flapjacks

Orange and
Mango Jelly

Banana Bread
Muffins

Gingerbread
Cookies

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT
AVAILABLE DAILY

AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese