

Friday 28 March 2025



www.fromevaleacademy.clf.uk

Follow us on Twitter: [@frome_vale](https://twitter.com/frome_vale)

Value of the term Responsibility
Learning behaviour Resilience



The Week Ahead Week 6 of Term 4

Date	What is Happening	Which classes	What you need to do
31/3/25 to 4/4/25	Week 1 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
31/3/25	PE	Year R, Year 1, Year 4	Please ensure your child is wearing their PE kit to School
31/3/25	Kin Ball Session	Nominated Children Only	If invited, please ensure child wears PE Kit
31/3/25	Choir After School Club	Booked Children Only	Remember to collect your child at 4.30pm
31/3/25	Art and Crafting After School Club	Booked Children Only	Remember to collect your child at 4.20pm
31/3/25	Coding Club After School Club	Booked Children Only	Remember to collect your child at 4.30pm
31/3/25	Dance After School Club	Booked Children Only	Remember to collect your child at 4.30pm
1/4/25	Kin Ball Event	Nominated Children Only	If invited, please ensure child wears PE Kit
1/4/25	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
1/4/25	PE	Year 1, Year 2	Please ensure your child is wearing their PE kit to School
1/4/25	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
1/4/25	Basketball After School Club	Booked Children Only	Remember to collect your child at 4.30pm
2/4/25	Music Day	ALL	Ensure child in school for 8.45am
2/4/25	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
2/4/25	Forest School	Year R, Year 4	Please ensure child has weather appropriate warm outer wear and wellies
2/4/25	PE	Year 6	Please ensure your child is wearing their PE kit to School
3/4/25	Special Menu Day	All	Click HERE to see the menu
3/4/25	Rugby Event	Nominated Children	If invited, please ensure child wears PE Kit
3/4/25	Swimming Lessons	Year 5, Year 6	Please ensure child has swimming kit and towel
3/4/25	PE	Year 3	Please ensure your child is wearing their PE kit to School
3/4/25	MF Dance Club	Booked Children Only	Book Free Trial HERE
4/4/25	RE Day	ALL	Ensure child in school for 8.45am
4/4/25	Last Day Term 4	All	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
4/4/25	PE	Year 2, Year 3, Year 5	Please ensure your child is wearing their PE kit to School

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The Week Ahead and beyond Week 6 Term 4

Event	Classes	Date	What you need to do
First Day Term 5	All	Tuesday 22 April 2025	Ensure child in school by 8.45am
My Bank Finance Session	Year 3, Year 4, Year 5, Year 6	Tuesday 29 April 2025	Ensure child in school by 8.45am
Music Day	All	Friday 2 May 2025	Ensure child in school by 8.45am
Bank Holiday	All	Monday 5 May 2025	School Closed to all
Back to school	All	Tuesday 6 May 2025	Ensure child in school by 8.45am
Open Door	All	Thursday 8 May 2025	See children's books 8.30am to 8.50am
RE Day	All	Friday 9 May 2025	Ensure child in school by 8.45am
SATS Week	Year 6	Monday 12 May -Thursday 15 May 2025	Ensure child in school by 8.45am at the latest. Free breakfast will be available from 8am daily
Summer Census	All	Thursday 15 May 2025	Ensure child in school by 8.45am and please enable child to have school lunch
Pupil Voice	All	Friday 16 May 2025	Ensure child in school by 8.45am
Health and Fitness Week	All	Monday 19 May to Friday 23 May 2025	Please ensure your child is wearing their PE kit to School
Mojo Active Trip	Year 3, Year 4, Year 5,	Wednesday 21 May 2025	Save the dates—more information to follow
Big Kick off Event	Nominated Children	Wednesday 21 May 2025	Save the dates—more information to follow
Poetry Performance	All	Wednesday 21 May 2025	Ensure child in school by 8.45am
Gym Run	Year 3, Year 4, Year 5, Year 6	Thursday 22 May 2025	Please ensure your child is wearing their PE kit to School
Last Day Term 5	All	Friday 23 May 2025	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
First Day Term 6	All	Monday 2 June 2025	Ensure child in school by 8.45am
School Class Photo Day	All	Wednesday 18 June 2025	Ensure child is in school uniform
Art Week	All	Monday 23 June—Friday 27 June	Ensure child has cover all or old shirt each day
Year 6 Camp Parent Meeting	Year 6	Monday 23 June 2025	3.30pm in the main hall—a meeting for all parents who has a child attending Year 6 camp in July
Inset Day	All	Friday 4 July 2025	School Closed to pupils
Inset Day	All	Monday 7 July 2025	School Closed to pupils
Royal Opera & Ballet Event	Year 3, Year 4, Year 5, Year 6	Tuesday 8 July 2025	Ensure child in school by 8.45am
Spelling Bee	Year 1, Year 2, Year 3, Year 4, Year 5, Year 6	Wednesday 9 July 2025	Ensure child in school by 8.45am
Graduation	Year 6	Friday 18 July 2025	See your Year 6 child graduate FVA—save the

**FOOD
FESTIVAL**
By Aspers

DELICIOUS DESSERTS

3 April 2025

**Chicken Fajita Pizza
Wedges and Slaw**

Or

**Mac & Cheese
Please, with a Side of Peas**

And

Apple Scrapple Sponge

Jelly Jive

Brookie-O Cookie



GIRLS CRICKET

Free indoor taster sessions
NO EXPERIENCE REQUIRED



School Years 5 & 6 - Saturday 22nd March

School Years 3 & 4 - Saturday 29th March

Both sessions running...

12.00pm - 1.30pm

at Downend Sports Centre,
14 Garnett Place, BS16 6QY

To book a place please
indicate which date and email
frenchayouth@gmail.com

Sessions run on behalf of Frenchay Cricket
Club with experienced coaches with DBS



JOIN US THIS EASTER! 
7 - 17 APRIL 2025

Prepare for an unforgettable
holiday full of fun and
friendship!

- ✓ Outdoor Exploration
- ✓ Sports & Games
- ✓ Creative Arts & Crafts
- ✓ Campfire Fun



More Information
www.bizzykidzclub.com





Beginners English Classes

Have you got a child in a CLF school?
We are offering free ESOL classes for adults.



Location: Beacon Centre, City Academy Bristol

Classes start: January 2025



Enrolment day: Wednesday 4th December,
10am – 1pm

Limited places!
Ring 0117 954 2806 to book.



KEY BENEFITS OF MF DANCE

FOCUS
ANTI-BULLYING
CONFIDENCE
RESPECT
GREAT FUN

LIMITED SPACES AVAILABLE

FREE CLASS AVAILABLE

WHEN & WHERE ARE OUR CLASSES HELD?

LOCATION NAME: FROM VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS

WE ALSO HAVE CLASSES AVAILABLE IN BRADLEY STOKE & YATE

BOOK YOUR FREE CLASS BY SCANNING THE QR CODE OR BY VISITING WWW.MFDANCE.CO.UK



OPEN ACCESS PLAY RANGER Play Sessions

Led by Children's Scrapstore with LPW and Wecl

What is open access? Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children **aged 8 and over** can come on their own if they are allowed out unsupervised. **Under 8's** need to have an adult with them.

WE BRING THE KIT, YOU LEAD THE PLAY!

EVERY MONDAY

Term time: 3:30pm - 5:30pm

Green space outside Oldbury Court Children's Centre, BS16 2QS

Half Term Holidays*:

11:30am - 1:30pm

Easter / Summer Holidays*:

10:30am - 2:30pm

Get **creative and imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!

No booking required

FREE

contact: playteam@childreusscrapstore.co.uk
facebook page: Children's Scrapstore Play Rangers
charity no. 1008788

*Except bank holidays.

Funded lunch for children provided in holiday sessions



!!! NEW VENUE ALERT !!!

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS

Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years

Little Kickers
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!

www.littlekickers.co.uk

07506346186

rbrightwell@littlekickers.co.uk

LUNCH TIME

Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1,
17/2, 10/3, 31/3

THE MAIN EVENT

Margherita Pizza
Slice and Wedges

Chicken Tikka
Curry



Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy



Sticky Chinese
Chicken Noodles



Golden Fish
Fingers or
Salmon Fingers
and Chips

MEAT-FREE MAGIC
veggie dish

Veggie Pepper and
Sweetcorn Pizza
Slice with Wedges

Veg Samosa
Style Pie

Quorn Sausage,
Roast Potatoes
and Gravy

Spanish Omelette
and Herby Diced
Potatoes

Veggie Burger and
Chips

RAINBOW ALLEY
Vegetables and Salads

Sweetcorn

Kachumber
Salad and
Wholegrain
Rice

Peas and Carrots

Green Beans

Baked
Beans

BIG TOPPING
Filled Jacket

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

DESSERT TROLLEY

Toffee Frozen
Yoghurt

Sweet Potato
Brownie

Forest Fruits
Jelly Pots

Cookie Dough
Apple
Crumble

Jammy
Thumbprint
Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY

PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta

Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH TIME

Autumn Winter

2024-25:
9/9, 30/9, 21/10,
11/11, 2/12,
23/12, 13/1, 5/2,
24/2, 17/3, 7/4

THE MAIN EVENT

Cheesy Tomato
Pizza Muffins

Chicken
Chimichangas

★ **VEGAN/NOV EATS** ★
Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

Butter Chicken
Wholegrain Pilaf
Rice

Battered Fish
and Chips

MEAT-FREE MAGIC

Veggie Dish

BBQ and
Sweetcorn
Pizza Slice

Veggie
Enchiladas

Cauliflower Cheese,
Crispy Onion Topping
& Roast Potatoes
(You don't have to have
the onions!)

Aloo Gobi
Cauliflower Potato
Curry

Cheese and
Tomato Toasted
Wrap with Chips

RAINBOW ALLEY

Vegetables and Salads

Wholegrain
Pasta Salad and
Green Salad

Rice and
Sweetcorn

Mixed Greens

Peas

Baked
Beans

BIG TOPPING

Filled Jackets

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

DESSERT TROLLEY

Toffee Apple
Sponge and
Custard

Chocolate
Sprinkle Iced
Cake

Raspberry
Coconut Jelly

Fresh Fruit
Salad

Anzac
Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY



AVAILABLE EVERY DAY

Topped Pasta

Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese

LUNCH TIME

Autumn Winter
2024-25:
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2, 3/3,
24/3



THE MAIN EVENT

American Style
Macaroni
Cheese

Jerk Chicken
Wraps and
Wedges



Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy



Beef Bolognaise
with Pasta



Golden Fish
Fingers or
Salmon Fingers
and Chips



MEAT-FREE MAGIC

Veggie Dish

Veggie Wholegrain
Pasta Bolognese

Greek Pitta
Pocket with Feta,
Hummus, Salad
and Wedges

Carrot and
Stuffing Pastry
Plait

Fruity Sweet Potato
Tagine with Rice

Vegetable Fingers
and Chips



RAINBOW ALLEY

Vegetables and Salads

Carrots

Roast Root
Veggies

Peas and
Sweetcorn

Broccoli

Baked
Beans



BIG TOPPING

Filled Jackets

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo



DESSERT TROLLEY

Marble Cake

Apple,
Cinnamon
Raisin
Flapjacks

Orange and
Mango Jelly

Banana Bread
Muffins

Gingerbread
Cookies

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY



AVAILABLE
EVERY DAY

Topped Pasta

Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese