

Friday 29 November 2024



www.fromevaleacademy.clf.uk

Follow us on Twitter: [@frome_vale](https://twitter.com/frome_vale)

Value of the term Thankfulness
Learning behaviour Collaboration



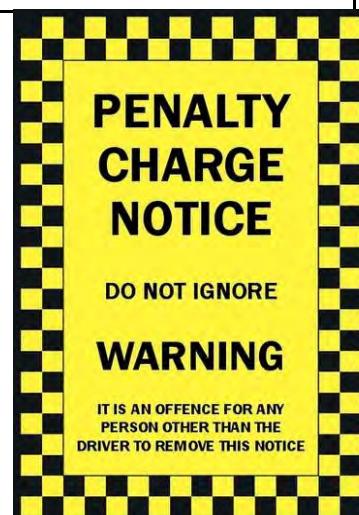
The Week Ahead Week 5 of Term 2

Date	What is Happening	Which classes	What you need to do
2/12/24 to 6/12/24	Week 2 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
2/12/24 to 6/12/24	Designers Week	ALL	Ensure child in school for 8.45am
2/12/24	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
2/12/24	PE	Year R, Year 1, Year 2, Year 4	Please ensure your child is wearing their PE kit to School
2/12/24	Chess Club After School	Booked Children Only	Remember to collect your child at 4.30pm
3/12/24	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
3/12/24	PE	Year 4, Year 6	Please ensure your child is wearing their PE kit to School
3/12/24	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
3/12/24	Multi Sports After School Club	Booked Children Only	Remember to collect your child at 4.30pm
4/12/24	Forest School	Year R, Year 2	Please ensure child has weather appropriate warm outer wear and wellies
4/12/24	PE	Year 6	Please ensure your child is wearing their PE kit to School
5/12/24	PE	Year 3, Year 5	Please ensure your child is wearing their PE kit to School
5/12/24	MF Dance Club	Booked Children Only	Book Free Trial HERE
6/12/24	Pupil Parliament	Nominated Children only	Ensure child in school for 8.45am
6/12/24	PE	Year 1, Year 3, Year 5	Please ensure your child is wearing their PE kit to School
8/12/24	Little Kickers	Children under 5	The new football club (ages 1.5 to 5 years) Click HERE

Please be aware.

The PCSO has been ticketing any vehicle parked on yellow zigzags.

Please ensure you park legally to avoid getting a parking ticket and keep our children safe.



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The Week Ahead and beyond Week 5 Term 2

Event	Classes	Date	What you need to do
Phonics Workshop	Year R, Year 1	2 December 2024	Parents Workshop @ 3.45pm More info HERE
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 12 December 2024	Ensure child in PE Kit
Open Event for new Reception Parents	All	Thursday 12 December 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 5pm
Winter Show	Year R, Year 1 Year 2	Tuesday 17 December 2024	9.30am in the Hall—save the date
Winter Show	Year R, Year 1 Year 2	Wednesday 18 December 2024	9.30am in the Hall—save the date
Music Day	All	Wednesday 18 December 2024	Ensure child in school by 8.45am
School Christmas Lunch	All	Wednesday 18 December 2024	Children will be served a Christmas Lunch today. (Vegetarian & Halal options available) No other food choice will be available. Book your child's lunch HERE
Christmas Jumper Day	All	Wednesday 18 December 2024	Christmas Jumper can be worn today with school uniform
RE Day	All	Thursday 19 December 2024	Ensure child in school by 8.45am
Christmas Fayre	All	Thursday 19 December 2024	Festive fun! 3.30pm to 5.30pm—All Welcome
Last Day Term 2	All	Friday 20 December 2024	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
First Day Term 3	All	Tuesday 7 January 2025	All children in school for 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 9 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 9 January 2025	Ensure child brings swimming kit
Open Event for new Reception Parents	All	Friday 10 January 2025	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 9.30am
Spring School Census	All	Thursday 16 January 2025	Ensure child in school on this day please
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 16 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 16 January 2025	Ensure child brings swimming kit
Bristol Beacon Music Trip	Year 3, Year 4, Year 5, Year 6	Friday 17 January 2025	More information to follow
Open Door	All	Thursday 23 January 2025	See children's books 8.30am to 8.50am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 23 January 2025	Ensure child in PE Kit



Let the
"feastivities"
begin!



Wednesday 18 December

Roast Turkey and Stuffing 

or

**Cheesy Cauliflower & Leek
Puff Pastry Wreath** 

with

**Roasties, Vegetable Medley,
Gravy and Yorkshire Pudding**

and

Snowy White Chocolate Blondie

or

Mince Pie Crumble Bar

£2.40 per child

To order Click **HERE**

FROME VALE ACADEMY PHONICS WORKSHOP FOR FAMILIES

We are running a second Phonics workshop for families who were unable to attend the first one. Please join us in the FVA hall.

When? Monday 2nd December at 3.45pm.

Where? Frome Vale Academy Hall

What? Reception and KS1 Phonics information session for families.

Please pick up your child and bring them with you to the main hall. There will be some activities for them to do.



Winter Fayre @

Calling local crafters

Buy a table for £5 to sell your products at the Christmas Fayre

*** Limited spaces ***

Contact Libby (07592 068728) to book

Donate soft toys + books in good, clean condition

For the Christmas Fayre

Drop donations at the school office by Wednesday 18th December

Winter SHOW

Parents you are cordially invited to attend the Winter Show being presented by our:
 Year Reception, Year 1 and Year 2 children
 More information to follow but please save the following dates:
 Tuesday 17 December @ 9.30am
 Wednesday 18 December @ 9.30am

BIZZY KIDZ CLUB

FESTIVE FUN!

HOLIDAY CLUB FOR CHILDREN AGED 4 - 11

23RD DECEMBER

FROM VALE ACADEMY BS16 2QS

HIGHLIGHTS:
 Christmas Party - Silly Jumper Contest
 Singing & Dancing - Festive Arts & Crafts
 Exciting Games & Prizes

DRESS CODE:
 Festive Attire
 Silly Jumpers Welcome!

HO-HO-HOPE TO SEE YOU THERE!

07584 624 136
 WWW.BIZZYKIDZCLUB.COM

OUR Wonderful WORLD

2nd & 3rd January 2025

Frome Vale Academy BS16 2QS

HOLIDAY CLUB FOR CHILDREN AGED 4 - 11

Volcano Eruptions
 Lava Lamps
 Fossil Making
 Crystal Growing
 Outdoor Games
 Food Activities
 Woodland Fun

www.bizzzykidzclub.com | Call Us 07584 624 136



The Big Brush Club are hosting several **live oral health improvement webinars** throughout December and January for parents/guardians.

These sessions will provide valuable information on how to support children aged 0-11 years to have the best oral health start.



During each session there will be two dental care professionals presenting and on hand to answer any questions you might have throughout the webinar. We do not require any cameras or microphones to be used, however there will be a chat box to ask any questions you might have throughout.

Please click on the dates below to register:

[Thursday 12th December at 6pm - Parents](#)

[Tuesday 14th January at 6pm - Parents](#)

Any issues registering for the dates above please contact me - thank you
Best wishes,

Chantelle Coles

Project Facilitator

www.bigbrushclub.co.uk

07842 445 834

chantelle@bigbrushclub.co.uk



Institution of MECHANICAL ENGINEERS

Devon & Somerset Christmas Family Lecture:

ENGINEERING A BETTER WORLD:

Innovating for a Sustainable Future

Tuesday 10th December
18:30 - 20:00, UWE Bristol

An exciting journey into the world of engineering — fun for kids and families!

Suitable for all ages!

Improving the world through engineering

Winter colds and flu are widespread at this time of year. However cold like symptoms in combination with a rash or red eye, could be measles. In this situation, please do not bring your child to school and ring 111 for further help and guidance.



UK Health
Security
Agency

Measles is circulating

- if you notice a **rash or red eye with the other** cold like symptoms:
- measles is extremely infectious and can be serious
- Make sure your children get two MMR vaccines on time; the first at 1 year of age and the second at 3 years, 4 months
- If you or your children missed these vaccines, it's not too late. Ask for the free vaccine from your family doctor (GP) if you or your children aren't up-to-date
- if you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- go to **nhs.uk** for more measles information

Symptoms

Rash



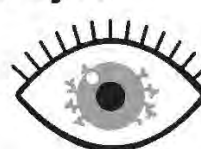
Temperature



Runny Nose



Red Eyes



Cough





Beginners English Classes

Have you got a child in a CLF school?
We are offering free ESOL classes for adults.



Location: Beacon Centre, City Academy Bristol

Classes start: January 2025



Enrolment day: Wednesday 4th December,
10am – 1pm

Limited places!
Ring 0117 954 2806 to book.



KEY BENEFITS OF MF DANCE

FOCUS
ANTI-BULLYING
CONFIDENCE
RESPECT
GREAT FUN

LIMITED SPACES AVAILABLE

FREE CLASS AVAILABLE

WHEN & WHERE ARE OUR CLASSES HELD?

LOCATION NAME: FROM VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS

WE ALSO HAVE CLASSES AVAILABLE IN BRADLEY STOKE & YATE

BOOK YOUR FREE CLASS BY SCANNING THE QR CODE OR BY VISITING WWW.MFDANCE.CO.UK



OPEN ACCESS PLAY RANGER Play Sessions

Led by Children's Scrapstore with LPW and Wecl

What is open access? Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children **aged 8 and over** can come on their own if they are allowed out unsupervised. **Under 8's** need to have an adult with them.

WE BRING THE KIT, YOU LEAD THE PLAY!

EVERY MONDAY

Term time: 3:30pm - 5:30pm

Green space outside Oldbury Court Children's Centre, BS16 2QS

Half Term Holidays*:

11:30am - 1:30pm

Easter / Summer Holidays*:

10:30am - 2:30pm

Get **creative and imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!

No booking required

FREE

contact: playteam@childresscrapstore.co.uk
facebook page: Children's Scrapstore Play Rangers
charity no. 1008788

*Except bank holidays.

Funded lunch for children provided in holiday sessions



Little Kickers
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!

www.littlekickers.co.uk

07506346186

rbrightwell@littlekickers.co.uk

!!! NEW VENUE ALERT !!!

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS

Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years



Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1

LUNCH TIME



THE MAIN EVENT

- Margherita Pizza Slice and Wedges
- Chicken Tikka Curry
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- Sticky Chinese Chicken Noodles
- Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE MAGIC
Veggie Dish

- Veggie Pepper and Sweetcorn Pizza Slice with Wedges
- Veg Samosa Style Pie
- Quorn Sausage, Roast Potatoes and Gravy
- Spanish Omelette and Herby Diced Potatoes
- Veggie Burger and Chips



RAINBOW ALLEY
Vegetables and Salads

- Sweetcorn
- Kachumber Salad and Wholegrain Rice
- Peas and Carrots
- Green Beans
- Baked Beans



BIG TOPPING
Filled Jackets

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo



DESSERT TROLLEY

- Toffee Frozen Yoghurt
- Sweet Potato Brownie
- Forest Fruits Jelly Pots
- Cookie Dough Apple Crumble
- Jammy Thumbprint Biscuits

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Autumn Winter

2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 3/2

WORLD

Week 2

LUNCH TIME

THE MAIN EVENT

MEAT-FREE MAGIC
Veggie Dish

RAINBOW ALLEY
Vegetables and Salads

BIG TOPPING
Filled Jackets

DESSERT TROLLEY

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY

MONDAY

Cheesy Tomato
Pizza Muffins

TUESDAY

Chicken
Chimichangas

WEDNESDAY

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

THURSDAY

Butter Chicken
Wholegrain Pilaf
Rice

FRIDAY

Battered Fish
and Chips

Toffee Apple
Sponge and
Custard

Chocolate
Sprinkle Iced
Cake

Raspberry
Coconut Jelly

Fresh Fruit
Salad

Anzac
Biscuits

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Wholegrain
Pasta Salad and
Green Salad

Rice and
Sweetcorn

Mixed Greens

Peas

Baked
Beans

BBQ and
Sweetcorn
Pizza Slice

Veggie
Enchiladas

Cauliflower Cheese,
Crispy Onion Topping
& Roast Potatoes
(You don't have to have
the onions!)

Aloo Gobi
Cauliflower Potato
Curry

Cheese and
Tomato Toasted
Wrap with Chips



AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta topped with
Homemade Tomato Sauce &
Cheese



Autumn Winter
2024-25:
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2

LUNCH TIME

THE MAIN EVENT

American Style
Macaroni
Cheese

Jerk Chicken
Wraps and
Wedges

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

South African Beef
Bobotie with Rice

Golden Fish
Fingers or
Salmon Fingers
and Chips

MEAT-FREE MAGIC
Veggie Dish

Veggie Wholegrain
Pasta Bolognese

Greek Pitta
Pocket with Feta,
Hummus, Salad
and Wedges

Carrot and
Stuffing Pastry
Plait

Fruity Sweet Potato
Tagine with Rice

Vegetable Fingers
and Chips

RAINBOW ALLEY
Vegetables and Salads

Carrots

Roast Root
Veggies

Peas and
Sweetcorn

Broccoli

Baked
Beans

BIG TOPPING
Filled Jackets

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

DESSERT TROLLEY

Marble Cake

Apple,
Cinnamon
Raisin
Flapjacks

Orange and
Mango Jelly

Banana Bread
Muffins

Gingerbread
Cookies

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese