

Friday 29 September 2023



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Value of the term Motivation/Aspiration
Learning behaviour Friendship



The Week Ahead Week 5 of Term 1

Date	What is Happening	Which classes	What you need to do
2 - 6 October 23	Week 2 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
2 - 6 October 23	Art Week	ALL	Ensure your child has an overshirt or apron to wear in school
2/10/23	PE	Year 4, Year 6	Please ensure your child is wearing their PE kit to School
2/10/23	TTRS After School Club	Booked Children Only	Remember to collect child at 4.30pm
2/10/23	Forest School After School Club	Booked Children Only	Remember to collect child at 4.45pm
3/10/23	PE	Year 2, Year 5	Please ensure your child is wearing their PE kit to School
3/10/23	Scooter Tuesday	ALL	8.30am—Remember your scooter and helmet
4/10/23	PE	Year 3	Please ensure your child is wearing their PE kit to School.
4/10/23	Forest School	Year 1	Remember to bring wellies and coats if wet
5/10/23	Census Day	ALL	Please encourage your child to have school lunch today. Our school funding depends on it. Click HERE for special menu
5/10/23	PTA Inaugural Meeting	ALL	If you are interested in joining our new PTA group. Please join us at 5.30pm in the main hall
5/10/23	PE	Year 4, Year 5	Please ensure your child is wearing their PE kit to School
5/10/23	Forest School	Year R	Remember to bring wellies, coats and gloves
6/10/23	Drama Workshop	Year 4	Please ensure your child is in school by 8.45am
6/10/23	PE	Year R, Year 1, Year 2, Year 3. Year 6	Please ensure you child is wearing their PE kit to School.



Lunchtime Supervisor Vacancy

Come and join the team. Working every lunchtime during the school term. Help our children experience a great lunchtime.

Click [HERE](#) for more information or to apply.

Please tell your friends and family if you think they may be interested.

It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

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Value of the term: Motivation/Aspiration
Learning behaviour: Friendship

The Week Ahead and beyond Week 5 Term 1







Event	Classes	Date	What you need to do
School Census Day	All	Thursday 5 October 2023	Please encourage your child to eat a school lunch today. This is how the government fund us
Cheddar Caves Trip	Year 6	Monday 9 October 2023	Trip cost is £20 payable in cash to the office. Consent must be given HERE
Climate Change Meeting	All	Monday 9 October 2023	Meet in the hall at 3.40pm
Individual Photos	All	Tuesday 10 October 2023	Ensure wear school uniform on this day. Bring PE kit if your child normally does PE on this day (Y2&Y5)
Open Door	All	Thursday 12 October 2023	Take a look at your child's classroom 8.30am to 9am
Open Day for Prospective parents	All	Friday 13 October 2023	9.30am—visit for prospective parents for Reception class September 2024
Parent Reading Event	Year R & Year 1	Monday 16 October	Face to face at 3.45pm in the main hall
Last Day of Term 1	All	Wednesday 18 October 2023	Non uniform day—bring £1
First Day Term 2	All	Monday 30 October 2023	Ensure child in school by 8.45am
Halloween Tuck Shop	All	Tuesday 31 October 2023	Bring £1 (or more) for Halloween sweets 3.30pm
Rags to Riches Collection	All	Wednesday 1 November 2023	Ensure your bags of clean and donated clothes are in school by 9am
Open Day for Prospective parents	All	Friday 3 November 2023	9.30am—visit for prospective parents for Reception class September 2024
Pupil Voice Day	All	Thursday 9 November 2023	Ensure child is in school by 8.45am
Flu Immunisation for children	All	Friday 10 November 2023	You MUST provide your consent HERE
Open Day for Prospective parents	All	Thursday 16 November 2023	4pm—visit for prospective parents for Reception class September 2024
Rags to Riches	All	Thursday 16 November 2023	An opportunity to declutter your wardrobe and help us raise funds for the school.
Parents Meetings	All	Week commencing 20 November 2023	A chance to meet your child's teacher and discuss child's progress—more information to follow
Open Door	All	Thursday 30 November 2023	Take a look at your child's classroom 8.30am to 9am
Life Skills Trip	Year 6	Friday 1 December 2023	Save the date —more information to follow
DT Week	All	W/C Monday 4 December 2023	Save the date —more information to follow
Last Day Term 2	All	Friday 15 December 2023	Non uniform day—bring £1
First Day Term 3	All	Wednesday 3 January 2024	Ensure child in school by 8.45am
Swimming Lessons	Year 5	Friday 12 January 2024	Bring swimming costume and towel
Trip to Hindu Temple	Year 5	Wednesday 17 January 2024	Save the date —more information to follow

2023 2024 Autumn Menu Available from 5 September 2023

FOOD FESTIVAL
By Aspens

Autumn/Winter 2023/2024
4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

LUNCH WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 MAIN EVENT <i>Meat Dish</i>	Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers (Halal Meatball)	Mild Chicken Curry with 50/50 Whole Grain Rice (Halal Chicken)	Sausages & Red Onion Roast Potatoes & Gravy (Halal Chicken Sausage)	BBQ Chicken Drizzle Pizza with Baked Potato Wedges (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
 MEAT-FREE MAGIC <i>Vegetarian Dish</i>	Cheesy Broccoli Pasta Bake	Sweet Potato Chickpea Balti with Whole Grain Rice	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Pizza Margherita with Potato Wedges	Veggie Fishless Fingers & Chips
 RAINBOW ALLEY <i>Vegetables and Salads</i>	Mixed Salad or Carrot Sticks	Green Beans or Cucumber	Broccoli or Tomato Salad	Peas or Carrot Sticks	Baked Beans or Shredded Lettuce
 PASTA TWIRLER <i>Topped Pasta</i>	Hot Tomato Pasta with Hidden Veggies				
 BIG TOPPING <i>Filled Jacket</i>					
 DESSERT TROLLEY <i>Pudding</i>	Marble Sponge Cake	Jelly & Fruit Slices	Fruity Flapjack	Lemon Cookie	Vanilla Ice Cream

FOOD FESTIVAL
By Aspens

Autumn/Winter 2023/2024
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2


LUNCH WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 MAIN EVENT <i>Meat Dish</i>	All Day Breakfast Sausage, Egg, Hash Brown and Beans (Halal Chicken Sausage)	Tomato & Roasted Vegetable with Beef Pasta Bake (Halal Mince)	Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)	Chicken Chow Mein Noodles (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
 MEAT-FREE MAGIC <i>Vegetarian Dish</i>	All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans	Golden Vegetable Fingers with Baked Potato Wedges	Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash	Mexican Bean Wrap with Whole Grain Rice	Veggie Fishless Fingers with Chips
 RAINBOW ALLEY <i>Vegetables and Salads</i>	Baked Beans or Sweetcorn Salad	Green Salad or Shredded Lettuce	Savoy Cabbage or Carrot Sticks	Green Beans or Shredded Lettuce	Baked Beans or Shredded Lettuce
 PASTA TWIRLER <i>Topped Pasta</i>	Hot Tomato Pasta with Hidden Veggies				
 BIG TOPPING <i>Filled Jacket</i>					
 DESSERT TROLLEY <i>Pudding</i>	Orange Jelly	Jammy Crumble Bars	Apple Crumble and Custard	Oaty Cookie	Vanilla Ice Cream

FOOD FESTIVAL
By Aspens

Autumn/Winter 2023/2024
18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 13/02

LUNCH WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 MAIN EVENT <i>Meat Dish</i>	Hot Dog with Baked Potato Wedges (Halal Chicken Sausage)	Mild Chicken Korma with Whole Grain Rice (Halal Chicken)	Classic Cottage Pie (Halal Mince)	Sausage Pizza Bread with Potato Wedges (Halal Chicken Sausage)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
 MEAT-FREE MAGIC <i>Vegetarian Dish</i>	Cheesy Bean Wrap with Potato Wedges	Mixed Vegetable Korma with Whole Grain Rice	Veggie Cottage Pie	BBQ Drizzle Pizza with Potato Wedges	Veggie Fishless Fingers with Chips
 RAINBOW ALLEY <i>Vegetables and Salads</i>	Green Beans or Shredded Lettuce	Peas or Carrot Sticks	Carrots or Tomato Salad	Broccoli or Cucumber Salad	Baked Beans or Shredded Lettuce
 PASTA TWIRLER <i>Topped Pasta</i>	Hot Tomato Pasta with Hidden Veggies				
 BIG TOPPING <i>Filled Jacket</i>					
 DESSERT TROLLEY <i>Pudding</i>	Watermelon Wedge (85g)	Vanilla Cookie	Apple Crumble	Strawberry Jelly	Vanilla Ice Cream

2023 2024 Autumn Menu Available from 5 September 2023

Thursday 5 October 2023

Spring Census Day Menu

FVA Burger in a bap

or

Veggie Burger in a bap

with

Fries and Ketchup

followed by

Rocket Lollies

**(jackets and pasta are also
available)**





Frenchay Road, Downend, Bristol.BS16 2QS
Telephone: 0117 3532902 Fax: 0117 3532906
Email: school@fva.cabot.ac.uk
Principal: Janet Saunders

Date 7th September 2023

Dear Parents/Carers

Year 6 Trip: Cheddar Gorge Cave and Stone Age Workshop.

This term in history we are learning about Stone Age to Iron Age Britain and the focus for the topic is how we learn about and understand pre-history. We have therefore booked an educational visit to go and see the famous Cheddar Man (the oldest skeleton discovered in the UK) and learn about how archaeologists and scientists were able to piece together evidence about his life. This trip is scheduled for Monday 9th October and will be an all day trip.

Please make sure that your child has a suitable coat (in case of rain) and wears footwear appropriate for walking.

Whilst there is no charge for your child's education there are only a limited number of extra activities through all Key Stages that can be met by school funds. The cost of entry to the Caves is £9.90 per child and the cost of the workshop is a further £1.00 per child. In addition, we have coach hire fees. We have made the decision to subsidise the trip and the school will be bearing some of the cost for every child. We are therefore asking for your co-operation to send in a voluntary contribution of £20 if you would like your child to attend the trip (this is the subsidised amount). Please note that if there are insufficient voluntary contributions then this activity might not be able to take place.

A packed lunch (no fizzy drinks or glass bottles please) will be needed as we will be out of school all day. If your child is entitled to Free School Meals can you please tick the appropriate box on the reply slip.

Yours sincerely

Mrs Pakrooh
Year 6 Class Teacher

Year 6 Trip : Cheddar Caves 09/10/23

- I give permission for _____ (name) class _____ to attend the above trip
- My child is entitled to FSM and I would like to book a lunch
- I have enclosed a voluntary contribution of £20
- I can help on this trip.

SignedParent/Carer Date



These events are free for parents and carers

Reserve your free space **HERE**

Managing extreme behaviour

WITH BRISTOL PARENT CARERS
& BIBIC CHARITY



Tics and Tourettes

WITH BRISTOL PARENT CARERS
AND CORRINA WOOD FROM
PLATYPUS TRAINING AND
CONSULTANCY



Introduction to Makaton -Training Session

WITH BRISTOL PARENT CARERS
AND ALI PENNINGTON -MAKATON
TUTOR SERVICES

