

Friday 3 November 2023



www.fromevaleacademy.clf.uk

Follow us on Twitter: [@frome_vale](https://twitter.com/frome_vale)

Value of the term Fairness/Justice
Learning behaviour Collaboration



The Week Ahead Week 2 of Term 2

Date	What is Happening	Which classes	What you need to do
6 - 10 November 23	Week 1 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
6/11/23 onwards	Diwali Disco ticket sale	ALL	Buy your ticket in the playground from today. £1 per attendee. Children must be accompanied by an adult.
6/11/23	Monday "Wake up" Singing	ALL	Parents and children please join Mrs Hall in the main school hall at 8.30am. Terms 2, 4 and 6
6/11/23	PE	Year 3, Year 6	Please ensure your child is wearing their PE kit to School
6/11/23	Love Of Learning Club	Booked Children Only	Remember to collect child at 4.30pm
7/11/23	PE	Year 2, Year 5	Please ensure your child is wearing their PE kit to School
7/11/23	Scooter Tuesday	ALL	8.30am—Remember your scooter and helmet
7/11/23	Spelling Shed Club	Booked Children Only	Remember to collect child at 4.30pm
8/11/23	PE	Year 1 and Year 4	Please ensure your child is wearing their PE kit to School.
8/11/23	Forest School	Year 2	Remember to bring wellies and coats if wet
9/11/23	PE	Year 4, Year 5	Please ensure your child is wearing their PE kit to School
9/11/23	Basketball Club	Booked Children Only	Remember to collect child at 4.30pm
9/11/23	Coding Club	Booked Children Only	Remember to collect child at 4.30pm
10/11/23	Flu Immunisation	ALL	Please provide your consent HERE
10/11/23	PE	Year R, Year 1, Year 3. Year 6	Please ensure you child is wearing their PE kit to School.

It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

Friday 3 November 2023



www.fromevaleacademy.clf.uk

Follow us on Twitter: [@frome_vale](https://twitter.com/frome_vale)

Value of the term Fairness/Justice
Learning behaviour Collaboration

The Week Ahead and beyond Week 2 Term 2

Event	Classes	Date	What you need to do
Pupil Voice Day	All	Thursday 9 November 2023	Ensure child is in school by 8.45am
Flu Immunisation for children	All	Friday 10 November 2023	You MUST provide your consent HERE
Diwali Learning	Year 1, Year 2, Year 3 and Year 4	Monday 13 November 2023	Ensure child in school by 8.45am
Bikeability	Year 5	Monday 13 and Tuesday 14 November 2023	Book your child's place on MCAS. Click HERE
Rags to Riches Collection	All	Thursday 16 November 2023	Ensure your bags of clean and donated clothes are in school by 9am—More information HERE
Diwali Disco	All	Thursday 16 November 2023	Save the Date—more information to follow
Open Day for Prospective parents	All	Thursday 16 November 2023	4pm—visit for prospective parents for Reception class September 2024
Parents Meetings	All	21 and 22 November 2023	A chance to meet your child's teacher and discuss child's progress—book your place early in Term 2
Library Visit	Year 1	Wednesday 22 November 2023	Save the date — book your child's free place from 1/11/23 on MCAS
Open Door	All	Thursday 30 November 2023	Take a look at your child's classroom 8.30am to 9am
Christingle	Year 1	Friday 1 December 2023	Save the date —more information to follow
Life Skills Trip	Year 6	Friday 1 December 2023	Save the date —more information to follow
DT Week	All	W/C Monday 4 December 2023	Save the date —more information to follow
We will Rock You at the MET	Year 5, Year 6	Tuesday 5 December 2023	Save the date —more information to follow
School Christmas Lunch	All	Wednesday 6 December 2023	Save the date —more information to follow
Pupil Voice Day	All	Friday 8 December 2023	Ensure your child is in school by 8.45am
Winter Production	YR and Y1	Week commencing 11/12/23	Save the dates —more information to follow
RE Day	All	Thursday 14 December 2023	Ensure child is in school by 8.45am
Open Day for Prospective parents	All	Thursday 14 December 2023	5pm—visit for prospective parents for Reception class September 2024
Last Day Term 2	All	Friday 15 December 2023	Non uniform day—bring £1
First Day Term 3	All	Wednesday 3 January 2024	Ensure child in school by 8.45am
Swimming Lessons	Year 5	Friday 12 January 2024	Bring swimming costume and towel
Trip to Hindu Temple	Year 5	Wednesday 17 January 2024	Save the date —more information to follow
Spring Census Day	All	Thursday 18 January 2024	Encourage your child to have school lunch
Swimming Lessons	Year 5	Friday 19 January 2024	Bring swimming costume and towel
Local Walk	Year 1	Friday 26 January 2023	Save the date —more information to follow
Swimming Lessons	Year 5	Friday 26 January 2024	Bring swimming costume and towel



Diwali Disco

Buy your ticket from Monday 6 November in playground

Diwali disco- £1 a person
Children need to come with an adult

Families are welcome to join the Diwali disco on Thursday the 16th of
November 2023 from 3.40 to 5.30pm



Price includes:
Music
Face painting
Traditional drum players
Henna tattoo
Bindi
Popcorn stand
Entry to raffle
Food and drink

Food on offer:
Onion baji and chutney
Vegetable samosas
Popadoms
Veg and potato curry & rice
Hot dogs- chicken, pork or vegetarian
Cheese sandwich
Jam sandwich
Biscuits, pastries and donuts
Drinks

Tickets on sale from Monday 6th November in the playground

facebook

Our new PTA have created a closed
Facebook page

Click **HERE** to register on the pages

After school outdoor fun

Ages 5-11

Tuesdays, 4-5pm

Find us on the green space
opposite the shops on Lanaway
Road. Starts 7th November

Games
Boxing
Forest school
Food, fun &
Friendship
For primary
aged kids

For more
details text
Jane: 0775
123 7049

Free!
Just come along

JumpStart Food and Fitness CIC
Find us on Facebook and Instagram



JUMPSTART
FOOD & FITNESS





LEGO CLUB

Downend library

Join us for theme-based creative building fun for primary school aged children

Saturday 4th November

10.30am-11.30am



Just drop in and get building!

Following meeting 2nd December



It's **FREE** to come along

All children must be accompanied by a grown up



southgloslibraries

www.southglos.gov.uk/childrenslibrary



@southgloslibs

**Active
Libraries**

2023 2024 Autumn Menu Available from 5 September 2023

FOOD FESTIVAL
by Asperns

Autumn/Winter 2023/2024
4/9, 25/9, 14/10, 4/11, 27/11, 18/12, 8/1, 29/01

LUNCH WEEK 1 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Meat Dish	Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers (Halal Meatball)	Mild Chicken Curry with 50/50 Whole Grain Rice (Halal Chicken)	Sausages & Red Onion Roast Potatoes & Gravy (Halal Chicken Sausage)	BBQ Chicken Drizzle Pizza with Baked Potato Wedges (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
MEAT-FREE MAGIC Vegetarian Dish	Cheesy Broccoli Pasta Bake	Sweet Potato Chickpea Balti with Whole Grain Rice	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Pizza Margherita with Potato Wedges	Veggie Fishless Fingers & Chips
RAINBOW ALLEY Vegetables and Salads	Mixed Salad or Carrot Sticks	Green Beans or Cucumber	Broccoli or Tomato Salad	Peas or Carrot Sticks	Baked Beans or Shredded Lettuce
PASTA TWIRLER Topped Pasta	Hot Tomato Pasta with Hidden Veggies				
BIG TOPPING Filled Jacket					
DESSERT TROLLEY Pudding	Marble Sponge Cake	Jelly & Fruit Slices	Fruity Flapjack	Lemon Cookie	Vanilla Ice Cream

FOOD FESTIVAL
by Asperns

Autumn/Winter 2023/2024
11/9, 2/10, 23/10, 13/11, 4/12, 28/12, 15/1, 5/2

LUNCH WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Meat Dish	All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans (Halal Chicken Sausage)	Tomato & Roasted Vegetable with Beef Pasta Bake (Halal Mince)	Roast Chicken with Roast Potatoes and Gravy (Halal Chicken)	Chicken Chow Mein Noodles (Halal Chicken)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
MEAT-FREE MAGIC Vegetarian Dish	All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans	Golden Vegetable Fingers with Baked Potato Wedges	Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash	Mexican Bean Wrap with Whole Grain Rice	Veggie Fishless Fingers with Chips
RAINBOW ALLEY Vegetables and Salads	Baked Beans or Sweetcorn Salad	Green Salad or Shredded Lettuce	Savoy Cabbage or Carrot Sticks	Green Beans or Shredded Lettuce	Baked Beans or Shredded Lettuce
PASTA TWIRLER Topped Pasta	Hot Tomato Pasta with Hidden Veggies				
BIG TOPPING Filled Jacket					
DESSERT TROLLEY Pudding	Orange Jelly	Jammy Crumble Bars	Apple Crumble and Custard	Oaty Cookie	Vanilla Ice Cream

FOOD FESTIVAL
by Asperns

Autumn/Winter 2023/2024
18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 12/02

LUNCH WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT Meat Dish	Hot Dog with Baked Potato Wedges (Halal Chicken Sausage)	Mild Chicken Korma with Whole Grain Rice (Halal Chicken)	Classic Cottage Pie (Halal Mince)	Sausage Pizza Bread with Potato Wedges (Halal Chicken Sausage)	Golden Fish Fingers or Sausage & Chips (Halal Chicken Sausage)
MEAT-FREE MAGIC Vegetarian Dish	Cheesy Bean Wrap with Potato Wedges	Mixed Vegetable Korma with Whole Grain Rice	Veggie Cottage Pie	BBQ Drizzle Pizza with Potato Wedges	Veggie Fishless Fingers with Chips
RAINBOW ALLEY Vegetables and Salads	Green Beans or Shredded Lettuce	Peas or Carrot Sticks	Carrots or Tomato Salad	Broccoli or Cucumber Salad	Baked Beans or Shredded Lettuce
PASTA TWIRLER Topped Pasta	Hot Tomato Pasta with Hidden Veggies				
BIG TOPPING Filled Jacket					
DESSERT TROLLEY Pudding	Watermelon Wedge (85g)	Vanilla Cookie	Apple Crumble	Strawberry Jelly	Vanilla Ice Cream

2023 2024 Autumn Menu
Available from 5 September 2023

Rags to Riches Playground Fund Raiser



We have teamed up with Rags 2 Riches 4 Schools and are holding a recycling event to raise funds for our School.

The aim of the project is to recycle as many items of clothing as possible instead of sending them to landfill. Over the past year the children have learnt a lot about our planet and how recycling can help. This is our way of helping them promote their learning.



What happens to the clothes?

As soon as we receive your bags of old clothes, they are all stacked together to be shipped to various developing world countries. Your clothes are recycled to be reused by the less fortunate via the market traders. This way they have the opportunity to buy and wear clothing, which might not have been possible without your help.

You won't get a better feeling than knowing you not only raised funds, but also helped the economy, environment, and put a smile on somebody's face on the other side of the world - And all you had to do was donate some clothes."

Drop off good condition clothing at school

Tuesday 14 to Thursday 16 November 2023 .

What do I need to do: Simply fill the donation bag with any old, unused items of clothing Any donations can be dropped off at the School reception or School Hall. **(Please note the cut off for donations will be 0930am Thursday 16 November 2023)**

Yes Please!



No Thank you!

