

Friday 6 December 2024



www.fromevaleacademy.clf.uk

Follow us on Twitter: [@fromevale](https://twitter.com/fromevale)

Value of the term Thankfulness
Learning behaviour Collaboration



The Week Ahead Week 6 of Term 2

Date	What is Happening	Which classes	What you need to do
9/12/24 to 13/12/24	Week 3 Aspens School Menu	ALL	Click HERE to see Menu -discuss with child
9/12/24	Piano Lessons	Booked Children Only	Ensure child in school for 8.45am
9/12/24	PE	Year R, Year 1, Year 2, Year 4	Please ensure your child is wearing their PE kit to School
9/12/24	Chess Club After School	Booked Children Only	Remember to collect your child at 4.30pm
10/12/24	Guitar Lessons	Booked Children Only	Ensure child in school for 8.45am
10/12/24	PE	Year 4, Year 6	Please ensure your child is wearing their PE kit to School
10/12/24	Taekwondo After School Club	Booked Children Only	Remember to collect your child at 4.20pm
10/12/24	Multi Sports After School Club	Booked Children Only	Remember to collect your child at 4.30pm
11/12/24	Forest School	Year R, Year 2	Please ensure child has weather appropriate warm outer wear and wellies
11/12/24	PE	Year 6	Please ensure your child is wearing their PE kit to School
12/12/24	PE	Year 3, Year 5	Please ensure your child is wearing their PE kit to School
12/12/24	Gym Run Day	Year 3, Year 4, Year 5, Year 6	Ensure child is in PE Kit
12/12/25	Open Day Event	Booked Parents Only	5pm—Parent Event for Prospective Reception Children September 25 intake
12/12/24	MF Dance Club	Booked Children Only	Book Free Trial HERE
13/12/24	PE	Year 1, Year 3, Year 5	Please ensure your child is wearing their PE kit to School
8/12/24	Little Kickers	Children under 5	The new football club (ages 1.5 to 5 years) Click HERE

Please find below information about this year's Winter Show 'Snowy Chums'. All children in Reception, Year 1 and Year 2 are participating.

Show Information:

- * There will be 2 shows: Tuesday 17th December at 9.30am and Wednesday 18th December at 9.30am. The performance is expected to last for roughly 45 minutes.
- * Tickets for the show are limited to 2 per family. If you would like to book to attend, please email info@fva.clf.uk, confirming which date you would like to book your 2 places. Alternatively, please pop to the School Office to speak to a member of staff
We ask that you do not call the school office to book.
- * Tickets are limited and will be booked on a first come first served basis.

On the day of the show, please arrive from 9.10am at the school office, in time to be seated and ready for the start of the performance at 9.30am.

We look forward to showcasing all the children's hard work and celebrating the festive season with you.

Winter
SHOW

Friday 6 December 2024



www.fromevaleacademy.clf.uk

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Value of the term Thankfulness
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The Week Ahead and beyond Week 6 Term 2

Event	Classes	Date	What you need to do
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 12 December 2024	Ensure child in PE Kit
Open Event for new Reception Parents	All	Thursday 12 December 2024	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 5pm
Winter Show	Year R, Year 1 Year 2	Tuesday 17 December 2024	9.30am in the Hall—save the date
Winter Show	Year R, Year 1 Year 2	Wednesday 18 December 2024	9.30am in the Hall—save the date
Music Day	All	Wednesday 18 December 2024	Ensure child in school by 8.45am
School Christmas Lunch	All	Wednesday 18 December 2024	Children will be served a Christmas Lunch today. (Vegetarian & Halal options available) No other food choice will be available. The menu change for this day is HERE
Christmas Jumper Day	All	Wednesday 18 December 2024	Christmas Jumper can be worn today with school uniform
RE Day	All	Thursday 19 December 2024	Ensure child in school by 8.45am
Christmas Fayre	All	Thursday 19 December 2024	Festive fun! 3.30pm to 5.30pm—All Welcome
Last Day Term 2	All	Friday 20 December 2024	Non Uniform Day—£1 donation if you can No sliders, crocs or flip flops please
First Day Term 3	All	Tuesday 7 January 2025	All children in school for 8.45am
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 9 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 9 January 2025	Ensure child brings swimming kit
Open Event for new Reception Parents	All	Friday 10 January 2025	Opportunity to look around the school for parents of children who will be starting school in September 2025 @ 9.30am
Spring School Census	All	Thursday 16 January 2025	Ensure child in school on this day please
Gym Run Day	Year 3, Year 4, Year 5, Year 6	Thursday 16 January 2025	Ensure child in PE Kit
Swimming Lessons	Year 5, Year 6	Thursday 16 January 2025	Ensure child brings swimming kit
Bristol Beacon Music Trip	Year 3, Year 4, Year 5, Year 6	Friday 17 January 2025	More information to follow
Bristol Flyers Basketball Event	Invited children only	Monday 20 January 2025	If your child has been invited you will get more information—save the date
My Bank Finance Sessions	Year 3, Year 4, Year 5, Year 6	Tuesday 21 January 2025	Ensure child in school by 8.45am
Open Door	All	Thursday 23 January 2025	See children's books 8.30am to 8.50am

Our Festive Menu for the 18 December 2025

Please remember to make your child a packed lunch on this day if you have not booked a school meal for your child.



Let the
"feastivities"
begin!

Wednesday 18 December

Roast Turkey and Stuffing 

or

**Cheesy Cauliflower & Leek
Puff Pastry Wreath** 

with

**Roasties, Vegetable Medley,
Gravy and Yorkshire Pudding**

and

Snowy White Chocolate Blondie

or

Mince Pie Crumble Bar

£2.40 per child

It is essential that we have your correct email address and mobile telephone number in order to support you.

If you think we may have incorrect contact details, please email info@fva.clf.uk to provide us with your correct information

Winter Fayre @ FVA

Calling local crafters

Buy a table for £5 to sell your products at the Christmas Fayre

*** Limited spaces ***

Contact Libby (07592 068728) to book

Donate soft toys + books in good, clean condition

For the Christmas Fayre

Drop donations at the school office by Wednesday 18th December

Winter SHOW

Parents you are cordially invited to attend the Winter Show being presented by our;
 Year Reception, Year 1 and Year 2 children
 Please save the following dates:
 Tuesday 17 December @ 9.30am
 Wednesday 18 December @ 9.30am

BIZZY KIDZ CLUB

FESTIVE FUN!

HOLIDAY CLUB FOR CHILDREN AGED 4 - 11

23RD DECEMBER

FROM VALE ACADEMY BS16 2QS

HIGHLIGHTS:
 Christmas Party - Silly Jumper Contest
 Singing & Dancing - Festive Arts & Crafts
 Exciting Games & Prizes

DRESS CODE:
 Festive Attire
 Silly Jumpers Welcome!

HO-HO-HOPE TO SEE YOU THERE!

07584 624 136
 WWW.BIZZYKIDZCLUB.COM

BIZZY KIDZ CLUB

OUR Wonderful WORLD

2nd & 3rd January 2025

From Vale Academy BS16 2QS

HOLIDAY CLUB FOR CHILDREN AGED 4 - 11

Volcano Eruptions
 Lava Lamps
 Fossil Making
 Crystal Growing
 Outdoor Games
 Food Activities
 Woodland Fun

www.bizzzykidzclub.com | Call Us 07584 624 136



**AT HOME
DENTAL**

The Big Brush Club are hosting several **live oral health improvement webinars** throughout December and January for parents/guardians.

These sessions will provide valuable information on how to support children aged 0-11 years to have the best oral health start.



During each session there will be two dental care professionals presenting and on hand to answer any questions you might have throughout the webinar. We do not require any cameras or microphones to be used, however there will be a chat box to ask any questions you might have throughout.

Please click on the dates below to register:

[Thursday 12th December at 6pm - Parents](#)

[Tuesday 14th January at 6pm - Parents](#)

Any issues registering for the dates above please contact me - thank you
Best wishes,

Chantelle Coles

Project Facilitator

www.bigbrushclub.co.uk

07842 445 834

chantelle@bigbrushclub.co.uk



**Institution of
MECHANICAL
ENGINEERS**

Devon & Somerset Christmas Family Lecture:

ENGINEERING A BETTER WORLD:

Innovating for a
Sustainable Future

Tuesday 10th December
18:30 - 20:00, UWE Bristol

An exciting journey into the world
of engineering — fun for
kids and families!

Suitable for all ages!

Improving the world through engineering



Primary Schools' Chaplaincy



October - December 2024

News and Resources for Term 2 for School Staff and Parents!

We do hope you have had a good start to the school year, whatever you are doing and wherever you are in Downend. There has been so much to be grateful for this harvest time and more to look forward to before Christmas. Here is a look at some resources and events for term 2.

Christmas at Christ Church Downend

The Christmas services at Christ Church Downend are as follows. All are welcome.

Services that specifically include children are as follows:

- Christingle:** 8th December 4.00 pm - Celebrate the light of Jesus! We [make a Christingle](#) for you.
- Carol service:** 15th December 6.30 pm - Sing the Christmas message with us - adults and children.
- Crib service:** 24th December 4.00 pm - Celebrate Jesus' birth into the world, God with us here on earth. Dress up for the nativity scene.

For more information, please contact harriet.jolly@christchurchdownend.com

Volunteer with Christ Church Downend Primary Schools' Chaplaincy Team

Here at church, we are building on our provision for local primary schools in Downend through reflective space workshops and puppet assemblies in schools and Experience events in church already in place for this year. The more people willing to help occasionally, the more support we can offer.

If you would like to join our schools' chaplaincy team and volunteer with us in your child's primary school, please contact the schools' chaplain for details: julie.gardner@christchurchdownend.com

Bubble Church, Quaker's Road Church Centre - 1st Sunday of the Month at 4pm



Especially for children aged 0-7 years, this is a half hour of puppet packed worship with stories, songs with actions and simple prayers especially for young families. Older children welcome, too.

No charge, but donations appreciated for food and drink that appear at the end!

Scan the QR code to sign up each month so we have enough refreshments!

Families at Christ Church Downend

Would you like to explore the Christian faith with your children at church? If so, there are various activities during the week that you can come to as well as our Sunday morning groups.



Jigsaw - Fridays during term time. A free, relaxed toddler and parent group for children aged 0-4 years. We meet at 9.45-11.15am for playing, singing, worship time, refreshments, and crafts. You will be most welcome to join us - come and meet Monty Mouse!



Tea and Toast - Tea and Toast continues on Tuesdays in the Parish Hall, North Street at 15:15-16:30 (in term time). A free drop-in for primary school children and their families. Feel free to come and visit! Parking available, shared with the doctors' surgery.

To find out more, please contact our children's lead on harriet.jolly@christchurchdownend.com

South Glos Holiday Activities and Food Club

If your children receive benefit-related free school meals and live in South Glos, you can [sign up to these holiday clubs and food programme this Christmas](#).

Here's a video to explain more. There are different clubs at different schools in the winter, spring and summer holidays. <https://youtu.be/UqheVytq7iU?feature=shared>

South Glos Welcome Hub for Refugees

South Glos has various ways to communicate with and support resettled communities in our area. Here they are:

Website: <https://beta.southglos.gov.uk/refugee-resettlement-schemes/>

Facebook: <https://www.facebook.com/WelcomeHubsSouthGlos>

WhatsApp: <https://chat.whatsapp.com/D2Aq43b4dUk9CsWP5xZCC4>

Teamup Calendar: <https://teamup.com/kso7q99w4fifkmg1ax>

Christians Against Poverty (CAP)



If you are finding managing your finances hard just now, the Christ Church Downend CAP team can help. You can phone confidentially on: 07483 410403 Or please email Rosie Brydon on rosiebrydon@christchurchdownend.com For more information, [see our website](#)

Care For the Family

Care For the Family are now doing a quarterly newsletter email that you can subscribe to, which gives parenting tips, as well as info on courses, resources, events that may be helpful <https://www.careforthefamily.org.uk/main-subscription/>



Don't forget that anita.dobson@christchurchdownend.com is available to run parent courses at your school.

Any questions or suggestions for items to include in the end of term 2

Newsletter for term 3 (January 2025), please contact me:

julie.gardner@christchurchdownend.com. I will be happy to have a chat, hear your ideas, receive feedback and discuss any ways we might work further together.

BRISTOL CHARITIES

Since 1395

WHAT WE DO

Bristol Charities mission is to provide opportunities and support for people and communities to improve lives through grants, housing and charitable projects.

OUR WORK RANGES FROM:

- Providing excellent quality Almshouse accommodation with support on site in a safe community setting
- Giving to those in need through individual grants
- We fund local projects to reach local people in need



EXCELLENCE

We set high standards & strive to improve the quality of everything we do.



ASPIRATIONAL IN APPROACH

Embrace innovation, anticipate change & respond with creative solutions.



PASSION FOR OUR WORK

We show pride, enthusiasm & dedication & committed to making a difference.



ONE TEAM

Working together across different service areas towards shared goals.

”

"I cannot thank you enough for helping me get a proper bed. I have been on a camp bed for 5 weeks. I have a spinal problem... that has got worse. Today I got an orthopedic three quarter bed, with a nice metal frame. It is so comfortable. Thank you so much. I medically needed a bed and I am looking forward to sleeping in comfort. With gratitude."

— Ms R. R - Grant recipient

If you need help now or in the future, both organisations above may be able to assist you.



Beginners English Classes

Have you got a child in a CLF school?
We are offering free ESOL classes for adults.



Location: Beacon Centre, City Academy Bristol

Classes start: January 2025



Enrolment day: Wednesday 4th December,
10am – 1pm

Limited places!
Ring 0117 954 2806 to book.



KEY BENEFITS OF MF DANCE

FOCUS
ANTI-BULLYING
CONFIDENCE
RESPECT
GREAT FUN

LIMITED SPACES AVAILABLE

FREE CLASS AVAILABLE

WHEN & WHERE ARE OUR CLASSES HELD?

LOCATION NAME: FROM VALE ACADEMY, DOWNEND, POSTCODE: BS16 2QS

WE ALSO HAVE CLASSES AVAILABLE IN BRADLEY STOKE & YATE

BOOK YOUR FREE CLASS BY SCANNING THE QR CODE OR BY VISITING WWW.MFDANCE.CO.UK



OPEN ACCESS PLAY RANGER Play Sessions

Led by Children's Scrapstore with LPW and Wecl

What is open access? Children can come and go as they please so they need to be responsible for themselves or be with their adult. Children aged 8 and over can come on their own if they are allowed out unsupervised. Under 8's need to have an adult with them.

WE BRING THE KIT, YOU LEAD THE PLAY!

EVERY MONDAY

Term time: 3:30pm - 5:30pm

Green space outside Oldbury Court Children's Centre, BS16 2QS

Half Term Holidays*:

11:30am - 1:30pm

Easter / Summer Holidays*:

10:30am - 2:30pm

Get **creative and imaginative** at these regular play sessions aimed at young people, **age 8 and over**.

Expect arts and crafts, sports kit, construction materials and much more!
No booking required

FREE

contact: playteam@childrensscrapstore.co.uk
facebook page: Children's Scrapstore Play Rangers
charity no. 1008788

*Except bank holidays.

Funded lunch for children provided in holiday sessions



!!! NEW VENUE ALERT !!!

Frome Vale Academy, Frenchay Road, Bristol BS16 2QS

Classes starting on Sunday the 6th of October

Little Kicks: 1½-2½ years . Junior Kickers: 2½ -3 ½ years . Mighty Kickers: 3½-5 years

Little Kickers
Bristol & Bath

SIGN UP TODAY

Full money-back guarantee

Visit our website to register!

www.littlekickers.co.uk

07506346186

rbrightwell@littlekickers.co.uk



Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1

LUNCH TIME



THE MAIN EVENT

Margherita Pizza
Slice and Wedges

Chicken Tikka
Curry

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

Sticky Chinese
Chicken Noodles

Golden Fish
Fingers or
Salmon Fingers
and Chips



MEAT-FREE MAGIC
Veggie Dish

Veggie Pepper and
Sweetcorn Pizza
Slice with Wedges

Veg Samosa
Style Pie

Quorn Sausage,
Roast Potatoes
and Gravy

Spanish Omelette
and Herby Diced
Potatoes

Veggie Burger and
Chips



RAINBOW ALLEY
Vegetables and salads

Sweetcorn

Kachumber
Salad and
Wholegrain
Rice

Peas and Carrots

Green Beans

Baked
Beans



BIG TOPPING
Filled Jackets

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo



DESSERT TROLLEY

Toffee Frozen
Yoghurt

Sweet Potato
Brownie

Forest Fruits
Jelly Pots

Cookie Dough
Apple
Crumble

Jammy
Thumbprint
Biscuits

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta
topped with
Homemade
Tomato Sauce &
Cheese



Autumn Winter

2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 3/2

WORLD

Week 2

LUNCH TIME

THE MAIN EVENT

MEAT-FREE MAGIC
veggie Dish

RAINBOW ALLEY
Vegetables and Salads

BIG TOPPING
Filled Jackets

DESSERT TROLLEY

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND
CUT FRUIT

AVAILABLE DAILY

PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

MONDAY

- Cheesy Tomato Pizza Muffins
- Chicken Chimichangas
- Roast Chicken, Stuffing, Roast Potatoes and Gravy
- Butter Chicken Wholegrain Pilaf Rice
- Battered Fish and Chips

TUESDAY

- BBQ and Sweetcorn Pizza Slice
- Veggie Enchiladas
- Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions)!
- Aloo Gobi Cauliflower Potato Curry
- Cheese and Tomato Toasted Wrap with Chips
- Wholegrain Pasta Salad and Green Salad
- Rice and Sweetcorn
- Mixed Greens
- Peas
- Baked Beans
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo

WEDNESDAY

- Toffee Apple Sponge and Custard
- Chocolate Sprinkle Iced Cake
- Raspberry Coconut Jelly
- Fresh Fruit Salad
- Anzac Biscuits

THURSDAY

LUNCH TIME



Autumn Winter
2024-25:
16/9, 7/10,
28/10, 18/11,
9/12, 30/12,
20/1, 10/2

THE MAIN EVENT

American Style
Macaroni
Cheese

Jerk Chicken
Wraps and
Wedges

Roast Chicken,
Stuffing,
Roast Potatoes
and Gravy

South African Beef
Bobotie with Rice

Golden Fish
Fingers or
Salmon Fingers
and Chips

MEAT-FREE MAGIC
Veggie Dish

Veggie Wholegrain
Pasta Bolognese

Greek Pitta
Pocket with Feta,
Hummus, Salad
and Wedges

Carrot and
Stuffing Pastry
Plait

Fruity Sweet Potato
Tagine with Rice

Vegetable Fingers
and Chips

RAINBOW ALLEY
Vegetables and Salads

Carrots

Roast Root
Veggies

Peas and
Sweetcorn

Broccoli

Baked
Beans

BIG TOPPING
Filled Jackets

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

Beans,
Cheese or
Tuna Mayo

DESSERT TROLLEY

Marble Cake

Apple,
Cinnamon
Raisin
Flapjacks

Orange and
Mango Jelly

Banana Bread
Muffins

Gingerbread
Cookies

AVAILABLE DAILY

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese