

LEARNING BEHAVIOURS OF



SELF AGENCY



Self -- Evaluating

- * Reflect
- * How can I do better?
- * Analyse
- * What do I need to improve



Focus

- * Pay attention
- * Concentrate
- * Listen
- * Consider



Curiosity

- * Ask questions
- * Why, How, What, Who, Where, When
- * Find out more
 - * Want to know more



Collaboration

- * Working together
- * Teamwork
- * Shared goals
- * Partnership
- * Co-operation
- * Mutual learning



Motivation/Aspiration

- * Feeling of want
 - * A goal
 - * Desire
 - * Inner drive



Resilience

- * Accept what is
- * Bounce back
 - * Adapt
- * Keep going
- * Stay strong