

We are Active

INTENT

- We want children to leave FVA with a positive relationship to health, activity & fitness, led by the “I am Active” slogan.
- Allowing children to realise and create this attitude through self-agency by themselves, as we give them the knowledge to PE’s social, mental and physical benefits and develop them as a whole person.
- We want children to have a comprehensive knowledge of all basic skills that will serve them well in accessing all sports in their future.
- To develop a positive attitude towards competitions using values such as fair play, sportsmanship and teamwork to lead this and remembering winning and losing is a healthy aspect of sport.
- Children to leave FVA understanding how sport embodies British Values
- We want PE to cater to all disadvantaged groups with varying needs, standards and abilities.

Curriculum Plan and training:

The development of a curriculum map that incorporates all of these objectives, using the “I am Active” approach will be distributed to all teachers; this will be reinforced by a copy of lesson plans for all PE topics that also promote our “I am Active” philosophy. Furthermore teachers will be given regular opportunities to talk to our PE coordinator for further support in a “PE Clinic”, be given CPD on the delivery of these PE lessons for 2 terms during the year, as well as a staff CPD meeting to fully explain and deliver the objectives across to the staff.

Reflecting National Values and catering for all groups:

PE will allow children to express themselves freely and giving them a voice show to represent British democracy, while still abiding by law/rules of the game. This is supplemented by inclusive lessons and competitions where our sports teams will be represented by a broad and varied amount of our students.

IMPLEMENTATION

We have scheduled a staff PE CPD meeting for October (End of term 1) In that teachers will be given training on the lesson plans, mapping and their curriculum maps as well as being shown how a generic lesson will look practically as well as specific coaching tools too.

Following on from this, teachers will have 2 terms of supplementary CPD lessons with a coach, during these the teacher will choose a sport/block of lessons they would most like to learn and the coach can go through this with them individually, after which they then co-teach the lessons together.

These will be organised alongside the curriculum map so that teachers know from the first terms when/what training they will receive. We will ask teachers on sport/PE subject they are confident or not confident on and then create a curriculum map for all year groups, this will have an “I am Active” approach with all lesson mapping and plans having objectives for social, personal and physical values as well as technical skills.

PE Clinics are also set up with the PE Coordinator for any other needs or queries that teachers have where they can come to the PE coordinator at any time on a Wednesday morning and they will be

able to assist with any issues or questions.

We are going to complement the whole person aspect of PE lessons through the use of competitions. The aim is to give children more practise and exposure to these events so that they can develop these important social skills, when sports competitions are coming up we are going to use lunch clubs to get interested children practising and ready for the tournament/match and we can explain the rules and learn the sport while also exploring winning/losing, sportsmanship and fair play. We aim to expose as many children as possible to this and share the years/children competing as equally as possible.

Following on from this we aim to run an “active” breakfast club. This will be available to all children and abilities with the aim to have fun enjoying exercise, be this in the form of multi-sport games or active movement the sole focus is to get as many children attending and enjoying exercise as possible in school. We will be measuring the schools fitness levels at the start and end of the year and this will show a good measure of how much impact the club has made.

IMPACT

Children know what it means to be physically healthy and know how to achieve this.