

Support for Young People in Bristol

Something on your mind???

Call the School Health Nurse Team and have a confidential chat on:

0300 124 5816

These phone lines will run until further notice, and will be staffed from 9am to 4pm, Monday to Friday. For health information and advice about coronavirus, please go to the [NHS 111 website](#) in the first instance.



Emotional Health
Anxiety/Low Mood



**Healthy Eating/
Lifestyle**



Anger, Family Concerns
Domestic Abuse



Dental Health.



LGBTQA
Relationships & Sexual Health
Friendships/Bullying



Sleep



Continence



Physical Health



**Drugs, Alcohol &
Smoking**

Further Support:

cchp.nhs.uk/cchp/explore-cchp/school-health-nursing
<https://www.otrbristol.org.uk>



Community Children's
Health Partnership

NHS